



Tips, Tricks & More Beyond The Sandbox

The Jungle Gym Journal

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Welcome to 2016! It's a New Year, that means it's time to take a good look at what you want this year.

"Success is yours for the taking".

This is the time to reflect on what you want or need to achieve this year. For Adults, it may be changing jobs, saving more money, buying a new car, health & fitness, or saving up for a family vacation. For the Youth, it may be setting a small goals like turning that "B into an A", trying something new, making a new friend, setting a goal for your extra activities and sports, or maybe even applying for college!

When setting goals, you want to remember to be SMART:

S: Specific—What exactly do you want to achieve?

M: Measurable—How are you going to know you are succeeding?

A: Attainable/ Action—Can you achieve this in the timeline you have set? What is your plan to meet this goal?

R: Relevant/ Realistic—Why is this goal important to you? Is your plan doable?

T: Time-Bound/ Time-Line—When will you achieve this by? When will you measure your progress?

Be determined in achieving your goals...



**"A dream is just a dream.
A goal is a dream with
a plan and a deadline."
– Harvey Mackay –**

For those of you looking at colleges next year, now is the time to start looking and applying for scholarships.

Here is a scholarship that is out now—Take a look at the link below. This includes multiple scholarships so make sure you are applying for the correct one that fits your description. All applications must be post marked no later than April 1st, 2016.:

<http://www.legion.org/scholarships/legacy>

For more scholarships check out the CYP Newsletter or our Facebook Page. As we learn of scholarship opportunities between newsletters we will be posting them there.

<http://www.facebook.com/ORNG.ChildandYouthProgram>

Upcoming Events with Partner Organizations

Teen Movie Night January 8th, 2016 at 6:00 p.m.

Cook Memorial Library

2006 Fourth Street La Grande, OR 97805