Thoughts from the Chair

Healing is a physical as well as a spiritual manifestation of complete wellness. Healing is defined as "to become sound and healthy". I believe we all are praying for and hoping for healing for our country, state, city, community, family and friends. Many of us are living in or know someone who is living in crime infested communities, in poverty, or know persons who are dealing with cancer, and/or other sickness and diseases. Some people are trapped in corrupt systems within businesses and corporations and cannot afford to leave their place of employment, while others are battling mental illness and struggle with the side effects of the medications that are prescribed to them that is intended to promote healing. Healing fosters joy, peace, love and unity. As a community let's remember to love and pray for one another for any healing we may need.

Be well!

Yvonne Matthews, Chair