

EMMANUEL EPISCOPAL CHURCH

HIGH NOTES



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High Notes Submissions

Articles for the *September High Notes* must be submitted to [Kelli](#) by Friday, August 26.

Seminarians on the Move

Now that their academic year has ended, all three of our seminarians are on the move.

Jordan Casson graduated from the Anglican Studies program at Virginia Theological Seminary (VTS) on May 19. He will be ordained to the Sacred Order of Deacons (Transitional) at St. Paul's Episcopal Church in Old Town on June 11 at 10:30 a.m. All are invited. Emmanuel is cosponsoring a reception after the service at St. Paul's. Jordan's last Sunday with us will be June 12. His lay committee (Suji and Katie Kelly, Jim Larsen, Bonnie Lilley, and Tom Suydam) will honor him at coffee hour following the 10:30 a.m. service in the parish hall. On July 1, Jordan will assume the position of Deacon-in-Charge at St. Michaels, Yeadon, a suburb of Philadelphia. St. Michaels is a multi-racial, multi-national parish which sees its diversity as its strength in coming to know Christ and making Christ known to others. God willing, Jordan will be ordained to the Holy Order of the Priesthood later this year or early next.



Gethin Wied has completed his middler year of study at VTS. Over the summer he has been selected to serve an intensive internship at St. John's Episcopal Church, McLean. He will be living in College Park, Maryland. In September, he will return to VTS for his senior year and will rejoin us at Emmanuel. He will continue to be supported by his lay committee co-chaired by Gail and Ron Eger and Sandy and Frank Esquivel.

Rick Bauer will not officially begin his first year with us until September but perhaps you've already met Rick at our 10:30 a.m. service. Over the summer, Rick will be completing the seminarian requirement for Clinical Pastoral Education (CPE) at Goodwin House Bailey's Crossroads. Rick will begin his middler year at VTS in September. He, his wife Katrina and sons Ricky and Christian will also be moving to a home on the VTS campus. Tom Suydam will chair Rick's lay committee and we are seeking volunteers to serve with him. It is an educational, spiritual, and fun experience for everyone!

Our 10-Year Vision for Emmanuel

Emmanuel Episcopal Church is a thriving, engaged and creative parish working to educate and meet the needs of children, youth and adults; live and demonstrate our Christian values; and create a more humane and just world through community service and outreach.

Diocesan Bishops

The Rt. Rev. Shannon Johnston
The Rt. Rev. Susan Goff
The Rt. Rev. Ted Gulick

Emmanuel Church Staff

Rector

[The Rev. Charles C. McCoart, Jr.](#)

Priest Associate

[The Rev. Joani Peacock](#)

Seminarians

[Gethin Wied](#)

[Jordan Casson](#)

Director of Spiritual Formation for Children and Youth

[Toni Buranen](#)

Organist/Choir Director

[Ryan Fitch](#)

Parish Administrator

[Kelli Corts](#)

Administrative Assistant / Receptionist

[Karen O'Hern](#)

Nursery Caregivers

Lillian Urrea
Natalie De Leon Santizo
Sara Guzman

Sunday Services

8:00 a.m. and 10:30 a.m.

Church Office Hours

Monday—Thursday
10:00 a.m.—2:00 p.m.

Emmanuel Episcopal Church

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User-Friendly Dictionary

In honor of Jordan's ordination to the Diaconate on June 11, this month's word is.....TA DA...

Deacon!



Deacons are members of one of three distinct orders of ordained ministry. In the Episcopal Church a deacon exercises "a special ministry of servanthood" directly under the deacon's bishop, serving all people and especially those in need. This definition reflects the practice of the early church, in which deacons were ordained "not to the priesthood but to the servanthood [diakonia, "ministry"] of the bishop." In the ancient Greek-speaking world the term diakonos meant an intermediary who acted or spoke for a superior. Christian

deacons were agents of the bishop, often with oversight of charity. Since ancient times the liturgical functions of deacons have suggested the activity of angels. As they proclaim the gospel, lead intercessions, wait at the eucharistic table, and direct the order of the assembly, deacons act as sacred messengers, agents, and attendants. The revival of the order of deacons in the twentieth century has emphasized social care and service. Many bishops in the Episcopal Church expect their deacons to promote care of the needy outside the church. In addition to those ordained deacon as a permanent vocation, there are also "transitional deacons" (like Jordan will be) who are ordained deacon as a preliminary step toward ordination as a priest.

And a related word, diaconate, means the office of deacon, a person's tenure in it, or a body of deacons collectively.

We have been fortunate to have Jordan in our midst this year. And we knew he was an 'angel' all along — on June 11 it will just be made official!

*Meredith Wade
Clerk of the Vestry*



There will be no newsletter in July or August. Look for our next newsletter on September 1. Be sure to read the weekly e-news and Sunday bulletins to keep up with the happenings at Emmanuel. If you don't currently receive the e-news, contact [Kelli](#) to be added to the distribution list. Enjoy your summer and see you in church!

