

# Reaching Out Together:

## Connections Through Social Work



**April 28–May 1**  
UFV Social Work  
Conference 2015  
**UFVROC.COM**

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**UNIVERSITY  
OF THE FRASER VALLEY**  
SCHOOL OF SOCIAL WORK  
& HUMAN SERVICES

# TUESDAY, APRIL 28<sup>TH</sup>

## THEMED NETWORKING SESSIONS

### DAY ONE: CONCURRENT SESSIONS (3:30 PM – 5:00 PM)

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#### SESSION 1

B132

##### **Privilege and Critical Consciousness (Workshop)**

This experiential workshop is a simulation that exposes dimensions of identity and how that forms individual and group privilege in society. The facilitator will lead the group in creating a space for full participation. The exercise is designed to expose various forms of oppressions and their intersections, including racism, classism, ableism, and xenophobia. Afterwards, the facilitator will lead a debrief, participants articulate their experience, and the group identifies the relevance and application of the learning to real life and work. Key learning includes: dominant and non-dominant groups, dimensions of identity, the critical analysis of power and privilege, and the effects of oppression in our daily lives.

*Danica Denommé, Program Coordinator, Diversity Education, Abbotsford Community Services*

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#### SESSION 2

B101

##### **What Can Student Engagement Look Like?**

Session Overview Coming Soon

**SWSA members**

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#### SESSION 4

B140

##### **Advocacy, Resistance and Positive Change: From Silence to Voice (Workshop)**

This session will explore how one group of government child welfare social workers in British Columbia moved from an understanding of imposed professional silence to active advocacy efforts while remaining employed. This highly interactive workshop will provide participants with a myriad of possible advocacy strategies going forward.

*Paul Jenkinson, MSW, RSW, Fraser River Branch President*

# WEDNESDAY, APRIL 29<sup>TH</sup>

## KEYNOTE AND CONCURRENT SESSIONS

### DAY TWO: KEYNOTE SPEAKER - DR. GWEN POINT (9:00 AM – 10:00 AM)

#### KEYNOTE PRESENTATION

GYM

Dr. Point teaches from her heart and passion for people. As an esteemed Sto:lo leader, she embraces and shares the teachings of the Sto:lo people: "Let'se Mot, Let'se Thale" - "One mind, One Heart".

She will teach us that the future is created by the connections we foster today. Let's join Dr. Point in learning how to create a future based on mutual understanding and respect that will positively influence our children, families, and communities.

***Dr. Gwen Point, BEd, MEd, EdD (cand.)***

#### BIOGRAPHY

Dr. Gwen Point is a leader in building meaningful connections with Aboriginal people, families, communities, and nations. Prior to her well-deserved appointment as Chancellor of the University of the Fraser Valley, Dr. Point is a respected Faculty member of the School of Social Work and Human Services where she has influenced social work education through her First Nation teachings.



## DAY TWO: CONCURRENT SESSIONS (10:45 AM – 11:30 AM)

### SESSION 1

A362

#### Family Group Conference...Still Trying to Square the Circle! (Workshop)

This presentation will compare the FGC model used to address child welfare and protection issues in two culturally similar countries, Canada and the United Kingdom, to identify best practice.

**Darrell Fox, BA Hons. International Social Work Studies, MSW, PhD (ABD)**, Director, School of Social Work and Humans Services, University of the Fraser Valley; **Alison Hansen**

### SESSION 2

A310

#### NTST – A Collaboration for Addiction, PTSD and Other Co-morbid Health Issues

##### (Research Panel)

Introduction to an integrated approach to addictions with PTSD using NTST (NeuroTrophic Stimulation Therapy) established Social Model Program for effective treatment. Regular residential program adjustments support integration of psychiatric, brain scans, auricular acupuncture, addiction counselors, social workers, and community outreach to support long term recovery.

**Nick Ringma, BA, ICADC, ICCDP; Poppi Sabhaney DTCM (ICTCMV, BC), R Ac, NADA Traumatology**

### SESSION 3

A301

#### Sacred Spaces (Workshop)

Sacred Spaces is an intimate workshop that brings together those who are interested in learning about the teachings of healing circles and talking pieces, and the importance of having a sacred space for those who need to be heard - identifying what is holding them back from being present.

**Christa Martel-Perry**, President, Four All My Relations Society; **Darla Rasmussen**, Vice President, Four All My Relations Society; **David Bain**

### SESSION 4

A305

#### Using Arts-based Research Methods and Mentorship between Older and Younger Women with Mental Illness to Make Meaning of the Recovery Journey (Research Panel)

Focused on the value of peer mentorship between younger and older women living with mental illness, this presentation highlights creative, artistic processes (e.g., journaling/writing; movement/dance/gesture; visual arts; and with talking/reflection weaved throughout) employed to engage and facilitate potential connection/support between younger and older women in their recovery experience.

**Dawn Hemingway**, Associate Professor, UNBC School of Social Work; **Indrani Margolin** and **Claire Johnson**

### SESSION 5

A210

#### Addressing Child Trafficking through Peer Led Education (Workshop)

Reduce the vulnerability of children susceptible to trafficking by empowering and engaging 9 to 11 years olds as community campaigners on trafficking recruitment scams in trafficking prone communities of the North West Region of Cameroon through school based and community awareness creation activities.

**Jamils Richard Achunji Anguaseh**, Executive Director, Global Welfare Association (GLOWA);

**Esther Nkefack Ivoson** and **Emilia Andongakum**

## DAY TWO: CONCURRENT SESSIONS (10:45 AM – 12:30 PM)

### SESSION 1

B101

#### **Collaborating with Community Partners to Engage Youth At-risk of Gang Involvement (Workshop/Panel)**

The panel of community partners will present the collaborative approach currently being used for the Abbotsford Comprehensive Community Action for Gang Reduction Project (aka In It Together). This will include an overview of the project, how youth are being engaged in the services, and how community partners are collaborating.

