

# Social Climbers Junior

## Social-Skills Group for Young Children



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**Winter Schedule:** Session begins the week of January 5 through February 10, 2016.  
Tuesdays or Wednesdays from 1:00-2:30 pm or 3:30-5:00pm.

**Parent Classes:** January 12 from 7:00-8:30pm or January 13 from 11:00-12:30-pm.

Social Climbers Junior is a developmentally appropriate, play-based group that allows children to practice skills such as initiating and maintaining social interactions, staying engaged in small group activities, emotional regulation, and self-monitoring. The playgroups incorporate developmentally appropriate songs, books and toys to teach, practice, and generalize foundational social thinking skills, including joint attention, perspective taking, and social communication. Class sessions include circle-time (with choice-making and sharing), direct teaching and practice of social cognitive skills, expansion and modeling of social language, and facilitated cooperative play activities.

The class utilizes concepts from Michelle Garcia Winner's "I LAUGH Curriculum" and the new "Incredible Flexible You Curriculum," as well as efficacy-based strategies such as visual schedules, emotional regulation tools, and Whole Body Listening. The structure, routine, and expectations of the Social Climbers groups are consistent, however each six-week session adopts an overarching concept.

The age range for participants is generally three years-old to fifth-grade students. In order to design balanced groups, each child is individually screened and placed into a group with a maximum of six children. The class is held at the Center for Developing Minds, in the early-childhood play space. Course fee is \$750 per session, which includes six classes, weekly take-home materials and parent training classes. In addition, there is the opportunity to observe the class via the CDM's private viewing room, enabling parents to have a greater understanding of their child's distinct social needs. Please consult the CDM website for enrollment forms and other class information.



To register for this program, please contact the Center for Developing Minds at 408.358.1853  
[www.devmonds.com](http://www.devmonds.com)

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