Why We Chose Emmanuel?

By Bob Carragher and Beth Tuttle

Our journey to Emmanuel began in early 1987, when we started church hunting shortly after getting married. As Beth was raised Episcopalian and Bob was a Catholic, we spent time visiting two of those congregations in Old Town, but neither seemed to fit. One was too conservative and not accommodating of our blended faith family and the other was just too formal. So we kept looking.



the church's simplicity and straightforward approach to worship, and — with a family in mind — the preschool.

After the birth of our first child, Maggie, we knew we'd found a church home when the senior ladies of the congregation would vie to hold her at the 8:00 a.m. service so we could take communion. When our son, Jimmy, came along, Maggie was ready for preschool and EEC again welcomed us. We, and the kids, made some of our closest lifetime friends (and you know who you are) as a result.

As the children reached adolescence, however, their Emmanuel peer group was small and the youth group was struggling. We watched as many friends left the church to find one that would better serve their kids, and we wondered if we should do the same. But for some reason, we felt compelled to stay at EEC and decided, instead, to "double down" and make it work by becoming more, rather than less, invested in the church. We took on a variety of roles from teaching Sunday School and coordinating acolytes to Altar Guild and stewardship.

Then, in 2009, EEC rector Dan Eckman asked Beth, an organizational consultant by profession, if she would lead a strategic visioning and mission process for the church. We didn't recognize it at the time as a "call" from God, but that is what it was. We talked more as a family and with our friends about faith, our responsibility as Christians, and how God works in our lives over the three years of EEC's transformation than we had ever before.

When Martha Wallace came to EEC as our interim rector, she challenged this congregation to decide if it wanted to be a "country club" or a church. With a lot

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2016 Vestry

[Bob Carragher](#) (Senior Warden)
[Adam Schildge](#) (Junior Warden)
[Lola Beggs](#) · [Leo Cruz](#) · [Joe Dresen](#)
[Katie Kelly](#) · [Bryan Moore](#)
[Joe Scott](#) · [Doug Wheeler](#)
[Margaret Wohler](#) · [Chris Yianilos](#)
[Gene Lange](#) (Treasurer)
[Meredith Wade](#) (Clerk)

Contacts for Ministry Teams

Communications: [Leo Cruz](#)

Fellowship : [Lola Beggs](#), [Chris Yianilos](#)
 Coffee Hour Baristas: [Adam Schildge](#)
 Craft & Sewing Group: [Gudrun Callahan](#)
 Inreach/Compassionate Care: [Nancy Dupree](#)
 Newcomers Welcome: [Lola Beggs](#)
 Prime Timers: [Jim Bradley](#)
 Shrine Mont Parish Retreat: [Joe Scott](#)
 Twenties & Thirties: [Leo Cruz](#), [Jennifer Jones](#)

Preschool: [Adam Schildge](#)

Service: [Katie Kelly](#), [Bryan Moore](#)
 ALIVE!: [Laura Macone](#); [Sarah Orndorff](#)
 Bag Lunch Program: [Karen Coda](#)
 Carpenter's Shelter Breakfast: [Jennifer Jones](#)
 Carpenter's Shelter: Dinner: [Sean Ellis](#)
 Community Lodgings: [Barbara Harslem](#)
 Free School Physical Program: [Bonnie Lilley](#)
 Giving Tree: [Rachel Kliewer](#)
 Haiti: [John Maass](#)
 Haiti Coffee Sales: [Kim Scott](#)
 Meals on Wheels: [Katie Kelly](#)
 Tutoring Consortium: [Kelly Dresen](#)
 United Thank Offering: [Bonnie Fairbank](#)

Stewardship: [Joe Dresen](#), [Joe Scott](#), [Doug Wheeler](#)

Annual Giving Campaign: [Bob Carragher](#)
 Building and Grounds: [Dwayne Piepenburg](#)
 Finance: [Stewart Bartley](#)
 Foundation: [Jane Kolson](#)
 Yard Sale: [Tom and Taylor Craig](#)

Teaching: [Meredith Wade](#), [Margaret Wohler](#)

Adult Spiritual Formation: [Beth Boland](#)
 Sunday School: [Toni Buranen](#)
 Youth: [Toni Buranen](#)

Worship: [Bob Carragher](#), [Chuck McCoart](#)

Acolytes: [Bob Carragher](#)
 Altar Guild: [Christina Bartley](#)
 Counters: [Jim Bradley](#)
 Music (Adult and Youth Choirs): [Ryan Fitch](#)
 Music (Guitar Circle): [Stewart Bartley](#)
 Readers (8:00): [Suji Kelly](#)
 Readers and Chalice (10:30): [Jerry Boykin](#)
 Ushers: [Bob Callahan](#)
 Worship: [Nancy Dupree](#)

(Continued from page 3)

of discernment and hard work by many committed, optimistic, and courageous parishioners, the current mission and vision for Emmanuel emerged. Along with it came a new sense of hope, ownership, and engagement in the parish and most certainly the decision by many in this congregation to become the vital church, acting in love and service to the world, that God calls us to be. But the story doesn't end there.

