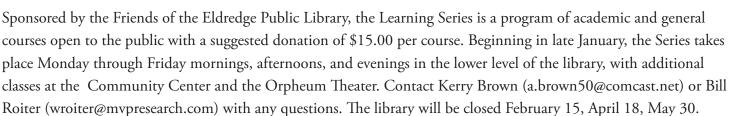
FRIENDS OF ELDREDGE PUBLIC LIBRARY

2016 SPRING LEARNING SERIES

SIGN UP NOW AT ELDREDGE PUBLIC LIBRARY

Courses begin February, 2016
 \$15 Donation per course

More information about times and dates available at: www.eldredgelibrary.org





M1: 12:30-2:00 pm **PROSE OR POETRY**

Silent No More - Unlocking Voices of Older Writers.

This creative writing course involves writing poetry and prose,

reading/sharing students' poems in the class, and gentle critiquing. The only rule is that there are no rules except you can't say anything bad about your own writing.

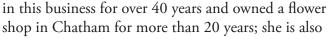
Author **Peter Saunders** has an MFA in poetry from Goddard College and a Ph.D. in Narrative Gerontology from Union Institute and University. In recent years he has published *Silent No More- Unlocking Voices of Older Poets, My Father's Shoes*, and nine poetry chapbooks.

TEN-WEEK COURSE begins Monday, February 1 at 12:30 [no class February 15] (Class is limited to ten members)

M2: 10:30-11:30

GARDEN PLEASURES

Karen Moore, our fun gardener, returns to talk about what to do to prepare our gardens for the season. This spring she will focus on cutting, container and veggie gardens. Karen, a Renaissance woman, has been



a gardening consultant who works with her husband in the family landscaping business. Her bread, flowers, and veggies can be found at the Orleans Farmer's Market on Saturdays.



TWO-WEEK COURSE on Mondays, May 2 and May 9, from 10:30-11:30.

M3: 10:30-12:00

BEATRIX POTTER "The Woman Behind the Rabbit: The Tale of Beatrix Potter"

In celebration of Beatrix Potter's birth 150 years ago, the course will explore diverse aspects of her life, well beyond that of author and illustrator of *The Tale of Peter Rabbit* and 22 other books for children. Betsy Bray, a self-described Beatrix Potter enthusiast, will introduce participants to Potter's involvement in sheep farming, land conservation, mycology, and community leadership.

Betsy Bray has been a member of The Beatrix Potter Society since 1984. She is the first overseas trustee of The Beatrix Potter Society, has spoken at a number of the Society's International Study



Conferences, and has given illustrated talks to groups in the United States, United Kingdom, Africa, and Australia. She also gave a series of lectures on a transatlantic voyage on the Queen Mary 2.

FOUR WEEK COURSE begins Monday, May 2 from 10:30-12:00. This course is limited to fifteen class members.

M4: 1:00-2:30

BIRDING CAPE COD IN THE WINTER AND SPRING

Interested in knowing more about birds and their behavior? Lectures, props, and slides will provide answers to these questions and the ones that

follow: Why Bird?
- Where to find
the Cape's most
conspicuous form
of wildlife and
how to best use
binoculars and field



guides. What makes spring birding the classic form of birdwatching? What distinguishes automatic bird behavior of migration north at this time of year? Where are the Cape's spring birding hotspots?

Phil Kyle is a past President of the Cape Cod Bird Club, the Head Naturalist at the Cape Cod Museum of Natural History, and the Head Naturalist at the Green Briar Nature Center. He has taught courses at Barnstable, Falmouth and Sandwich Night School, and has led Cape Cod birding trips for fifteen years.

FOUR-WEEK COURSE begins Monday, April 11 at 1:00-2:30 and ending with a field trip on Monday, May 9 at 7:30 am (No class on April 18).

M5: 10:30-12:00

CHINESE CALLIGRAPHY

Learn the ancient and beautiful art of Chinese calligraphy while creating words and phrases in Chinese



characters. No knowledge of Chinese language is necessary, no artistic talent needed, and students don't even have to like Chinese food. The suggested donation for this course is \$10.00; however,

there will be an additional fee of \$20.00 for art supplies (brushes, ink, and rice paper) due at the first session. The size of the class will be limited to twenty members.

Dennis Johnson, a retired university professor, was a Fulbright professor in China for a year, continues

to study Mandarin, and enjoys the art of Chinese calligraphy. He was a Fulbright Distinguished Lecturer in American government and American-Chinese relations, and taught a course for the Eldredge Library last fall in presidential elections.

