EMMANUEL EPISCOPAL CHURCH

HIGH NOTES



Inside this issue:

Shrine Mont Retreat	1
A Community Celebration	2
Annual Giving	3
Vestry Highlights	3
Spiritual Formation for Children and Youth	4
Spiritual Formation for Adults	6
Fellowship	6
Seminarian Introduction	7
Outreach	8
Dictionary	10
Easter Memories	11
Preschool	12

High Notes Submissions

Articles for the *May High Notes* must be submitted to <u>Kelli</u> by Friday, April 22.

Retreat at Shrine Mont

April 29 to May 1

Please consider joining us April 29, 30 and May 1 for a relaxing and renewing weekend: activities for young children, time for conversation on the porch or around a fireplace, golf/ tennis/frisbee, hay rides,



hiking, a bonfire with s'mores, bingo, music, and worship are all part of the plan. The adult program "Playing and Praying on the Holy Mountain" will be led by Kathleen Staudt, adjunct professor at VTS. We live in simple but comfortable cottages. Meals are hearty Southern home cooking served family style. The cost is \$195 ages 19+ years old; \$100 ages 13-18; \$35 ages 4-12; free for 3 and under. To register, complete the form on page 11 of this newsletter and send into the office with payment or register on-line. Contact Joe Scott with questions and to notify him of special requests (food preferences, access needs, etc.).

Children's Program

Margaret Wohler (naturalist/illustrator at Huntley Meadows Park) will lead kids in a morning class on Nature Journaling: how to draw God's natural world and learn to really see and appreciate God's creation. We'll take a hike and have a little instruction



on basic drawing before settling down to sketch. Every participant gets a field art kit to keep. Later, we'll take a hike to the cross to look for fossils; there are lots of very old and extinct mollusks on the mountain! We will be talking about, and handling, fossils prior to the hike; come see how Virginia has changed in 350 million years! Please prepare to spend the day outdoors, wear appropriate footwear, and bring a jacket and a bottle of water.

(Continued on page 2)

Page 2 High Notes

Our 10 -Year Vision for Emmanuel

Emmanuel Episcopal Church is a thriving, engaged and creative parish working to educate and meet the needs of children, youth and adults; live and demonstrate our Christian values; and create a more humane and just world through community service and outreach.

Diocesan Bishops

The Rt. Rev. Shannon Johnston The Rt. Rev. Susan Goff The Rt. Rev. Ted Gulick

Emmanuel Church Staff

Rector

The Rev. Charles C. McCoart, Jr.

Priest Associate

The Rev. Joani Peacock

Seminarians

Gethin Wied Jordan Casson

Director of Spiritual Formation for Children and Youth

Toni Buranen

Organist/Choir Director Ryan Fitch

Parish Administrator Kelli Corts

Administrative Assistant / Receptionist Karen O'Hern

Nursery Caregivers

Lillian Urrea Natalie De Leon Santizo Sara Guzman

Sunday Services

8:00 a.m. and 10:30 a.m.

Church Office Hours

Monday—Thursday 10:00 a.m.—2:00 p.m.

Emmanuel Episcopal Church

1608 Russell Road
Alexandria, VA 22301
703-683-0798 (phone)
703-683-6158 (fax)
office@emmanuelonhigh.org
www.emmanuelonhigh.org

(Continued from page 1)

Adult Program

Last October at
Emmanuel, Kathy Staudt
led a workshop on
Christian meditation. The
folks who participated
came away refreshed,
renewed and wanting
more. Kathy is an adjunct
professor at VTS, a
spiritual director, and
experienced retreat leader.
Her expertise is in Christian
spirituality, prayer, and



poetry. I am very happy to tell you that Kathy will be the leader of the adult program at our Shrine Mont Retreat.

The theme is **Playing and Praying on the Holy Mountain.** Together we will explore and get to practice a variety of prayerful traditions — both contemplative and interactive. Taking advantage of God's beautiful creation, we'll pray in nature with all our senses. We'll practice *lectio divina*, the holy reading of scripture, using our imaginations. We'll pray with the poets including Mary Oliver. We'll pray with beads, do walking meditations, and have a chance to experience the beautiful outdoor labyrinth at Shrine Mont (pictured above).

Friday evening after supper we will welcome Kathy and she will give us a brief introduction to Saturday's program. Kathy has *never* been to Shrine Mont! Let's give our leader an extra special welcome to this beautiful place Emmanuel knows so well.