Jump to today. Chuck McCoart is our rector and EEC is growing in faith and health, thanks to our dedicated church and preschool staff, Joani and our seminarians, and an increasing number of volunteers helping the church thrive. Our kids have left home and are on their own. Beth leads a non-profit in Philadelphia during the week and Bob's in Alexandria hoping to retire next year.

Before then, however, and before Bob steps down as Senior Warden in January, he has another hope for this parish that he seeks to pay forward: to strengthen EEC's programs for children and youth by revitalizing the acolyte program. This mission is something near and dear to his heart, not just for what it did for our children, but because he was the longest serving altar boy at St. Mary's Church in Upstate New York and has continued as one of the oldest serving acolytes here at EEC. So watch for a few newsletter and bulletin notices about those plans at the end of the summer.

As we approach our 30th year in this parish, we are extremely happy to have found and stayed at Emmanuel. This church has come a long way since the time when we questioned whether to stay or go. Doubling down on an investment is always a lot scarier than folding your cards. In our family's life, it was a good bet to follow God's call and to reinvest in EEC. We look forward to the next 30 years together!

Please consider including Emmanuel Church or Foundation in your will or living trust. For more information, contact [Jane Kolson](#).

Vestry Highlights

At its regular meeting on May 11, the Vestry heard several reports:

- Ressa Jones, Preschool Director, noted that the spring fundraiser was a success and its financial goal was met. She discussed a long-term goal of the school's strategic plan which is to revamp the playground by raising funds through fundraisers and working toward the goal with the church. Another long term goal is to create an outdoor classroom space.
- Joe Scott presented a post-event review of the Shrine Mont Retreat. It was on par in attendance with last year's numbers but with fewer families and more individuals. He reviewed feedback received from attendees and noted some issues needing attention for next year, particularly childcare for families with small children during the program periods.
- Kelli Corts, administrator, provided her assessment of how EEC's line-item budget has fared in the first four months of the year and noted that pledge fulfillment for 2016 was on target. A few items of the budget (particularly snow removal) have exceeded their budgetary limit, but all in all the budget is in good shape thus far for 2016.
- Chuck discussed the 2016 picnic. Due to our inability to secure space at the Seminary for the event and complications with the leadership team, the Vestry decided to cancel the event this year and focus on next year. A date has been reserved at the Seminary for 2017.
- Adam Schildge reported on the feedback provided to date from the Ministry Teams for strategic planning purposes. He indicated that a number of teams had provided feedback and more responses were expected. The strategic planning working group will review the feedback and will be able to provide the Vestry with a synopsis of what was received and the next steps in the strategic planning process at its June 11 meeting.
- Bob Carragher led a discussion regarding the date of the Vestry's next quarterly planning session. It is hoped it can be scheduled in June.

Vestry

God & Donuts: A Weekend of Discovery

It was a cold night when we arrived at our house near Shrine Mont for the God and Donuts weekend retreat but the stars were beautiful. Two teachers, two chaperones, and five students grades 6 to 9 were embarking on a new experience. Over the next 36 hours we would discover much about each other and about ourselves. Together we learned, shared, discussed, laughed, played (both indoors and out) and prayed. Unaware they would have to “work”, the students quickly embraced activities designed to explore who they are and what makes them unique. We had some who are Shrine Mont regulars and several who were



“newbies” but by Sunday morning new bonds had formed, notions of one another had been altered, insights had been gained, and even a few new talents were discovered. Can’t wait to do it again!

Janie Piemonte

The Youth Ministry is Growing and We Need Some Help!

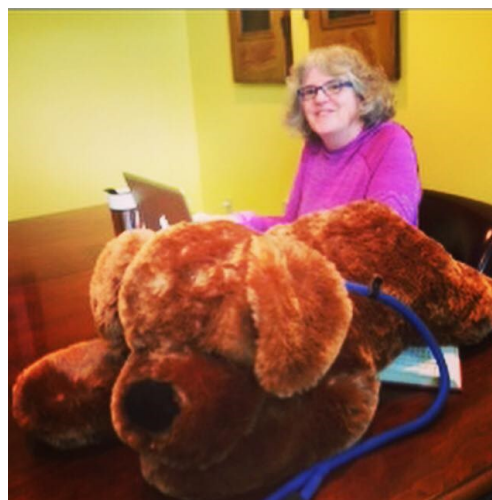
Do you have the “patience of Job” and a desire to be part of something fun and inspiring? We need a new teacher for next year to work with Janie Piemonte teaching the 6-8 grade students. If interested, please contact [Janie](#). It is our hope that next year we will have



two vibrant youth “classes”: a high school group and a 6-8 grade group. Planning is ongoing but look for information over the summer on gatherings and/or service

opportunities. All parish youth in grades 6 and higher are welcome to be a part of creating Emmanuel’s Youth Program. Have a great summer and we look forward to another year of growth!

