

August SUMMER

experience at ENERGY.

Finish off the summer with a blast!
August 1st - August 27th

GROUP FITNESS	MONDAY 5:45 PM	TUESDAY 5:45PM	WEDNESDAY 5:45PM	THURSDAY 5:45PM	SATURDAY 10AM
	BARRE CARDIO	TRX BOOTCAMP	POWER PILATES	CORE CARDIO CIRCUIT	ENERGY X-TRAINING
5 class pass \$75		10 class pass \$125		Unlimited pass \$150	

GROUP REFORMER	TUESDAY 5:45PM	THURSDAY 5:45PM	SATURDAY 10AM
	CARDIO REFORMER	REFORMER+	REFORMER+
5 class pass \$150		Unlimited pass \$250	

ENERGY LUNCH EXPRESS	MONDAY 12:15-1PM	TUESDAY 12:15-1PM	WEDNESDAY 12:15-1PM	THURSDAY 12:15-1PM
	SCULPT	BARRE	POWER	CORE
Unlimited Lunch express pass \$100				



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