



Parent Education Event

Reclaiming Childhood in a Digital Age

Monday, November 16th
7:00-8:30 pm
Cano Hall



Las Lomitas PTA invites you to hear Richard Freed, Ph.D. speak on the surprising science of raising happy and successful children in a digital age. While technology has ushered in dramatic changes to our lives, research is revealing that the most important contributor to children's well-being is still their connection to family and school. This thought-provoking talk will help you see through destructive tech myths and will provide practical strategies to build a strong family and foster kids' school success in an age of distracting devices.

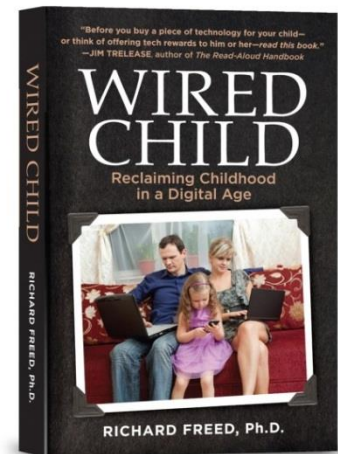
Join us for this timely presentation that will challenge popular **myths** such as:

- Technology brings families closer together
 - Technology isn't addictive
 - Entertainment technologies promote 21st century success
 - Kids understand tech better than their parents
- ...and much more!

Dr. Freed is a child and adolescent psychologist with more than twenty years of clinical experience, a contributor to the *Huffington Post* and author of the recent book, *Wired Child: Reclaiming Childhood in a Digital Age*.

This LL Parent Education evening is free and open to parents, faculty/staff and community members. Adults only please.

Register at: <https://reclaimingchildhood2015llesd.eventbrite.com>



Questions? Contact Kathy Ruwe, School Counselor at kruwe@llesd.org or 650/854-5900 x267