Introducing Easy



Meet Joani's new church office dog, "Easy." A quiet and gentle breed, you barely know he's there. Although very affectionate and good with children of all ages, he's not much of a watch dog — but cheap to keep. He also stores easily away in a drawer or closet and comes out whenever you need him (especially when Little Brock 3 is not on duty!). So easy, indeed!

From the Office of Spiritual Formation for Children and Youth

"A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken."

~James Dent

Greetings all!

Even though May brought with it cool weather and rain (which I enjoyed thoroughly), summer is almost here! My hope for everyone this summer is that it is a time to regroup, relax, refresh and that it is filled with lazy days, good books to read, only a little bit of productivity and much fun and rest with family and friends. Read on for pertinent information related to Sunday school and God & Donuts. Be especially sure to take a look at Janie Piemonte's articles on page 5 about God & Donuts as it gives both a lovely picture of a weekend in the life of our youth as well as a call to ministry in working with the 6 – 8th graders.

We have had a great year and are looking forward to seeing you in the Fall. May everyone's lawn mower be a little bit broken on the perfect summer day!

*With peace and gratitude,
Toni*

Important News

Sunday, June 5, is Sunday School and God & Donuts Teacher Appreciation and Graduate Recognition Day. Please join us for the 10:30 a.m. service as we offer a special thanks for all those who served in our ministry for the spiritual formation for children and youth and send our graduates off with a blessing!

Sunday School and God & Donuts Registration Form and Calendar. Keep your eye out for the 2016 – 2017 registration form as well as the calendar containing dates throughout the year for our faith formation opportunities for children and youth of

Emmanuel. The links to these will be posted online sometime in July. Stay tuned.

Youth Confirmation Program. We are excited to announce that we have five rising 9th graders that will be going forward for confirmation in the Fall! If you have some extra time and would like to support this program, we have short-term opportunities to do so. Please e-mail [Toni](#) or [Janie](#) with questions and interest.

Mark Your Calendars. The new Sunday school and God & Donuts year begins on Sunday, September 11 with an Open House from 10:00 – 10:30 a.m. and a Teacher Commissioning at the 10:30 a.m. service.

Sunday School Teachers and God & Donuts Volunteers Needed. The 2nd and 3rd Grade class is still in great need of four teachers who are willing to rotate throughout the year as a team. The scheduling is flexible (once or twice a month) and the curriculum is provided!

No experience necessary — simply a love of kids and a willingness to join them on their faith journey. Also, as noted in Janie's article on page 5, God & Donuts has happily hit a point where we are in need of one more adult to assist with the middle schoolers. Be in touch with [Toni](#) or [Janie](#) with questions and interest.



**Volunteer in our
Children's Ministries
Sunday School Programs!**

Thank you to all who made a 2016 pledge to Emmanuel. If you have not yet made a pledge, it's not too late to do so. If you would still like to pledge, please contact [Chuck](#), [Kelli](#), or [Bob Carragher](#).

Memories from Shrine Mont 2016



Enjoy More Shrine Mont Memories on Page 15

News from Region IV

In my new role as Dean of Region IV, of which our church is a part along with seven other Episcopal parishes in Alexandria, I meet quarterly with representatives from each of the eight parishes in Region IV. We met recently to, among other things, review the financial status for the Region and approve an Outreach Budget for 2016-2017. The allocated funds include:

Child & Family Network Program. Established over 30 years ago by concerned mothers whose children had failed kindergarten, the Region designated \$100 to show continuing support for their work.

Church of St. Clement Hypothermia Shelter. A winter shelter operating from January to March, providing an overnight place for men screened through Carpenter's Shelter. The Region continued with a \$1,500 donation to the shelter.

Hunger Free Alexandria. A relatively new initiative response to an April 2014 report highlighting obesity as an issue due to lack of food. This ecumenical effort spans different denominations and houses of worship in Alexandria. The Region approved \$400 and actively encourages church involvement.

Meade Memorial Bag Lunch Program. This program provides lunch to approximately 50 individuals six days a week. Various Alexandria churches make the bag lunches. Hosting the program has a large impact on utility costs and cleanup. The Region approved continuing the \$2,000 donation for support.

West End Lazarus Ministry. Hosted by Church of the Resurrection since September 2015, this extension of the Lazarus Ministry begun by Christ Church and St. Paul's now ministers to the needy in Alexandria's West End. Operating Thursdays between 3:00 and 6:00 p.m., financial counseling and emergency funds are available to assist residents within the West End region. The Region designated \$1,000 for this ministry.

