

Being committed to loving your neighbor as you love yourself is an excellent way to start off the New Year. The longer I live, I see clearly that loving others and receiving love in return are the most beautiful experiences that can happen in a lifetime. I've found no stress, no loneliness, no un-forgiveness, no prejudices, no anger nor depression in love. The beautiful gifts of joy and peace always seem to be present when love is in action. I always thought the opposite of love was hate, but this too I have found to be untrue. I have found the opposite of love is selfishness, the unwillingness and refusal to yield oneself to love.

This year, let's come together as neighbors, making the choice to embrace our individual lives in love and further choosing to love one another. Loving one another so much that the natural will to help and to encourage each other will flow freely out of our hearts and will allow us to journey peacefully with joy through this marvelous and wonderful gift called life.

Happy New Year!

Blessings...

Yvonne Matthews, Chair