*Alison Gutrath, Community Coordinator, In It Together, Abbotsford Community Services;*

*Christina Henderson, Case Manager, In It Together, Abbotsford Community Services, Youth Resource Centre;*

*Parveen Uppal, Case Manager, In It Together, Abbotsford Community Services, South Asian Community Resource Office;*

*Chris Farley, Safe Schools Teacher, Abbotsford School District;*

*Pam Flegel, Case Manager, In It Together, John Howard Society of the Lower Mainland, Community Services;*

*Sgt. Casey Vinet, Abbotsford Police Department*

### SESSION 2

A261

#### **A. Borderline Personality Disorder: Connections in the Health Care System (Research Presentation)**

This session presents findings from a qualitative research project that asked people diagnosed with Borderline Personality Disorder to describe their experiences in the health care system and their opinions on how to improve care for people with BPD.

*Emma Wolchok, Social Work Lead, the STOP Program, Vancouver Coastal Health*

#### **B. Peer Support in Mental Health Services: Social Justice in Action? (Think Tank)**

In this session, we will explore peer support in mental health services as anti-oppressive practice. The importance of relationships will be explored, along with strategies for opposing and resisting the various forms of oppression that create barriers to peer support's full implementation.

*Jill Grant, MSW, PhD, Associate Professor, School of Social Work, University of Windsor*

### SESSION 3

A212

#### **LEAN in Social Work (Workshop)**

This half day workshop will provide participants with a brief overview of the LEAN philosophy, history, and successes within a government service for children and families. Participants will have the opportunity to learn about Lean tools that can streamline everyday processes and apply them in a hands-on exercise. Using Lean tools, tips, and tricks, practitioners can reduce the administrative burden in their day-to-day tasks and free up time to focus on value-added work, like time with clients and colleagues.

### SESSION 4

A266

#### **A. Reflection of the Shattered Heart (Presentation)**

The Reflection of the Shattered Heart explores our centre; A look within our mirror of beliefs and values, life experiences that cause us to fall, and pain that challenges us to break free from our prisons. Reflection challenges us to connect to another through looking in the mirror.

*Linda Rollingson, BSW Student*

## **B. Establishing a Deeper Connection through Equine-Facilitated Practice**

### **(Discussion and Live Demonstration)**

An overview of the emerging field of equine-facilitated therapy. How horses help humans establish deeper connections through nonverbal communication and help us understand how our thoughts and beliefs translate into nonverbal messages that can impede our connection to others.

**Nicole Meister**

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## **SESSION 5**

**A253**

### **Ethics in Action: Practicing our Values (Workshop)**

When faced with the demands of current workplaces, how do the actions we take in practice reflect our professional values and beliefs? How do we balance personal, professional, and organizational priorities? By looking inwards to re-examine our values, beliefs, and actions, we may find new ways to “reach out together” towards more ethical outcomes.

**Shannon Torhjem, BA, BSW, MSW, RSW**, Social Work Practice Leader, Abbotsford Regional Hospital and Mission Memorial Hospital

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## **SESSION 6**

**A259**

### **A. Social Work Research with Immigrants, Refugees, and Racialized Communities - Making and Building Connections (Research Presentation)**

As Canadian society becomes increasingly diverse from an ethno-cultural perspective, opportunities to engage in research with newcomer/racialized communities will continue to emerge. In this presentation, we will discuss strategies we have used in a variety of research projects to connect and develop strong relationships with members from diverse communities.

**David Este, PhD**, Professor and Associate Dean (Research and Partnerships); **Christa Sato, Graduate Student** and Research Assistant

### **B. Doing Fieldwork Practice in New Context: Insights, Reflections, and Experiences of International Students Undertaking Fieldwork Placement Programme in Uganda (Workshop)**

Session Overview Coming Soon

**Hadijah Mwenyango**, Assistant Lecturer/Coordinator, Undergraduate Department of Social Work and Social Administration

## DAY TWO: CONCURRENT SESSIONS (11:45 AM – 12:30 AM)

### SESSION 1

A362

#### **Atangard Community Project - How a Grass-roots Housing Initiative has Cultivated Relationships, Community, Arts & Activism (Multi-media Presentation)**

Hear the story behind a local community initiative to provide affordable housing. By employing unused resources and social capital, they meet the needs of the creative class, young professionals, and students. Through Atangard, co-housing becomes the framework to build community and exposure to local arts, politics, and social justice.

**Sophia Suderman**

### SESSION 2

A310

#### **Young Residents' View of Support Persons' involvement in the Institutional Treatment Programme: A One Year Follow-up (Workshop)**

In this session, we will explore youths placed in Swedish residential treatment centres and their view of the relationship with support persons in a one year follow-up. It is important that the support persons are included in the facility's programme during the initial discussion of obstacles and possibilities for maintaining the relationship during the stay in the facility.

**Anna Henriksen**, Senior Lecturer in Social Work, Högskolan Väst

### SESSION 3

A301

#### **Introduction to the Medicine Wheel (Workshop)**

Traditional storytelling, drumming, and medicine wheel teachings are shared in a circle through an experiential and skills based workshop. Explore aspects of health and develop discussion skills for incorporating wellness in personal and community development initiatives.

**Christa Martel-Perry**, President, Four All My Relations Society; **Darla Rasmussen**, Vice President, Four All My Relations Society; **David Bain**

### SESSION 4

A305

#### **Can Grassroots Parent Educational Programs Compete with Nationally Prominent Programs to Prevent Child Abuse? (Paper Presentation)**

The costs and long term repercussions of child abuse and neglect have led to an earnest attempt by many communities to determine what works best with families. Previous findings indicate that parent educational programs are more likely to have better outcomes if the service includes some of the following factors: a focus on early childhood interventions, peer support groups for parents, and clear strategies to engage families, among others. This study will assess whether it is more efficacious to create a local program or does it behoove a community to invest in existing nationally known 'manualized' programs?

**Margaret Coombes**, BA, BSW, MSW, LMSW, PhD, University of the Fraser Valley

### SESSION 5

A210

#### **Street Families in Kenya**

Session Overview Coming Soon

**Esther Mueni**



## DAY TWO: CONCURRENT SESSIONS (1:45 PM – 2:30 PM)

### SESSION 1

A362

#### **AYE - Aboriginal Youth Explosion (Workshop)**

“Aboriginal Youth Explosion – AYE” presentation of innovative practice in group work. This youth empowerment program expresses and highlights the potential of Aboriginal youth in the Treaty 7 area. The hope is to support their future leadership roles in positive social change while building strong and resilient communities.

