

# PARKER *Mud* RUN

ROBERT C. PARKER SCHOOL

April 2, 2016

Discounts for Teams - Call for more info!

Free Childcare to Pre-Registered Runners\*

10 AM

## 5K TRAIL RUN

- \$20 for Pre-Registered Runners
- \$25 for Day of Race Registration
- Register by March 20th and get an insulated coffee mug

11 AM

## 1 MILE TRAIL RUN

- \$10 for Pre-Registered Runners
- \$15 Day of Race Registration

11:15 AM

## KIDS FUN RUN

- Free and Open to all kids!

PARKER SCHOOL IS  
LOCATED JUST 5  
MINUTES FROM I-90,  
EXIT 8

## Register Today!

- Register online at [www.zippyreg.com](http://www.zippyreg.com)
- Fill out the form below and mail it to:



**Robert C. Parker School 4254 NY 43 North Greenbush, NY 12198**

- \*Call 518-286-3449 to register for Childcare. All children must be preregistered for childcare!

Mail to: Parker 5k, c/o AREEP, PO Box 38195, Albany, NY 12203 with checks made out to "Robert C. Parker School"

Name \_\_\_\_\_ DOB \_\_\_\_\_ Male Female

Street Address \_\_\_\_\_ Age on 4/2/2016 \_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_

Event: \_\_\_ 5k \_\_\_ 1 Mile Run

In consideration of accepting this entry, I, the undersigned, intending to be legally bound hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Robert C. Parker School, Albany Running Exchange Event Productions (AREEP), or any person involved in this event. I fully understand that I, or the person I am responsible for, will be subjected to trails/conditions that may have uneven terrain, rocks, roots, or other obstacles, but that I am physically fit and have sufficiently prepared for this race. My physical condition has been verified by a licensed medical doctor. I hereby grant full permission for Robert C. Parker school to use any photos, videos, or any other record of this event for any purpose whatsoever and without compensation.