There are other opportunities to support those among us in the City of Alexandria which we could not fund now, but hope to eventually. If you have questions about any of these initiatives, or wish to get involved in some way, please let me know.

Peace, [Chuck](#)

Dinner and a Movie — ABC's Sitcom Blackish "Hope"

June 24 | 6:00—8:00 PM | Memorial Room

On Friday, June 24 the Adult Spiritual Formation Committee invites you to dinner and a screening of the "Blackish" episode entitled "Hope." In the headlines we are frequently confronted by stories of inequity in our own country and neighborhoods. Just last year, Baltimore endured riots following the death of Freddie Grey while in police custody. The conversation will be about how we choose to respond as individuals and as a community of faith when confronted by such inequality. So please join us for a screening of what Vanity Fair has lauded one of the most important moments of sitcom history.



The Adult Spiritual Formation Committee will provide a simple meal of soup, salad, and bread. Please just bring a dessert to share and whatever you would like to drink.

Vanity Fair article: [How Black-ish's Searing Political Commentary Transcended "Very Special Episode" Territory](#)

Zealot

Do you like political intrigue, revolutionary plotting, and assassinations? Then you might be interested in reading the book *Zealot* by Reza Aslan. This fall, several of us are planning to discuss this book which describes the political climate surrounding Jesus' life and death. If you are interested in joining us, please contact [Beth Boland](#). Details about who, when, and where to follow.

We. Are. Connected. Oprah Winfrey's Belief Series

Sunday Evenings | Fall 2016

Belief is a groundbreaking documentary series exploring humankind's search to connect with the sacred. We were all created with a God shaped hole in our hearts and born with the hope of an encounter with the holy.

Belief invites viewers to witness some of the world's most fascinating religious and spiritual journeys through the eyes of believers: Christians, Jews, Muslims, Buddhists, Hindus, Jains, and more. Traveling to the far reaches of the world and to places where cameras have rarely been, these stories will lead us all to ask: *What do you believe?*



We'll meet Sunday evenings, 6:00 p.m. to 8:00 p.m. in the Memorial Room. Together we'll screen each episode, share some refreshments, and have time to converse and connect. Come to one or

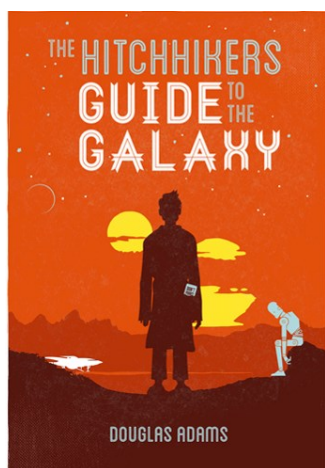
come to all! The series is appropriate for all ages!

- September 11 — *The Seekers*
- September 18 — *Love's Story*
- September 25 — *Acts of Faith*
- October 2 — *A Change is Gonna Come*
- October 9 — *God Help Us*

Questions? Just ask [Joani](#).

The Hitchhiker's Guide to the Book of Common Prayer:

An Anglican Roadmap to the Cosmos | Fall 2016



Douglas Adams' highly entertaining *The Hitchhiker's Guide to the Galaxy* came out in 1983. It's a book about a book.

"It's the story of a book — not an earth book, never published on Earth...never seen or even heard by any Earthman."

A remarkable book and also a highly successful one — more popular than "The Celestial

Home Care Omnibus", better selling than "Fifty three More Things to Do in Zero Gravity," more controversial than Oolon's philosophical blockbuster: "Who is this God Person Anyway?"

In many of the more relaxed parts of the Galaxy, the "Hitchhiker's Guide" has already supplanted the great Encyclopedia Galactica as the standard repository of all

knowledge and wisdom!"

Adams' science fiction phone book remains a best seller — a hilarious, self help star chart to help you find your place in the cosmos. Now we Episcopalians are the People of the Book: Two remarkable books actually — the Bible and the Book of Common Prayer. In worship every Sunday we use both — just printed on different paper.

While scripture is always primary, it is with the Book of Common Prayer that we both proclaim our faith and stake out our place in God's universe.

So on six Sunday mornings this fall at 9:15 a.m. in the Memorial Room, you are invited to stick out your thumb and join me for the *The Hitchhiker's Guide to the Book of Common Prayer: An Anglican Roadmap to the Cosmos*. Together we'll explore the traditions, prayers, sacraments, history, spirituality, and ethics found in the pages of the BCP.