*Glenna Cardinal and Lindsay Mitchell*

### SESSION 2

A310

#### **Considering Cultural Worldview in Community Development (Think Tank)**

This session will focus on gathering professionals and students together to discuss the important implications of cultural worldview in community development. We are specifically concerned with exploring the way in which cultural worldview influences development goals. This think tank will provide a platform for students and professional from diverse cultural backgrounds and worldviews to engage in relevant discourse surrounding the importance of incorporating cultural values and pursuing community centric collaboration in the process of change.

*Sara Thiessen and Sterling Ray*

### SESSION 3

A301

#### **Effects of Various Abuses, Violence, and Neglect on the Psychological, Educational, and Emotional Development of African Youths (The Case of Nigeria) (Think Tank)**

E.O. Adegoke will be exploring family as one of the agents of socialization and development that has a major role in the life of a child and any society, who are facing many residual challenges, such as financial, joblessness, environmental, homelessness, danger, and divorce/separation in Nigeria. These major factors and the psychological, educational, and emotional development effects of poverty and bad leadership are causative factors for various abuses and undesirable youth behaviours.

*E.O. Adegoke, Assistant Registrar/Faculty Officer*

### SESSION 4

A305

#### **Exploring Housing Solutions in Abbotsford: Survey of Individuals with Housing Needs (Research Panel)**

This presentation will provide an overview and discussion of a research project examining the housing and service needs of homeless and at-risk individuals in Abbotsford who lack permanent stable housing. This represents a community-academic partnership, and the presentation will provide a valuable opportunity for inter-department knowledge sharing.

*Ruben Timmerman, BA Candidate, Criminal Justice*

### SESSION 5

A210

#### **Innovation in an Age of Waitlists and Program Cutbacks: Knowledge Philanthropy and Community-University Engagement (Workshop)**

Genesis Family Empowerment Society, based in Surrey, was formed by social workers and counsellors committed to working together to address service gaps. Through knowledge philanthropy (donating skills) and community-university engagement, we are able to meet the needs of vulnerable children, youth, adults, and families.

*Gary Thandi, Executive Director, Genesis Family Empowerment Society; Amman Barmi*



**Guess Why?: How Diagnoses are not Always the Answer (Workshop)**

When youth have a diagnosis, often all of their behavior is attributed to that issue. This session will interactively explore the complex questions this raises, using real-life scenarios. Participants will be exposed to the multiple reasons associated with the actions of young people and discuss how to discern between them.

**Dr. Maple Melder-Crozier, BA, MS, EdD**, Department Head, Child, Youth, and Family Studies, Faculty of Professional Studies, University of the Fraser Valley

**DAY TWO: CONCURRENT SESSIONS ( 1:45 PM – 3:30 PM )**

## SESSION 1

A269

**A. Bars Can Cause Scars: Children with Justice-Involved Parents (Think Tank)**

A case study from the Representative for Children and Youth in BC is summarized, followed by a front-line case study and the experiences of one of the presenters. After this, recommendations for future actions are made, and a challenge to all future service providers to acknowledge/assist children with justice-involved parents.

**Nikki Dionne, BA**, Criminal Justice and Criminology; **Shavon Bryanton**

**B. Bonding through Bars - Giving Voice to the Silenced Children of Incarceration (Workshop)**

Our interdisciplinary team of up to 4 presenters (including women with lived prison experience) will host a circle style discussion on this topic, show a 5 minute video, discuss leading practices from around the world, and engage participants in some of the inspirational work happening right now in Canada.

**Kirsten Hargreaves, BA, MA, RCC**, Manager, Social Development District of Mission; **Mo Korchinski**;

**Samantha Sarra, MA Communications Candidate**

## SESSION 2

A261

**A. Promoting Cultural Connections in Social Work Education through Study Tour Initiatives (Workshop)**

This presentation describes the benefits of promoting cultural connections through study tour initiatives in tertiary institutions. The presentation will focus on the cultural and educational value of conducting study tours; how to develop intercultural learning through study tours and how to plan and execute a successful study tour.

**Tani Gray**

**B. Exploring the Connection between Social Work and International Student Services at Higher Education (Panel)**

UFV International explores the relationship between Social Work and Student Affairs Services through discussion with Supervisors and Social Work practicum students.

**Gloria Hwang**, International Student Support Officer, University of the Fraser Valley International;

**Chelsey Laird, Raquel Rempel, and Sara Thiessen**

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**SESSION 3****A212****LEAN in Social Work (Workshop)**

This half day workshop will provide participants with a brief overview of the LEAN philosophy, history, and successes within a government service for children and families. Participants will have the opportunity to learn about Lean tools that can streamline everyday processes and apply them in a hands-on exercise. Using Lean tools, tips, and tricks, practitioners can reduce the administrative burden in their day-to-day tasks and free up time to focus on value-added work, like time with clients and colleagues.

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**SESSION 4****A266****A. Project Identification: A Key to Implementing Successful and Sustainable Community Projects (Powerpoint Presentation)**

To realize successful and sustainable projects, we need a project manager who will assist in project identification, stakeholder analysis, and management of community projects. This involves managing beneficiary expectations, conflicts, and proper utilization of scarce project resources, such as finance, human resource, and time.

*Peter Kipchumba Tanui*

**B. Teaching Urban Gardening to Help Alleviate Poverty, Increase Food Security and Create a Strong Community (Research Panel)**

Food security, urban agriculture, and poverty will be discussed in the context of a survey done in an impoverished area of India's North on the effects of interactive teaching of growing one's own food.

*Alyssa Bougie*

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**SESSION 5****A253****A. Legitimization and De-legitimization of Knowledge: A Position of Authority and Marginality (Workshop)**

A focus on questioning of practitioner knowledge within child welfare hierarchies through different processes and dynamics.