FOUR WEEK COURSE begins Monday, March 28, at 10:30-12:00 (No class on April 18).

TUESDAYS

T1: 1:30-2:30

THE ROARING TWENTIES — Part II

Historian Nathan Miller characterized the 1920 as "a decade full of drinking, dancing, hedonism, and crime." It was that, but much more as well. In those tumultuous ten years American society changed significantly. This course will take up where the fall course left off and continue to examine the persons, events, and movements that caused that social change.

Our presenter, **John Kennedy**, Ed.D., has taught history at every level from high school to graduate school **SIX-WEEK COURSE begins Tuesday**, **April 12 at 1:30-2:30.**

T2: 10:30-12:00

WORLD WAR II, THE FAR EASTERN THEATER

This course will trace the development of Japanese

expansionism from the Sino-Japanese war of the 1930s through the outbreak of war with the Western allies in 1941, to the Japanese surrender in 1945. While considerable



attention will be paid to the naval war in the Pacific, the contributions of the British, Australian, Indian and Dutch forces in the East Indies and Burma (now Myanmar) will also receive attention.

Michael McNaught earned BA and MA degrees from Oxford University (where he specialized in Military History and the Theory of War), and an MA from Columbia. He has lectured extensively in the Joy of Learning program at the Falmouth Public Library, at the Falmouth Historical Society, at Falmouth Academy, and as a guest lecturer in the Academy of Lifelong Learning program at Cape Cod Community College.

FOUR-WEEK COURSE begins Tuesday, May 10 at 10:30.

T3: 3:00 - 4:30

THOMAS MERTON'S ASIAN JOURNEY

In this course we will study Thomas Merton's

work, writings, and spiritual journey in Asia by examining selected readings of his thoughts on Eastern spirituality. The size of this class will be limited to ten students.

Vincent Gulotta is a graduate of The Berkshire School. He has a B.A. in philosophy from Siena College and a Masters in Divinity from St. John's Seminary. FOUR WEEK COURSE begins Tuesday, March 1, at 3:00-4:30, in the Quiet Study Room.

T4: 1:30-3:00

ACUPUNCTURE, CHI KUNG, AND T'AI-CHI How American culture is enriched by Chinese



concepts of health and well being.

This class will explore the concept of internal and external energy movement and its power and effect on wellness. Find out what

these practices are, how they work, and what benefits can come from using them in your life routine.

Jenny Wood holds a Masters in Acupuncture and is licensed by the Medical Board of MA and nationally certified in both acupuncture and herbal medicine. Sarah Beals is a massage therapy professional, Certified Healing Chi Kung instructor, and Tai Chi instructor. Gerry McDowell has studied and practiced Cheng man-Ching's T'ai-chi form since 1990 and has taught classes in Chatham since 2002.

THREE WEEK COURSE begins Tuesday, May 24, at 1:30-3:00.

T5: 7:00-8:30 p.m.

SHAKESPEARE: RICHARD III

In this course we will encounter Richard III, one of Shakespeare's greatest villains, and discuss how Shakespeare has brilliantly shaped the characterization. In addition, we will examine the playwright's role as a cultural historian and explore the accuracy of his depiction of



Richard. To enhance our understanding, we will look at two movie versions of the play: Olivier's early portrayal and Ian McKellan's more recent one.

Kerry Brown, B.A. Colgate University, M.A. Middlebury College, and Ph.D University of Delaware, taught Shakespeare to high school students for 45 years and more recently to adults for the last 11 years.

FIVE WEEK COURSE begins Tuesday, April 12, at 7:00-8:30.

WEDNESDAYS

W1: 1:30-3:00 p.m.

LIVING ON THE OCEAN'S EDGE

Sponsored, in part, by the Association to Preserve Cape Cod (APCC)

The coast of Cape Cod is ever changing due to effects of natural processes and human-related effects. Let's

face it, we live on a spit of sand. Coastal erosion – is that really a negative term or is it something we need to learn to adapt to? A team of leading experts will help us understand these dynamics and their implications in this course.



