

## 2016/17 PROGRAM OUTLINE (projected)

- LTADM: Long Term Athlete Development Model Our goal is to maximize our player's development needs through continuous improvement. The principles of LTAD provide a systematic and logical approach that targets foundational skills using age appropriate methods.
- Access to Prestigious and National Tournaments & Team Connecticut tryouts
- Professional Coaching & Goaltending Staff emphasizing on Development, Exposure & Advancement
- Weekly On-Ice Sessions: 5+
  - 2 Full Ice Team Practices
  - 1 Team / Positional Skill Session
  - 2+ Games
- Strength & Conditioning Training with Certified Trainers: 2x weekly \*Midgets Only
  - Circuit Training \*
  - Cardio Boxing \*
  - Mat Pilates / Yoga \*
  - Goaltender specific development
- Team Video Sessions: 2x monthly
- 50-60 Game Season (estimated)
- Summer training program & Pre-season training camp
- League Memberships Include:
  - Tier 1 Elite Hockey League (T1EHL)
  - East Coast Elite League (ECEL)
  - Atlantic Youth Hockey League (AYHL)
  - Connecticut Hockey Conference Tier 1 (CHC)

## Teams offered for 2016/17

(Projected)

18U Midget Major Full Season

Split Season

16U Midget Minor

Full Season Split Season

15U (2001's)

Full Season

14U (2002's)

Full Season

13U (2003's)

Full Season

12U (2004's)

Full Season

11U (2005's)

Full Season

10U (2006's)

Full Season

9U (2007's)

Full Season

\*Coaches to be announce soon

The Wolf Pack provides the best exposure and development for amateur players. Many of our players go on to compete in prep school, USHL, NCAA and NHL. ctwolfpackhockey.com



Over 60 Players committed to D1 & D3 Universities since 2010, 9 players drafted in USHL in 2014

**Our Objective:** Prepare students athletically and academically with the ultimate goal of playing college hockey. Our efforts will focus on developing athletic excellence on the ice and creating well-rounded individuals off the ice. The Wolf Pack programs success will not only be measured by wins and losses, but also by our players' development and advancement.

Academic Advantage: The Wolf Pack organization provides prep school opportunities through its relationship with Cheshire Academy. Founded in 1794, Cheshire Academy is a college-preparatory school for students in grade eight through post graduate that challenges its students, who come from all over the world to maximize their potential for academic achievement and to discover and hone their talents outside the classroom. Visit them online at: www.elitehockey.academy to learn more.

Why League's Matter: The CT Wolf Pack are members of the Atlantic Youth Hockey League (AYHL), Tier 1 Hockey League, East Coast Elite League (ECEL) and Connecticut Hockey Conference Tier 1 (CHC). These leagues allow our players to play against the best competition at every age level and provide exposure to USHL, WHL, OHL, NHL and collegiate opportunities. The Wolf Pack is the only Connecticut organization that has membership in all four of these leagues. Our players compete against the best hockey players and programs in the country at every age level like Belle Tire, Colorado Thunderbirds, Buffalo Jr. Sabres, LA Jr. Kings, Rocky Mountain RoughRiders and more.

**Stats don't lie:** An incredible 60+ players have committed to Division 1 and Division 3 Universities since 2010 and 9 players were drafted in the USHL in 2014 alone! The Connecticut Wolf Pack Organization has been well represented at Team Connecticut, New England Festival and USA Hockey National Camps.

What makes us different: Development Model: Our goal is to maximize our player's development needs through continuous improvement with weekly on-ice skill session, full-ice team practices and excellent competition. Strength of Schedule: The skill level in the Atlantic Youth Hockey League, Tier 1 Elite Hockey League and East Coast Elite League is high. Players competing in these leagues advance the Division 1 and/or Division 3 level ready to compete. High Quality Coaching Staff: The Wolf Pack players receive, professional instruction from a dedicated coaching staff with a wealth of knowledge from playing and coaching at all levels of hockey. Our coaches are passionate about furthering the growth of all its players while valuing good sportsmanship and teamwork.