*Dr. Daniel Kikulwe, MSW, PhD, University of Regina*

**B. Social Workers and Poverty Discourses in the News: Fostering Voices from the Margins (Research Panel)**

This 2014 study of 208 opinion pieces and editorials on poverty published in 19 Canadian newspapers found that social workers were mentioned in only 4% of news stories and were rarely portrayed as playing any role in working with the poor. In order to fundamentally alter how poverty is framed and whose voices are included, social workers need improve their media literacy skills, while fostering connections with anti-poverty advocates, poor people, and journalists.

*Robert Harding, BA, BSW, MSW, PhD, RSW*

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**SESSION 5****B132****Stewarding Experience: Re-presenting a Journey Toward and Away from Identifying as an "Addict" (Performance/Discussion)**

Exploring, through a musical/narrative experience, one person's journey of coming to and then becoming unable to identify as an "addict", what might we begin to deconstruct about the experience/identity of an "addiction/addict" and about experience/identity in general? What assumptions might we recognize and question? How might this inform our practice?

*Brian Gross, MFA, Community Developer/Counselor/Artist*

## DAY TWO: CONCURRENT SESSIONS (2:45 PM – 3:30 PM)

### SESSION 1

A362

#### **Mentorship in Social Work Education: A Shared Journey between a Racialized Faculty Member and Student (Practice-based Presentation)**

Within the context of social work in Canada, there is extremely limited literature that explores mentoring relationships in social work education. In this presentation, we will share our mentorship journey between a racialized faculty member and racialized student in a social work program in Western Canada.

*Christa Sato, BA, BSW; David Este, PhD*

### SESSION 2

A310

#### **Connecting Men through Community-based Approach to Violence Prevention (Think Tank)**

Preventing domestic violence into the next generation requires changing values and norms. Men Action Network Calgary has a participatory action research approach to engage ethnically-diverse men to enhance their roles in violence prevention. MAN-C's approach is one of Collective Cultures Model of primary prevention through leveraging community connections.

*Binu Sebastian, MSW, RSW; Adrian Wolfleg, Community Worker; Liza Lorenzetti, PhD (c), MSW, RSW;*

*Percy Murwisi, MSW, RSW; Vic Lantion, SHARE Program Coordinator*

### SESSION 3

A301

#### **Dementia and Difference: Challenging Conversations and Connections (Oral Presentation)**

Dr. Lesley Jessiman (Psychology) and Shelley Canning (Nursing) are members of UFV's Centre for Education and Research on Ageing; they are engaged in research, exploring both the experience of dementia and how views of dementia influence our behaviours, attitudes, and communication with persons with dementia.

*Shelley Canning, RN, MSN, BSc; Dr. Lesley Jessiman*

### SESSION 4

A305

#### **Visual Art as a Practice Tool: Igniting Dialogue, Collaboration, and Empowerment in Social Work (Workshop/Think Tank)**

This session explores how visual art can be an alternative social work tool to instil dignity and worth in others. Examples will include collaboration through community murals, validation through portraiture, and empowerment through art projects. Explore art as a tool for practice through stimulating dialogue and interactive art.

*Jessica Warkentin*

### SESSION 5

A210

#### **Minimizing Denial, Maximizing Engagement: Understanding and Working with Differential Responses of Non-Offending Parents (Paper Presentation)**

This paper will delineate the issues and interventions necessary to engage a non-offending parent in child sexual abuse (CSA) cases. Engaging the non-offending parent of children who have been identified as being sexually abused can benefit the children and the family. However, engaging the non-offending parent can be a challenge since a non-offending parent may have to defend how they tried or failed to protect the child. Families experience ambivalence and conflicting loyalties when there is a child welfare investigation of abuse that involves family members who are victims and offenders.

*Margaret Coombes, BA, BSW, MSW, LMSW, PhD, University of the Fraser Valley*

**Community Inclusion: Supportive Housing through a Social Work Lens (Presentation)**

I was the local coordinator for a photo-voice research project where pictures were used as metaphors to tell the story, so the participants remained anonymous during the visual representation of storytelling. I would favor the same approach with our presentation.

*Sharon Forbes, Co-Executive Director, Raven's Moon Resource Society; Jeanette Dillabough*

**DAY TWO: CONCURRENT SESSIONS (3:30 PM – 5:00 PM)**

## SESSION 1

A269

**A. Safer Self: Community Awareness to Decrease Sexual Exploitation in Abbotsford (Workshop)**

The Youth Resource Centre (YRC), an ACS program, developed a 3 pronged approach to increase awareness of sexual exploitation of children and youth in Abbotsford. A comprehensive resource website was developed for youth, parents, and professionals impacted by sexual exploitation. A poster campaign based on the most pressing themes of sexual exploitation in the community was developed with community partners and youth. Finally, two group manuals were created for the middle and high schools in the district, one for boys and one for girls, addressing risk factors of sexual exploitation and sexual perpetration/violence. The UFV Conference presentation will include a description of the most pressing issues of sexual exploration in Abbotsford through to an introduction to the Safer Self website, poster campaign, and group manuals.

*Shairose Jinnah, MA, Director, Child, Youth, and Family Services; Sheila Lum and Christina Henderson*

**B. The Many Faces of Human Sexual Trafficking (Workshop)**

Human sexual trafficking has many diverse expressions. It is oppressive, invasive, and traumatic for its victims. Despite tough talk and reinforced laws internationally, it is increasingly profitable and serves the perpetuated myth of male entitlement. This presentation explores reasons for this, as well as suggestions for social workers worldwide.

*Delaine Milette*

## SESSION 2

A261

**A. As a Social Worker in Northern First Nations, am I also a Peace builder? (Research Panel)**

The colonizing role of IRSs will be identified. How CFS continues the colonization will be identified with examples from my own practice through autoethnographic research. Examples will illustrate how social workers may not have the agency to build peace, and instead continue the structural violence of CFS systems, even unintentionally.

*Mary Anne Clarke, Social Worker and Peace Builder*

**B. Indigenous and Decolonial Teaching Strategies to Address Trauma in the Classroom (Workshop)**

This presentation will share an indigenous and decolonial approach to addressing safety in the social work classroom and in field education. Results from a SSHRC funded project on indigenous field education will be shared, alongside wise practice examples from the presenter's teachings and practice in the field of trauma.

