

## SUNDAYS 9:15 – 10:15

### ACTS 15 - 28

Charles Boyanton

Room 8

In his Gospel, Luke recounts the fulfillment of God's Word in the person of Christ the Messiah. In Acts, he describes how the Holy Spirit continues to fulfill Christ's mission to the world through His church.

St. Patrick's Traditional Scripture Studies offer those who are curious about what others think about a given Biblical text an opportunity to talk in a relaxed seminar setting. We are respectful of a variety of perspectives.

### DOING ART LOOKING UP

Nancy Dusenberry and Diane Rankin

Art Lab

The Art Lab is a haven for all artists from the most tentative to practiced painters. We encourage one another as each of us moves through an authentic exploration of the connection between the Holy Spirit and the artist within. All are welcome.

### DREAMS: LISTENING TO GOD

Brenda Marquis and Kendra Yates

Library

The Dream Group provides a safe and sacred space to share nighttime dreams. Participants explore a rich world of symbol and metaphor—a gift bestowed upon all of us each night as we sleep. By reverently listening to and honoring our dreams, we grow and

stretch ourselves spiritually, both as individuals and as members of the larger community. We are an open group that welcomes anyone on any Sunday. No prior experience is necessary. Weekly sessions depend on who attends and the dream selected for discussion. Come share in the wonder and power of "God's forgotten language."

## WEEKDAYS

### CENTERING PRAYER

Mother Julia



Grounded in the opening of our being to God, Centering Prayer is a very gentle and yet deeply transformative practice. Our gathering is shaped for all, beginner and seasoned practitioner alike. Please join us in the parish library. Mondays at 1:15 p.m.

### YOGA

Mother Julia

Parish Hall

**Meditative Basics Class** (open to beginner and long time practitioner alike) Mondays at noon & Fridays at 12:30

**Gentle Yoga** (a very gentle yet transformative practice) Mondays at 2:30

Cost: \$10. Please speak with Julia if this cost is a hardship, so that scholarship can be arranged.

## WEDNESDAY EVENINGS

Welcoming Lent for All Ages: Wednesday evening, February 17: Stories, Wonderings and Welcomings of this Holy Season, Catechesis of Good Shepherd experience included. Offerings for all ages.

## LENTEN SPEAKER SERIES



Join us on Wednesday nights in Lent as four distinguished luminaries from The Candler School of Theology at Emory University light our Holy Week path. We offer a simple soup dinner in the Parish Hall at 6:00 p.m., with program to follow in the nave (church) from 7-8 p.m. Childcare is available upon request by the preceding Monday.

- 2/24 The Rev. Dr. Charles Edward "Ted" Hackett
- 3/2 The Rev. Dr. Don E. Saliers
- 3/9 The Rt. Rev. Dr. Keith B. Whitmore
- 3/16 The Rev. Nan Baxter, Society of St. Anna the Prophet

## UPDATED

## ADULT CHRISTIAN FORMATION

### LENT 2016

*Offerings designed to encourage awareness of the presence of God .*



*St. Patrick's Episcopal Church seeks to follow Christ.*

*We welcome, nurture, love, and feed all God's children.*