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## The PEARLS Vision

The vision of **PEARLS**—also called Girls Court—is to invest in teen girls who have been placed in Foster Care, helping them value their whole selves and their inherent strengths.

**PEARLS** provides Girls with opportunities to develop their potential to lead healthy, educated, and successful lives.

Our goal is to enable these special Girls to become accomplished women, role models, and leaders, creating positive change.



**PEARLS** is a joint project of the Bexar County Civil District and Children's Courts, Judge Renée Yanta, and Girls Inc.

**PEARLS** provides a comprehensive continuum of gender-responsive services to address:

- Trauma
- Life-skills training
- Alternative education and vocational training
- Mental health treatment
- Domestic violence prevention
- Teen pregnancy prevention
- Substance abuse prevention
- Mentoring and strengthening families
- Resiliency and self-esteem building

The characteristics **PEARLS** develops:

**Preparation**  
**Esteem**  
**Achievement**  
**Resiliency**  
**Learning**  
**Strength and Stamina**

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## The PEARLS Process

**PEARLS** meets the second and fourth Thursdays of the **PEARLS** program year (generally Aug-May).

A. Court-Based Program: The meeting program is from 3:30 PM to 5:30 PM. Each meeting includes at least four modules:

1. Status Hearing with Judge Renée, focused on case management and harnessing resources each Girl needs to grow herself during the **PEARLS** year
2. Resiliency training, with a focus on trauma-informed care
3. One-on-one time with a mentor (from 5-5:30) who is trained in trauma-informed mentoring
4. Guest speaker/activity/project

B. Quarterly Days of Opportunity: **PEARLS** hosts quarterly "events" off-site, focused on introducing our Girls to new experiences and opportunities.

C. Quarterly Days of Service: **PEARLS** requires each Girl to invest in her community, to expand and inspire her to greater service. These "Days of Service" will be coordinated by the **PEARLS** Program.

D. Graduation: At the end of the **PEARLS** Program year, **PEARLS** will host a festive graduation event, honoring each of the Girl's accomplishments.

E. Sister Mentors: Girls who graduate from **PEARLS** are invited (and urged) to become peer mentors for the next **PEARLS** Class.



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# The PEARLS Program

Because every Girl  
deserves to know  
she is a Pearl of Great Value.

For more information, contact:

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