*Natalie Clark, BSW, MSW, PhD (ABD), Chair of Field Education and Instructor, UBC School of Social Work*

**A. Practices of Artist and Social Workers in Urban Cracks: Connections and/or Social Justice? (Presentation/Discussion/Q&A)**

In this session, we argue that practices of artists and social workers in urban cracks (temporary in-between spaces within the city) can be promising in enhancing connections and social justice in the city when these practices are localised in the sociospatial contexts in which they intervene. We build on the experiences of a participatory research project in a socially and ethnically diverse neighbourhood in the city of Ghent (Belgium, Europe).

*Griet Verschelden, Senior Researcher and Head of the Department of Social Work*

**B. The Pedagogy of Integrating Therapeutic Approaches into Daily Practice (Workshop)**

The session is an interactive opportunity to consider the integration of theory and application of therapeutic approaches to daily social work practice.

*Janine Bolger; Sharon Munro, Lecturer and European Coordinator, School of Applied Social Studies, Robert Gordon University*

**A. Review of Food Security as a Social Protection Measure in Kenya (Workshop)**

Social protection of Kenyan citizens in form of food security, a measure to eradicate poverty and human suffering. The paper assesses policies and other efforts by the Kenya Government, non-governmental organizations, affected individuals and communities themselves that have positively contributed to the vice to deal with food insecurity.

*Josephine Misaro*

**B. Feed the Child in School Project (Workshop)**

The "Feed the Child in School Project" was initiated by Hon. Rosemary Nansubuga Seninde (Chairperson of the Uganda Parliamentary Forum on Quality Education) in 2011 in her peri-urban constituency of Wakiso district, which surrounds Kampala, the capital city of Uganda; a district with 256 government aided schools. The purpose of the project, she is piloting in 37 schools, was to provide food to primary school pupils through self-help effort by the schools and the community and also an effort to encourage Government to take it up as a policy, in order to curb school dropout rates. This was after it was established that lack of food was one of the factors causing absenteeism, children dropping out of school, and generally poor quality education.

*Hon. Rosemary Nansubuga Seninde, Member of Parliament, Wakiso District Parliament of Uganda*

**Art Connections and Wellness (Oral Presentation)**

Stephan will share some of the innovative connections that he has made using the mediums of art and photography. He has been involved in some projects that have connected children in the Lower Mainland to other communities in the world. He will share his experience of creating community murals with people with brain injuries as well as school children. His presentation will include images from these projects and personal stories to illustrate the importance of "reaching out" to all in our society.

*Stephan Baker*

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**SESSION 6****A259****Innovative and Alternative Methods to Meet the Needs of Communities and Individuals**

Session Overview Coming Soon

*Michael Dayan*

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**DAY TWO: CONCURRENT SESSIONS (3:45 PM – 4:30 PM)**

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**SESSION 1****A362****Supporting Dads: Tips, Tricks and Strategies 101 (Workshop)**

Engaging and interactive, “Supporting Dads” will provide strategies to encourage dads in the midst of pregnancy and beyond. What gets them through the door? How do we make them feel a part of the solution and not part of the problem? What could “Supporting Dads” look like in your community?

*Jeff McLean, Supervisor, Abby Dads Program, Abbotsford Community Services; Reg Unrau*

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**SESSION 2****A310****What is the Role of Female Leadership in this Changing Social Work Environment? (Research Panel)**

What is the role of female leadership in this changing social work environment? Is gender relevant to the discussion of managerialism in child welfare? Attempting to answer these questions not only demands discussion concerning the social location of women in relation to the needs of the capitalist system of which they obtain employment, but also the “masculinist undertones” present in managerialism and its relationship to neo-liberal discourse, individualism, and competition.

*Patricia Johnston*

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**SESSION 3****A301****Empowerment and Transformation through Anti-oppressive Community Based Research (Research Panel)**

The presentation, based on the doctoral study, is intended to share some powerful learning experiences through a collaborative work with trafficking survivors for sexual exploitation in Nepal. The presentation helps participants understand the applications of anti-oppressive community based research/practice, and to explore own methods in their professional practice.

*Rita Dhungel, PhD Candidate*

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**SESSION 4****A305****Social Work in Democratic Republic of Congo (Research Panel)**

This paper focuses on the importance of social work in DRC, with its challenges and effects to the population. We will describe the status of social work at universities, hospitals, churches, and the community’s interactions in the international and local NGOs involved for the welfare of the Congolese population.

*Kikuni Kangela Lucio, Social Worker, Hope and Health Vision*

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**SESSION 5****A253****You Asked For It: What Can Result from a Youth-developed Conference for Adults?****(Research Panel/Think Tank)**

The Mission Child and Youth Committee, made up completely of adults, offered youth the opportunity to take over their yearly community conference. Once the local youth realized the offer was genuine, they announced their intention to call the conference “You Asked For It!” What happened? And what has happened since?

*Brian Gross, MFA, Community Developer/Counselor/Artist*

# THURSDAY, APRIL 30<sup>TH</sup>

## KEYNOTE AND CONCURRENT SESSIONS

### DAY THREE: KEYNOTE SPEAKER: KELI ANDERSON (8:30 AM – 10:00 AM)

#### SHARING THE CARE - IT'S IN ALL OF US

GYM

Enhancing the mental health of children, youth, and families starts with embracing that we all play a part in it.

**Keli Anderson**, President and CEO, Institute of Families for Child and Youth Mental Health

#### BIOGRAPHY

Keli has a son with significant mental health challenges and before co-founding, and now leading the Institute of Families for Child and Youth Mental Health, she co-founded The F.O.R.C.E. Society for Kids' Mental Health and was Executive Director for 13 years.

Keli's own experiences with her son and her connection with thousands of other families over the years is why she advocates for families of children and youth with mental health challenges and for the next generation of families. She has received many awards for her efforts including the YWCA Woman of Distinction Award in 2007 and the Queens Diamond Jubilee Medal in 2013.





## DAY THREE: CONCURRENT SESSIONS (10:15 AM – 11:00 AM)

### SESSION 1

A362

#### **Harakeke: A Maori Health Framework (PowerPoint Presentation)**

An indigenous health framework with a holistic approach in pursuit of well-being and empowerment for all people.