March 16th – *The Dynamic Coast: Coastal Processes 101.* Speaker: **Greg Berman**, PG, GISP, coastal processes specialist for Woods Hole Sea Grant and the Cape Cod Cooperative Extension Service

March 23rd - Hurricanes, Nor'easters, Flooding, Oh My! OR Responding to a Rising Tide: Coastal Flood Threat from Hurricanes and Nor'easters. Speaker: Robert Thompson, Meteorologist-in-Charge of the Southern New England National Weather Service Forecast

March 30th - Sea Level Rise and Its Impacts on Natural Resources. Speaker: Jo Ann Muramoto, Senior Scientist at Association to Preserve Cape Cod.

April 6th - The Big Picture: Adaptation Strategies for Resiliency. Speaker: **Jack Clarke**, MA Audubon Director of Public Policy.

FOUR WEEK COURSE begins Wednesday, March 16, at 1:30-3:00.

W2: 1:30-3:00

THE GREAT AMERICAN SONGBOOK

A five week course on the Great American Songbook

and its origins, featuring standards written by legendary and lesser known songwriters. Versions by a wide variety

Office in Taunton, MA.



of celebrated singers will be featured.

Teachers **Steve Bornemeier**, M.A. in English, and **John Whelan**, B.S. and host of a weekly WOMR music program, return once again this year by popular acclaim. **FIVE WEEK COURSE** begins **Wednesday**, **April 13**, at 1:30-3:00.

W3: 10:30-12:00

THE MIDDLE EAST AND THE WORLD

The upheaval of political chaos in the Middle East has changed both the content and the dimension of international and regional relations. We are confronting new challenges from certain religious and political movements which are in conflict with universal human

values and beliefs. The course will be divided into three segments: (1) The role of the West in crafting the Middle East in the 20th century; (2) Political instability and the rise of political Islam; (3) The U.S. role in the region: options and choices.



Abid Raoof is a professor emeritus from Buffalo State

University, where he taught for 40 years and served as Chair of the Political Science Department and Coordinator of the Energy Science Program. He has been a delegate to the United Nations and has appeared on national and international radio and TV programs.

THREE WEEK COURSE begins Wednesday, April 6, at 10:30-12:00.

FRIDAYS

F1: 2:00-3:30

MINDFUL CREATIVE WRITING

Learn how to use mindfulness meditation and other techniques to unlock the creative potential we all have within. This four-part class will include study and practice of both mindfulness meditation and creative writing. The course is suitable for all experience levels.

James Kershner is a professor at Cape Cod

Community College, where he teaches Creative Writing and other writing classes. He is also a meditation teacher and founder of the Cape Sangha, a Buddhist meditation group. A former newspaper reporter and editor,



he holds a bachelors degree in history and a masters degree in journalism.

FOUR-WEEK COURSE begins Friday, April 8, at 2:00-3:30 (in rear room of the Forgeron Room). This class is limited to 20 members.

ONE AT THE COMMUNITY CENTER!

T6: 12:30-2:30 p.m.

SNAG (STARTING NEW AT GOLF)

SNAG Golf is a great way to introduce yourself to the game of golf! This program will include golf fitness, instruction of basic fundamentals on how to

set up and hold the club, and the use of snag equipment to instruct proper swing technique. The course is taught by **Andrew Walkley** of Eastward Ho! Country



Club. Andy is entering his 5th year as a PGA certified instructor having graduated in 2011 from Penn State University's Professional Golf Management Program; he has been teaching the game since 2005. **Due to space limitations, classes are limited to eight people per class, and we envision offering two sessions per week, so sign up early!**

FOUR-WEEK COURSE begins Tuesday, April 5, from 12:30-1:30 (first session) and 1:30- 2:30 (second session). We hope that the last class on April 26 may be held at a local course.

ONE COURSE AT THE ORPHEUM

W3: 9:30-11:30

AT THE MOVIES: Fascinating Documentaries

Carol Yindra returns to the Orpheum this spring with five thought-provoking documentaries starting with "The Mona Lisa is Missing" and "Sidewalk Astronomer." We are hopeful that the makers of the films will be available to discuss their work in person or via Skype.

An added feature this year is that the theater's restaurant



will be available before and after the screening of the films.

Carol has been teaching in the Learning Series for a number of years, and the films she has carefully selected have delighted audiences from the beginning.

FIVE-WEEK COURSE begins Wednesday, April 20, at 9:30.

Many thanks to the Learning Series Committee for making this program possible: Lynn Herbst, Tim Huber, Regina McDowell, Sharon Oudemool, Tom Quill, Marilyn Schlansky, and co-chairs, Bill Roiter and Kerry Brown.