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- October 2 — *Pray Your Way through the Day: The Daily Office*
- October 9 — *We Receive You Into the Household of God: Baptism*
- October 16 — NO CLASS
- October 23 — *Unite Us to Your Son in this Sacrifice: The Holy Eucharist*
- October 30 — *The Communion of Saints: Holy Women, Holy Men*
- November 6 — *Everyday is a Holy Day: The Liturgical Year*



The sessions are designed to be interactive and hands on. Each participant will receive their very own copy of the BCP!

Explorers of all kinds are welcome — cradle Episcopalians, as well as newcomers to the faith. The class culminates with the Bishop's Visitation on Sunday, November 13.

Participants who choose may go forward for confirmation, reception, or reaffirmation.

Interested? Questions? Want to sign up? Contact [Joani](#).

Congratulations to our 2016 High School and College Graduates

High School Graduates

Emily Ajello

Edison High School
Will attend Penn State

Kelsey Anderson

Episcopal High School
Will attend Washington and Lee University

Claire Bilodeau

T.C. Williams High School
Will attend Virginia Tech

Meera Brown

South Lakes High School
Will attend Virginia Commonwealth University
School of Arts

Fred Delawie

T.C. Williams High School
Will study in Germany for a year prior to attending
The University of Maryland

Marie Gibson

John Handley High School, Winchester
Will attend Virginia Tech

Katie Kolo

Edison High School
Will attend the University of Virginia

Molly Overstreet

Hayfield High School
Will attend James Madison University

Morgan Vaughan

T.C. Williams High School
Will attend Drew University

College Graduates

Olivia Bambara

University of Virginia
Major in Art History
Minor in History

Andy Frank

University of Mary Washington
BA in Business

Sylvie Harris

University of Virginia
Masters Degree in Elementary Education
Minor in Business

Carpenter's Shelter Breakfast

Saturday, July 23 and every 4th Saturday after that



Building on our existing Wednesday night dinner ministry at Carpenter's Shelter, we are adding a new breakfast ministry!

Beginning July 23,

Emmanuel will serve breakfast the fourth Saturday of each month. The Carpenter's Shelter assists chronically homeless families and individuals by providing safe housing, job-seeking assistance and other social services to aid in their transition into independent living. Volunteers provide 100% of the meals at the shelter.

There are many ways to get involved: cooking, serving a meal, helping set up tables and chairs, and cleaning up after the breakfast service. We are particularly interested in getting young families involved in the food preparation to talk about the value of serving families in need. Please note, however, children under 18 years old are not allowed to serve at the shelter.

Interested in volunteering or have questions about what is involved? Contact [Jennifer](#) (917-971-7817).

Singing Rooster Coffee



As part of our outreach support for our friend Rev. Sonley Joseph, Haitian priest known to many at Emmanuel, we are selling coffee at \$12 per 12 ounce bag. The money we raise from this fundraiser will go to Sonley's St. Croix parish school to support the children's meal plan and future scholarships. As well, 66% (over \$3.50) of every bag sold will go directly back to the Haitian coffee farmers, and each bag sold plants a tree on a deforested mountainside — it's a WIN-WIN for all. We will be selling the coffee (Vienna, French, and decaf) **every first and last Sunday** of each month after both services. We appreciate your support for our church family in St. Croix, Haiti.

What to Do on Summer Vacation?

If you're wondering what to do with all those extra daylight hours over the summer, or how to provide meaningful experiences for your young ones while they are out of school, please consider spending some time with ALIVE!

July 16: Emmanuel will be providing the labor to ALIVE!'s furniture distribution program. We will follow ALIVE!'s drivers and moving trucks around the city picking up furniture donations and dropping them off with low-income families. Our starting point is 2723 King Street at 8:00 a.m., and we usually finish around 12:30 p.m.

Every Saturday Morning: Can't make it to Emmanuel's furniture distribution day on July 16? You can make any Saturday a great day for a low-income family in Alexandria! Each week, drivers and volunteers are needed to help deliver much needed housewares and furniture. Our starting point is 2723 King Street. 8:00 a.m. to 12:30 p.m.

Last Friday of the Month: Volunteers unload food from the ALIVE! truck at Cora Kelly Recreation Center in preparation for the Last Saturday Food Distribution. 6:30 p.m. to 8:00 p.m.

Last Saturday of the Month: Volunteers bag and distribute nonperishable food and fresh produce to low-income families at one of three locations in Alexandria: Cora Kelly Recreational Center (25 West Reed Avenue); Ladrey Senior Residence (300 Wythe Street); and Church of the Resurrection (2280 N. Beauregard). Approximately 8:30 a.m. to 12:00 p.m.

ALIVE! Empty Bowls 2016: This year's Empty Bowls event is scheduled for Saturday, November 12. ALIVE! is looking for volunteers to be a part of this fun and important fundraiser for ALIVE!'s food programs. Planning and preparation is just getting underway. Check out last year's [highlights](#) of ALIVE!'s Empty Bowls event (mid-way down the ALIVE! home page). If you are interested in volunteering, please contact [Joan Moser](#).