*Arohanui Toopi*

### SESSION 2

A310

#### **Parent Mindfulness and Child Regulation: The Development of Two Programs for Better Family Functioning (Research Panel)**

This session will be led by two psychology honours students, Sophie Smit and Cherie Martens, who are conducting research on an attachment based mindfulness parenting program as well as a self-regulation preschool program for children. They will provide an overview of their programs and the goals of their research.

*Sophie Smit, Psychology Honours Student; Cherie Martens, Psychology Honours Student; Dr. Patricia Ackland*

### SESSION 3

A301

#### **Promoting Women's Inheritance Rights through Community Actions (Workshop)**

Empower women as inheritance rights holders and engage them in community education and advocacy on practices that perpetrate the violation of their rights to inheritance. Promote the engagement of youths and other feminist to address practices such as non-registration of marriages, widow inheritance, and non-writing of wills.

*Funwi Numfor Njei, Project Coordinator, Legal Aid and Human Rights Association (LAHURA);*

*Ichenjeh Jacqueline, Akwafei Paul Ajeakwa and Abajeih Chalres Njoiku*

### SESSION 4

A305

#### **Gathered Voices (Workshop)**

A story of cultural teachings and contemporary community. Introduce yourself to the drum in an interactive and experience based exploration of sacred teachings, community inclusion, and empowerment.

*Darla Rasmussen, Vice President, Four All My Relations Society;*

*Christa Martel-Perry, President, Four All My Relations Society; Donna Lagimodiere*

### SESSION 5

A210

#### **Without Identity (PowerPoint Presentation)**

PowerPoint and small activities for participants to be able to seek their own unique personal identity, what makes up their personality, and where their identity originates from.

*Maxine Paku*

## The Transition of Power at British Columbia's Founding and our "Duty to Learn." 1/2

### (PowerPoint Presentation and Q&A)

Tom Swanky is author of *The True Story of Canada's "War" of Extermination on the Pacific*. The book investigates smallpox epidemics that killed an estimated 100,000 British Columbia natives in 1862/63. It begins with the hanging of five Tsilhqot'in Chiefs ambushed at a peace conference in 1864. The book then follows the smallpox trail back through the Tsilhqot'in War seeking its origin. Tom will be presenting a PowerPoint presentation on the Tsilhqot'in War, which is used as a case study of the imposition of British institutions from the indigenous perspective.

*Tom Swanky, Honoured with an Eagle Feather*

## DAY THREE: CONCURRENT SESSIONS (10:15 AM – 12:00 PM)

### SESSION 1

A269

#### A. Improving the Quality of Mental Health Literacy and Suicide Awareness (Research Presentation)

Evidence from the BC Adolescent Health Survey indicates youth turn first to friends when having a problem. Youth as Gatekeepers is a peer-to-peer mental health literacy and suicide awareness program built on this knowledge. High School youth are recruited and trained as mental health educators who present to their peers on mental health, addiction, and suicide prevention. This workshop will describe the development and operation of the program along with some evidence regarding the impact on youth educators and youth recipients of the literacy presentations.

*Jessica McBeth, Program Coordinator and YAG Youth Educators*

#### B. Navigating the Health Care System: Chronic Illness and their Implications for Health Policies

##### (Research Panel)

This presentation will examine issues faced by individuals with disabilities and chronic illness in accessing and navigating the healthcare system, highlighting the implications for social work practices and their connections within healthcare.

*Nora McKellin, MSW, RSW, UBC School of Social Work and Providence Health Care*

### SESSION 2

A261

#### A. Creative Process and Forms of Social Reality (Research Panel)

Languages have become, in the minimalization of them into the twitters and tweets of 25 words-or-less, dilapidated, meaning: the building stones of the polis shattered and strewn about. It is the end of public discourse. The barbarian-citizens of the electronic world no longer have time to EITHER read or write.

*Dr. Carl Peters*

#### B. Aiming to End Violence: Connecting through Creative Processes and Collective Creation (Research Panel)

This presentation explores anti-oppressive and creative collective actions as a way to create connections to ourselves, between members of a group and more broadly to the community.

*Florence Godmaire-Duhaime, PhD student and Social Worker, Université de Montréal*

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**SESSION 3****A212****Safe Relationship, Safe Children, Honouring Kaitlynn, Max and Cordon (Workshop)**

Safe Relationships, Safe Children Takes Action on Domestic Violence in British Columbia resulting from the 2012 Representative for Children and Youth's (RCY) report. The investigation regarding the Schoenborn deaths in April 2008 at the hands of their father who had extensive history of violence, mental health, and substance misuse.

*Wendy Colman, Social Worker; Lila Weber and Joshua Bailey*

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**SESSION 4****A266****Bridging the Gap: Connecting Families and Professionals (Panel)**

In what ways can we create opportunities to seek feedback from those we work with and hear their own expertise? This two-part session features a parent panel that will 1) share what is helpful/hindering in relationships with professionals and 2) reflect on their experience(s) of bringing their voice forward.

*Laurie Schulz, MSW, RSW, Counsellor/Clinical Supervisor, Impact Youth Substance Use Services;*

*Karen Copeland*

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**SESSION 5****A253****Strategies of Incorporating Research into Practice**

Session Overview Needed

*Leah Douglas, BSW, MSW, PhD, RSW, Assistant Professor and Graduate Program Chair, School of Social Work and Human Services, University of the Fraser Valley; Dorothy Henneveld*

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**DAY THREE: CONCURRENT SESSIONS (11:15 AM – 12:00 AM)**

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**SESSION 1****A362****Feedback Informed Practice (Workshop)**

This workshop will look at feedback informed practice and will include both feedback informed therapy and feedback informed supervision. The presentation will begin with an overview of feedback informed services and will provide a comparison between evidence based practice and feedback informed practice. It will also include descriptions of Scott Miller's scales. The facilitator will share her experiences of using these scales and its impact on her practice as a therapist and as a supervisor.

