

USATF-Georgia Open/Masters/LDR/RaceWalk Association Championships

Sunday, May 31, 2015 – Westlake High School



Running/Walking Schedule...Starts at 9:00 a.m.

******* Check in: for running events 30 minutes before event *******

9:00AM	5,000m Race Walk -Men's and Women's Open/Masters combined	1:15PM	<i>Prelim as required for below</i> 100m Dash Prelim -Wheel chair -Open Women -Open Men -Masters Women(all) -Masters Men(all)
10:00AM	5,000m Run -Men's and Women's Open/Masters combined	1:45PM	3000m Run -Women's Open/Masters -Men's Open/Masters
10:45AM	100m Hurdles -Open Women -Masters Women(35-39) -Masters Men(50-59) -Masters Men (60-69)	2:00PM	800m Run -Open Women -Open Men -Masters Women(all) -Masters Men(all)
11:45AM	110 Meter Hurdles -Open Men -Masters Men(30-34) -Masters Men(35-49)	2:15PM	200m Dash -Wheelchair -Open Women -Open Men -Masters Women(all) -Masters Men(all)
12:15PM	400m Dash -Open Women -Masters Women(all) -Open Men -Masters Men (all)	2:45PM	2000m Steeplechase -Masters Women -Masters Men
12:45PM	1500m Run -Open Women -Open Men -Masters Women(all) -Masters Men (all)	3:15PM	100m Dash Final -Wheelchair -Open Women -Open Men -Masters Women(all) -Masters Men(all)
12:45PM	400m Hurdles -Open Women -Masters Women(35-49) -Masters Men(50-59) -Open Men -Masters Men(30-34) -Master Men (35-49)		

Field Event Schedule...Starts at 8:30 a.m.

7:00AM Implement Certification –Javelin/Discus

9:30AM Implement Certification-Shot Put

10:30AM Implement Certification-Pole Vault/Hammer

ALL FIELD EVENTS ARE FINALS

8:30AM	Javelin	11:30AM	Shot Put
(600 g.)	-Open Women -Masters Women(35-49) -Masters Men (60-69)	(4 kg.)	-Open Women/Wheelchair -Masters Women (35-49) -Master Men(70-79)
(800 g.)	-Open Men -Masters Men (35-49)	(16 lb.)	-Open Men/Wheelchair -Masters Men (35-49)
(700 g.)	-Masters Men (50-59)	(6 kg.)	-Masters Men (50-59)
(500 g.)	-Masters Women (50-74) -Masters Men (70-79)	(5 kg.)	-Masters Men(60-69)
(400 g.)	-Masters Women (75+) -Masters Men (80+)	12:00PM	Pole Vault
10:00 AM	Discus		-Open Women -Open Men -Masters Women(all) -Masters Men(all)
(1 kg.)	-Open Women -Masters Women (35-74) -Masters Men (60+)	12:00PM	Triple Jump
(.75 kg.)	-Masters Women (75+)		-Open Women -Open Men -Masters Women(all) -Masters Men(all)
(2 kg.)	-Open Men -Masters Men (35-49)	12:00PM	Hammer Throw
(1.5 kg.)	-Masters Men (50-59)	(4 kg.)	-Open Women -Masters Women (35-49) -Master Men(70-79)
10:00AM	Long Jump	(16 lb.)	-Open Men -Masters Men (35-49)
	-Open Women -Open Men -Masters Women(all) -Masters Men(all)	(6 kg.)	-Masters Men (50-59)
10:00AM	High Jump	(5 kg.)	-Masters Men(60-69)
	-Open Women -Open Men -Masters Women(all) -Masters Men(all)	(3 kg.)	-Master Women(60-74) -Master Men (80+)
		(2 kg.)	-Master Women (75+)