

USA Track & Field Georgia Association Presents



THE GREAT LABOR DAY MILE Runner's Summit

(In Conjunction With Packet Pick Up/Final Registration)
Sunday, September 6, 2015, 2 p.m. to 4 p.m.
Gwinnett Place Mall Center Court, Duluth, GA

Olympic Middle Distance Runner Sir Peter Snell and World Master Athlete Kathy Martin Featured At Runners Summit



Sir Peter Snell of New Zealand, one of the finest middle distance runner of all time, will be featured at the USATF Georgia inaugural "**Great Labor Day One Mile Event**". The event is scheduled for Labor Day, **September 7, 2015**, 8 a.m. at Gwinnett Place Mall, Duluth, GA, and includes five different one mile races - a race for every ability!

Snell will also be the featured speaker at the event's **Runners Summit and Packet Pick Up** to be held **Sunday, September 6, 2015** from 2 p.m. to 6 p.m. at center court inside Gwinnett Place Mall. He will speak about the training he did with Hall of Fame Coach Arthur Lydiard and the principles of training and opportunities for middle distance runners today.

Knighted Sir Peter as a Member of the Order of the British Empire by Queen Elizabeth, Snell won 3 Olympic Gold Medals, and 2 Commonwealth Gold Medals and held world records in the 800 meters, 1000 yards and one mile.

World class master runner **Kathryn Martin** will also be coming in to compete in the mile and will be in attendance at the Runners Summit. Martin started running at the age of 30 for fitness and realized she could not even run a mile. Today, many years later, Martin remains unbeaten in her age group on a world-wide stage. She competes in World Masters Athletics, and has set many National and World records in distances from 800 meters to 50K. She was winner of the Bengay Masters Athlete of the Year Award in 2004 sponsored by USATF, and is a triple winner of the USATF long distance, track & field and cross country master athlete of the year award.

The "**Great Labor Day Mile**" is also excited to be hosting runners from **Furman University (SC)** and **Zap Fitness Running Camp (NC)**. They will also be in attendance at the Runners Summit.

We are anticipating an enthusiastic audience of young runners, athletes and coaches at the Runners Summit on Sunday. Sir Snell will also be the official starter of the Labor Day races on race day, September 7th. We anticipate several attempts at running an under 4 minute mile. Please join us!



Great Labor Day Mile Schedule of Events:

Sunday, September 6, 2015:

Join us at Gwinnett Place Mall center court from 2 p.m. - 6 p.m. for our "**Runners Summit**" during Packet Pick Up/Registration.

Monday, September 7, 2015:

- Master Women's Mile - 8:00 a.m.
- Master Men's Mile - 8:20 a.m.
- Elite/Open Women's Mile (Featured Event) - 8:40 a.m.
- Elite/Open Men's Mile (Featured Event) - 9:00 a.m.
- 1 Mile Fun Run - 9:20 a.m. (All are welcome!)

Registration Link: <http://www.active.com/duluth-ga/running/distance-running-races/the-great-labor-day-mile-sponsored-by-usa-track-and-field-georgia-2015?int=>

Questions regarding these events:

Marlene Atwood - Race Director, marleneatwood@usatfga.org, 770-883-4208

Mike Spino - LDR Chair, mspino@bellsouth.net, 770-355-7587

Visit our website at www.usatfga.org.