*Asli Kucukbumin, East Fraser CQI Council*

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**SESSION 2****A310****An Unconference Conversation: Fishbowl Disciplinary Dialog (Think Tank)**

In this highly participatory session, attendees will have the opportunity to both observe and converse in a fish bowl dialog about disciplinarity. A collaborative and distributed leadership approach is used to guide the discussion, exploring the sources of knowledge and discipline-specific practices of Child and Youth Care and Social Work.

*Christine Slavik, CCLS, MEd, EdD Candidate; Lisa Moy and Maple Melder-Crozier*

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**SESSION 3****A301****Gender Relations and Anti-Opressive Practices: A Case Study of India (Oral Presentation)**

The paper focuses on the various steps taken in India to improve the status of women with a focus on the authors anti-oppressive work aimed towards creating a more gender equal society by creating gender awareness among various sections--Delhi Metro employees; Delhi Police, School teachers, etc.

**Pamela Singla**

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**SESSION 4****A305****Empowered (Workshop)**

An experiential workshop in empowerment training. Begin to explore the meaning of empowerment, what it looks like in your personal and professional life, and how it affects groups of people. Walk away with a deeper perspective in creating balance in your life.

**Christa Martel-Perry**, President, Four All My Relations Society;

**Darla Rasmussen**, Vice President, Four All My Relations Society

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**SESSION 5****A210****Women Empowerment in Kenya**

Session Overview Coming Soon

**Esther Mueni**

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**SESSION 6****B140****The Transition of Power at British Columbia's Founding and our "Duty to Learn." 2/2  
(PowerPoint Presentation and Q&A)**

Tom Swanky is author of The True Story of Canada's "War" of Extermination on the Pacific. The book investigates smallpox epidemics that killed an estimated 100,000 British Columbia natives in 1862/63. It begins with the hanging of five Tsilhqot'in Chiefs ambushed at a peace conference in 1864. The book then follows the smallpox trail back through the Tsilhqot'in War seeking its origin. Tom will be presenting a PowerPoint presentation on the Tsilhqot'in War, which is used as a case study of the imposition of British institutions from the indigenous perspective.

**Tom Swanky**, Honoured with an Eagle Feather

## DAY THREE: CONCURRENT SESSIONS (1:15 PM – 2:00 PM)

### SESSION 1

A362

#### **Keeping Minds Open: Incorporating Mindfulness into your Personal and Professional Practice (Workshop)**

This experiential workshop outlines what mindfulness is, reports on two projects where mindfulness-based activities have been introduced into the university classroom and provides opportunity to engage in practical and participatory mindfulness skills that can be implemented in daily life as well as in our practice professionally.

**Christine Slavik, CCLS, MEd, EdD Candidate**, Associate Professor, Child, Youth, and Family Studies Department, University of the Fraser Valley

### SESSION 2

A310

#### **Oil Spill Response in a Coastal NZ Indigenous Community (Research Panel)**

Research about an indigenous New Zealand community's response to an oil-spill. Illustrating how indigenous social networks, resources, and knowledge of the natural environment can be utilised to ensure an effective response to a technological disaster. Māori values, social structures, and processes were found to be effective guides for action.

**Kelly Smith, R.J. Sargisson, S. Hunt, and H. Hamerton**

### SESSION 3

A301

#### **Creating Understanding through Interfaith Knowledge (Workshop/Think Tank)**

In the session, we will discuss the importance of being aware of people's different belief systems and how one can go about learning more. At the end, we will discuss how the discussion impacted each participant and how the discussion can benefit participants in their work with clients and communities.

**Pearl Penner, Gagan Sidhu, Makaela Peters, Sukhmani Dhaliwal, and Aska Nakamara**

### SESSION 4

A305

#### **Pedagogy under Siege in Palestine (Research Panel)**

The Radical Gender-Based Theatre (henceforth RGBT) is an example of the university-community engagement in education placing emphasis on dialogue and on the potentially dynamic pedagogy of the question. Much of the work is concerned with gender relations under siege and occupation.

**Najwa Silwadi/Eidda, Second Year PhD Student**

### SESSION 5

GLOBAL LOUNGE

#### **The Musical Session**

The Langley Basic Lifeskills Training (BLT) Program is a safe place for youth (ages 14-21) living with mental health challenges, to meet and build skills through support, education, and recreation. We strive to empower youth, promote healing, and foster healthy social connections. Since 2011, we are partnering with 1Rock and are offering a therapeutic arts program in our very own BLT sound room. It provides youth with opportunities to explore and be creative. Youth are involved in cutting edge music, arts, and recreational activities which engage and support them.

**BLT**

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**SESSION 5****B140****Engaging Families in New and Enhanced Ways (Workshop)**

Engaging with families is not new, but the way we engage and why we engage is changing. This session will share new initiatives in family engagement that support a shift in values and relationships necessary for youth and families to engage effectively with each other and with systems to enhance child and youth mental health.

*Keli Anderson and FORCE Representative*

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**DAY THREE: CONCURRENT SESSIONS (1:15 PM – 2:45 PM)**

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**SESSION 1****B101****The Washing of Tears (Film Screening and Discussion)**

The Washing of Tears is a powerful documentary about the impact of industrialization and cultural renewal among one British Columbia First Nation group. The loss of a cultural shrine, the Whaler's Shrine, from the Mowachaht of Friendly Cove in 1903, symbolized their decline as a people and culture, becoming part of the collection of the New York Museum of Natural History. In the 1990s, a cultural revival began with the help of Mowachaht neighbours whose assistance with the revival of cultural traditions in music and dance played a significant part in renewal. The film includes a dramatic scene of Mowachaht community members returning to New York to visit the Whaler's Shrine. The Washing of Tears won Best Documentary Feature at the 1994 Indian Film Festival.

*Hugh Brody*

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**SESSION 2****A261****Aging Out Project: Working with the Health Authorities to Better Serve LGBTQ Seniors in Care (Workshop)**

This session will review Qmunity's recently completed research, training, and policy project focusing on the needs of LGBTQ seniors in care. Participants will gain skills in working with this population, DISCUSS case studies, and review the resulting policy recommendations to the health authorities.