Bag Lunch Program — Volunteer Needed



Emmanuel is one of eight Alexandria churches that take turns providing lunch to homeless and needy folks weekdays at Meade Memorial Church in Old Town. Most of our volunteers perform one of three easy tasks — **eight**

times a year: (1) make 20 sandwiches, (2) spend about an hour at Emmanuel assembling the bag lunches, or (3) devote about an hour and a half to delivering and serving the lunches at Meade. **We currently need someone to deliver the lunches on Wednesdays**, which involves picking up the lunches at Emmanuel by 11:15 a.m., serving till about 12:15 p.m., and returning the large carry-all bags to Emmanuel. The remaining dates for 2016 are June 22, August 17, September 28, November 9, and December 28. If you might be able to take this on for the summer — or longer — contact [Karen Coda](mailto:karen.coda@alexandriachurch.org) (703-548-6726) for more information.

We are Here for You

Emmanuel Church is a community of faith which seeks to nurture and support individuals and families in every stage of life and circumstance. If you or a member or your family needs assistance with meals, transportation, prayers, cards, letters of encouragement or any other kind of support, please contact the Inreach Team by e-mailing [Nancy Dupree](mailto:nancy.dupree@alexandriachurch.org).



Hunger Free Alexandria

Hunger Free Alexandria is a cooperative effort on the part of local clergy, congregations, and nonprofit and community leaders to respond to the issue of hunger in Alexandria. The group came together after a [report](#) highlighted significant gaps in the services available to Alexandrians suffering from food hardship (irregular access to affordable and healthy meals).

Representatives from community- and church-based food programs, including ALIVE!, meet monthly to discuss the status of food-related programs in the city and how the group can help make them more effective. Because of Emmanuel's interest in feeding programs — as evidenced by the many programs we support — Vonda Delawie and Karen Coda attend those meetings and often learn of volunteer opportunities our congregation might want to get involved in.



One such opportunity is a relatively new program offered by Senior Services of Alexandria (SSA) called Groceries to Go, a grocery delivery program for anyone in the city age 60 or older who needs help getting their groceries. Volunteers pick up groceries from the participating store and deliver them to the client every other Thursday between 10:30 a.m. and 12:30 p.m. SSA hopes to get volunteers who can commit to participating for at least 6 months to provide continuity and comfort for the clients. [Here](#) is more information.



Bibliomania, A Ministry

This past month, I made a big decision to leave my job at Bishop Payne Library. It was a labor of love but it was time to go. And I have decided to make Emmanuel — my beloved spiritual home — the primary focus of my ministry.

I am a bibliomaniac. For the past seven years, I did collection development for the library at Virginia Seminary. Spending other people's money on books was delicious. Reading as many as I could was delightful. Bibliomania is one of my gifts. And now — bibliomania will be part of my ministry here at Emmanuel.

A two-pronged ministry:

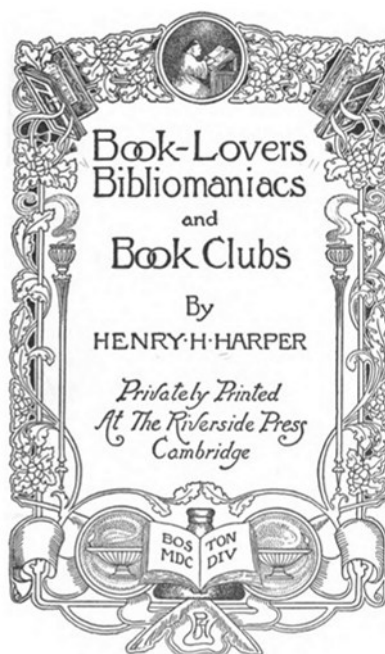
The first I call **Good Book**. Weekly I will post on Facebook an informative: provocative/inspiring/delightful book related to faith in the broadest sense of the word. It will include a link to publisher and brief excerpt. For example!

Good Book #1. [*The Bonobo and the Atheist: In Search of Humanism among the Primates*](#) (which I currently am reading)

"Veneer theory used to be the dominant biological view of human nature...genuine kindness was either absent or an evolutionary misstep. Morality was a thin veneer barely able to conceal our true nature...entirely selfish. In the past decade, Veneer Theory has succumbed to overwhelming evidence for innate empathy, altruism, and cooperation in humans and other animals."

The second is the **EEC Free Library**.

Once upon a time parish libraries were a good idea. They helped circulate good books, promoted discussion, and built community. But in the digital age, these days are long gone. Parish libraries are usually places where dated books go to die. People



often give their unwanted books to churches and though they don't want them, they expect to see them on the church's shelves. Not a good plan.

