



Tips, Tricks & More Beyond The Sandbox

# The Jungle Gym Journal

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## Give Thanks Month: November

Although you should be grateful each day, November is a special month where we get to show an extra appreciation:

Veterans Day is a day to honor all American Veterans, take a moment and show your appreciation to the sacrifices they made and make to keep our Country free.

Thanksgiving is an opportunity to remember what really matters in our lives and appreciate all the things we have in our lives: Family, Friends, Careers, Schools, Education, Home, Food, Nature, much more, and all the little things in life.

So here is one of my many thanks: Thank you to all of our service members and their families. For everything you do, done, and will do in the future and Thank you to the families who constantly give and sacrifice for their service member.

*“When asked if my glass is half full or half empty, my only response is that I am thankful for the cup I have”. –unknown*

### Ways to Give Thanks:

- Don't just tell someone how thankful you are, show them how thankful you are.
- Donate: donate money and/or your time. Remember time is free and even the smallest amount of time can be helpful and make a difference.
- Offer food or help family, friends, strangers, animals, anyone in need. Give Back to the community in anyway and invite someone over that may be alone during the holiday.
- Make/ give treats to a local service to give thanks for working on Thanksgiving Day.



### November Partner Events:

- ⇒ La Grande, Oregon: Cook Memorial Library, is holding their Teen Move Night on December 4<sup>th</sup> at 6:00p.m.
- ⇒ Eugene, Oregon: Cascade Raptor Center, is holding their free admission to all military families on Veteran's Day (November 11<sup>th</sup>, 2015), the hours are 10:00a.m. To 4:00p.m.
- ⇒ Veterans Day: Copy the link below to get a complete list of participating locations on Veterans Day that provides free/ discounted meals with proof of Military ID to show their appreciation: <http://themilitarywallet.com/veterans-day-free-meals-and-discounts/>

### Activities for the family:

Below is a link to a website that list approximately 20 Thanksgiving craft activities to do with your kids:

<http://www.parenting.com/gallery/thanksgiving-crafts-ideas>

### Fun Fact:

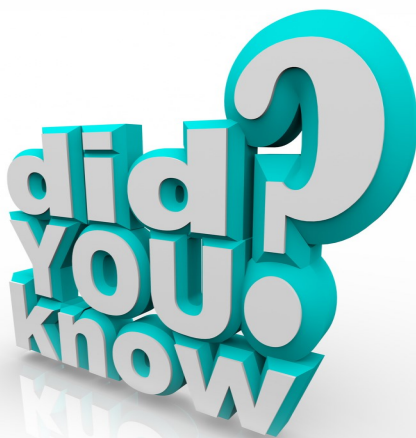
Turkeys are known to suffer from heart attacks or become morbidly scared when alarmed by sudden or loud noises. This was tested and confirmed by air force jets, who flew over fields of turkeys and watched them fall over dead.



### Play Trivia:

*(see questions below):*

1. Which President declared Thanksgiving an official holiday?
2. In what year was Thanksgiving declared?
3. What do you call the day after Thanksgiving?
4. The first Thanksgiving football game was started by what team and in what year?
5. What foods were served at the first Thanksgiving?
6. What vegetable did the pilgrims have to serve at Thanksgiving but did not because they thought they were poisonous?
7. What famous rock did the pilgrims land on?
8. Why Turkey on Thanksgiving Day?



1. Abraham Lincoln
2. 1863
3. Black Friday
4. Detroit Lions & 1963
5. Venison, Codfish, and Boiled Pumpkin
6. Potatoes
7. Plymouth Rock
8. Because Benjamin Franklin pronounced a Turkey respectable and true original native of North America.