*Meera Dhebar*

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**SESSION 3****A212****Building from the Ground Up: An Adolescent Mental Health Recovery Oriented Program, a Partnership with Youth and Family (Practice-Based Presentation)**

The Adolescent Day Treatment Program in Fraser East provides services to youth ages 13 to 18 experiencing significant mental health challenges. It began from the ground up incorporating Recovery Oriented Practices. This presentation by ADTP staff, family members, and youth will provide an overview and highlight ways in which recovery is supported and promoted in the program including: the creation of the ADTP Community Meetings; Youth and Parent Program Representatives; Annual Alumni Picnic; Telephone Caregivers Support Group; Parent Coffee Support Group; Parent Advisory Committee; Research Partnership; Collaboration with the FORCE and Parent in Residence; Steering Committee Representatives; Youth Recovery Stories; Strategic Plans and the creation of ABLE -Adolescent Day Treatment Program Building in family and youth Leadership and Empowerment.

*Rick Brown, BSW, MSW, Clinical Coordinator, Adolescent Day Treatment Program, East Abbotsford Regional Hospital & Cancer Centre*

*Gina Broswick, ADTP Family Representative/FORCE Parent in Residence; and other ADTP youth and family members;*

*Vicky Briggs*

**A. A Review of Substance Abuse Services for South Asian Punjabi Sikh Communities in Surrey and Surrounding Areas (Think Tank)**

There is a significant absence of study in the area of substance abuse that considers the diverse perspectives of South Asians. This study attempted to address the gap, focusing in particular on the needs of Punjabi-speaking Sikh communities in Surrey and surrounding areas.

**Gary Thandi**, Director, Genesis Family Empowerment Society;

**Susan Chahal**, Social Worker, University of Fraser Valley, Fraser Health Authority

**B. Opening Doors and Breaking the Silence: Sikh Religious Leaders Perspectives of Intimate Partner Violence in the South Asian Community (Research Panel)**

This research study explores the unique perspectives of Sikh religious leaders on the issue of domestic violence in the Sikh community. Valuable insight into factors and dynamics that contribute to violence and possible prevention strategies are explored. Implications for further community engagement in prevention and intervention strategies are presented.

**Susan Chahal**, Social Worker, University of Fraser Valley, Fraser Health Authority

## SESSION 5

## A253

**Therapeutic Scrapbooking and Art Therapy (Workshop)**

This workshop is intended for social workers, counsellors, or art therapists. Firstly, we will explore the history of therapeutic scrapbooking as it relates to the field of social work. By increasing our knowledge of scrapbooking terms, vocabulary, and methods, we will discover the richness of this medium. A hand out of these terms and vocabulary will be presented. Secondly, we will discover how this medium is especially useful with certain populations, such as those with special needs, with seniors, and with women. Then we will see how therapeutic scrapbooking can easily fit into one's social work practice and reasons why one might include this method. Finally, we will have some hands-on practice with new techniques and tools. This workshop will require the participants to bring three or four photos on a related topic; all other materials will be provided by me. The workshop can accommodate up to twenty people and a power point presentation will be included.

**Mary Stanwood**, BAA (ECE) DVATI

## SESSION 6

## B132

**Positive Impact Monologues**

The Positive Impact Monologues are a series of four deeply personal accounts of living with HIV and/or Hepatitis C and surviving not only the illness, but the social stigma and rejection, the poverty, and the mental anguish that often accompanies it. The participants reflect on how, despite their diagnoses, their lives have changed in some ways for the better. And will share how they manage to live positively and with purpose. A brainstorm and question period will follow.

**Delaine Milette**



## DAY THREE: CONCURRENT SESSIONS (2:15 PM – 3:00 PM)

### SESSION 1

A362

#### **Understanding Gender and Sexual Diversity through a Holistic Lens: Evidence Based Social Work Practice (Think Tank)**

Curious about how to work more effectively with gender and sexual minority clients and colleagues? Want to know the right thing to say, but don't know if you will come across as insensitive? This session will help you develop awareness and competence in your personal and professional relationships.

*Johnathan Kuipers*

### SESSION 2

A310

#### **Child Welfare: Towards Equity and Inclusion (Think Tank)**

The issues surrounding the treatment of First Nations families by Canada's child welfare system have been studied and written about for many years. However, relatively little has been written about the interactions between racialized communities and Canadian child welfare authorities. Recently, a series of articles in the Toronto Star has highlighted the striking disproportionality of Black children in care in Ontario. While only 8% of Toronto's children are Black, 41% of children in care in Toronto are Black.

As social workers who have also worked in the human rights field, we will discuss some of the root causes of this overrepresentation of racialized children in government care from a racialized perspective. Drawing from our work in other public sectors, we will also consider some options for addressing some of these root causes.

*Dave Sangha*, Assistant Professor, School of Social Work- Peace Liard Campus, University of Northern BC;

*Neil Edwards*

### SESSION 3

A301

#### **Intergenerational Trauma (Workshop/Think Tank)**

An experiential workshop focused on the effects of intergenerational trauma, and the role of community in healing. Explore perspective and assumptions around trauma to learn skills in affecting lasting change.

*Christa Martel-Perry*, President, Four All My Relations Society; *Donna Lagimodiere* and *David Bain*

### SESSION 4

A305

#### **Art Connections (Workshop)**

Creating art expression opportunities for a variety of youth using multiple platforms of expression and numerous supportive settings to draw from, including: child and youth mental health, mentoring programs, and children in care. Providing opportunities for youth to be artistic, expressive, and provide celebration opportunities while creating strength and esteem.

*Majlinda Daka* and *Lisa Donaldson*

### SESSION 5

A210

#### **Turning the Eyeballs Outward: The Healing Power of Gemeinschaftsgefühl (Film Screening and Discussion)**

Dr. Michael Dayan (UFV Instructor, biographical filmmaker, psychotherapist) will screen and discuss his film, High Plains Doctor: Healing on the Tibetan Plateau. This biopic film explores the healing journey of an individual who overcame his own depression through his connections with others.

*Dr. Michael Dayan*, UFV Instructor, Biographical Filmmaker, and Psychotherapist in Private Practice

## DAY THREE: CLOSING EVENT (3:30 PM - 5:00 PM)