So I have revamped the parish library in the Memorial Room. I have "weeded" the current shelves of ancient and obsolete materials (there were VHS tapes there!). I will "curate" our little collection from used book sources that I have access to — keeping the shelves lean and mean and relevant. (I am not seeking donations from parishioners. We don't have space to store or collect boxes of books. If any books are donated they should be given "unrestricted" meaning they could be "recycled.")

Rather than a borrowing system there is a "reference section" of books we keep and a "free book" section. The free book section is organized and bundled together by category: scripture, spirituality, ethics, history etc. Book bundles are free for the taking. (No swapping, no returns.) I did this at VTS and books are "marketed" to move quickly. I will replenish the books along the way.

Weekly I'll highlight a few choice "book bundles" from the free library on the EEC Facebook page as well.

When does this start? Right away! On Sundays in June, come down to the Memorial Room between the services or after the 10:30 a.m. service, and I'll show you around. But feel free to check it out anytime you're at church. And feel free to help yourself to a good book anytime.

Might this spark interest for an EEC book group? Don't know! But let me know if you are interested. E-mail me with your thoughts.

Blessings!
[Joani](#)





Emmanuel Preschool Staff

Director
[Ressa Jones](#)

Office Administrator
[Dawn Doucette](#)

Financial Administrator
[Kelli Corts](#)

Teachers
Michelle Brayman
Mary Beth Conry
Amy Ernst
Christy Finn
Mary Carol Gavin
Mollee Hansen
Sarah Higgins
Anne Hubbard
Alyce McLean
Dana Mutscheller
Nancy Palmer
Deborah Rumph
Kate Schneider
Cappie Stiers
Susan Stockton
Sara Tiedemann
Mary Anne Troxell

School Hours
Monday—Friday
9:00 a.m.—12:30 p.m.

Emmanuel Episcopal Preschool
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Alexandria, VA 22301
703-683-0303 (phone)
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Preschool News

It's hard to believe that the school year has come to an end! It has been a year full of exploration and growth for our children, faculty, and for me. We wrapped up the year with our Family Art Show, which was a wonderful way for children and teachers to showcase their artwork from the year. Our 4/5s celebrated their jump into the next adventure with a Stepping Stone Leap ceremony and pizza

party on the last day of school. Although we are just wrapping up the current year, we are already looking ahead to next year. The faculty is looking forward to professional development workshops with Dr. Rene Hackney on supporting social emotional development in the classroom, as well as ongoing work with our artist-in-residence Kathryn Coneway. We also still have our summer camp during this month, which should offer lots of fun (and hopefully some sun!) to our campers. Finally, I want to take this opportunity to thank the families, teachers, Board members, Vestry, and parish for welcoming me as the director and for the support I have received throughout this year. It has been an amazing year and I look forward to the next one!

Ressa Jones, Preschool Director



More Memories from Shrine Mont 2016





- 1 [Carpenter's Shelter Dinner](#)
- 5 Sunday School and God & Donuts Teacher Appreciation and Graduate Recognition (10:30 AM)
- 6 Meals on Wheels Deliveries
- 8 Adult Spiritual Formation Team Meeting (9:00 AM)
- 8 Vestry Meeting (7:30 PM)
- 11 Jordan Casson's Ordination to Transitional Diaconate with Reception Following (10:30 AM)
- 12 Jordan Casson's Last Sunday
- 19 Father's Day
- 20-24 Bag Lunch Week
- 24 Adult Spiritual Formation Social "Black-ish" (6:00 PM)

- 4 Independence Day — Church Office Closed
- 4 Meals on Wheels Deliveries
- 6 [Carpenter's Shelter Dinner](#)
- 16 ALIVE! Furniture Distribution (8:00 AM)
- 23 Carpenter's Shelter Breakfast



- 1 Meals on Wheels Deliveries
- 3 [Carpenter's Shelter Dinner](#)
- 10 Vestry Meeting (7:30 PM)
- 15-19 Bag Lunch Week
- 27 Yard Sale (8:00 AM)
- 27 Carpenter's Shelter Breakfast



For a look at our continually-updated church calendar, click on the calendar to the left.

Save the Date for Emmanuel's Annual Yard Sale

Saturday, August 27 | 8:00 AM to 12:00 PM | Parish Hall



Mark your calendars for our annual yard sale scheduled for Saturday, August 27, from 8:00 AM to 12:00 PM. This community-wide effort combines fundraising with outreach to provide serious housecleaning, a source of inexpensive stuff to our low income families, Saturday foot-traffic in the parish hall, and lots of fun for everyone. We'd love to motivate all Emmanuel families to participate.

How can you help now? Collect your donations over the summer, but please hold them at your home until the drop-off schedule has been announced.

What will we accept? House and kitchen wares, furniture, children's books, sports equipment, toys, gardening equipment, DVD's, musical instruments, holiday decorations. Please be sure your donations are clean and properly working.

What will we not accept? TV's, adult books, liquids, flammable or edible items, clothing or shoes, VCR tapes.