



Enhance Asian Community on Health (EACH) To Host **Emotional Health Forum**

This event is designed to bring awareness to Emotional Health and decrease the negative stigma surrounding it.

DATE : **SATURDAY, MAY 14, 2016**

TIME: **9:30 AM REGISTRATION AND REFRESHMENTS**
10:00 AM – 2:00 PM FORUM

LOCATION: **QUINCY LIBRARY**
40 WASHINGTON STREET, QUINCY, MA

The forum will be conducted by professionals that include a Psycho-Therapist, a Pharmacist, a Nurse Practitioner and Social Workers. With their knowledge and expertise attendee's will learn how to treat emotional health issues and find support. In addition, there will be a panel of young adults that will talk about their experiences with anxiety/depression and how they overcame their challenges.

*Forum will be presented in Chinese (Mandarin)

FOR MORE INFORMATION AND TO REGISTER CONTACT **SARA TAN AT:**
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