A joyful time will be had by all. Please join in as the spirit so moves! If you have any questions, just <u>Joani Peacock</u>.

A Community Celebration



Recently, Doug Wheeler was honored by the Washington Performing Arts Society for his contributions to the metro DC arts scene. Take a minute to watch a star-studded <u>video</u> of his distinguished career.

If you know of anyone in our Emmanuel family who receives a significant award or honor, let us know so we can celebrate too.

Congratulations, Doug, from all of us!

Page 3 High Notes

2016 Emmanuel Annual Giving Campaign — It's a Wrap!

(But there's still time to join the party before next year's campaign in October)

Last fall, Emmanuel conducted its Annual Giving Campaign for 2016 whereby members of the congregation submitted a 'pledge' to God and church of the monetary amount they plan to give to Emmanuel during this calendar year. That effort, much like the previous two campaigns, moved us into new territory — totaling 136 pledges (23 of those being first-time pledgers) for a sum of \$387,831.

When Emmanuel's Finance Team and later the Vestry ratified in December the operating budget for EEC in 2016, we used an annual giving figure of \$387,500 so we should be in good shape financially if everyone fulfills their pledges and we avoid unforeseen expenses later in the year. However, if you're new to Emmanuel and have yet to pledge for 2016, it's not too late to fill out a pledge card (found at the back of the church) and place it in the Offertory bags on Sunday.

We and the Vestry are extremely thankful and blessed by the level of support (in time, talent and treasure) that the congregation provides to Emmanuel each year. Thank you for your service and support, and we look forward to an exciting, successful and rewarding 2016.

> The Emmanuel Annual Giving Team Jane Kolson, Joe Dresen, Vonda Delawie, Doug Wheeler, Adam Schildge and Bob Carragher

Vestry Highlights

At its regular meeting on March 9, the Vestry:

- Heard the report of the Logo Design Committee and after choosing the final design, empowered the Committee to complete the process and to make plans for its presentation to the congregation.
- Determined that the new air handler will be paid for by a generous donation from a parishioner and the annual budget, and that the contract can go forward immediately.
- Accepted Joe Dresen's offer to be our delegate to the January 2017 Annual Diocesan Council meeting in Reston. Barbie Frank will continue as alternate.
- Heard a status report on the time-line for the draft Strategic Plan which, after input from Ministry Team leaders and Vestry liaisons, will be completed by the June Vestry meeting.

Meredith Wade. Clerk

2016 Vestry

Bob Carragher (Senior Warden) Adam Schildge (Junior Warden) Patrick Adams Lola Beggs <u>Leo Cruz</u> · <u>Joe Dresen</u> Katie Kelly Bryan Moore Joe Scott Doug Wheeler Margaret Wohler Chris Yianilos Gene Lange (Treasurer) Meredith Wade (Clerk)

Contacts for Ministry Teams

Communications: Leo Cruz

Fellowship: Lola Beggs, Chris Yianilos Coffee Hour Baristas: Adam Schildge Craft & Sewing Group: Gudrun Callahan Inreach: Nancy Dupree

Newcomers Welcome: Lola Beggs Prime Timers: Jim Bradley Shrine Mont Parish Retreat: Joe Scott Twenties & Thirties: Leo Cruz, Jennifer Jones

Preschool: Adam Schildge

Service: Katie Kelly, Bryan Moore

ALIVE!: Laura Macone; Sarah Orndorff Bag Lunch Program: Karen Coda Carpenter's Shelter: Marco Dkane Community Lodgings: Barbara Harslem Free School Physical Program: Bonnie Lilley Giving Tree: Rachel Kliewer

Haiti: John Maass Haiti Coffee Sales: Kim Scott Meals on Wheels: Katie Kelly Tutoring Consortium: Kelly Dresen United Thank Offering: Bonnie Fairbank

Stewardship: Joe Dresen, Joe Scott, Doug Wheeler

Annual Giving Campaign: Bob Carragher Building and Grounds: Dwayne Piepenburg

Finance: Stewart Bartley Foundation: Jane Kolson Yard Sale: Tom and Taylor Craig

Teaching: Pat Adams, Meredith Wade, Margaret Wohler

Adult Spiritual Formation: Beth Boland Sunday School: Toni Buranen Youth: Toni Buranen

Worship: Bob Carragher, Chuck McCoart

Acolytes: Dave Buckman Altar Guild: Christina Bartley Counters: Jim Bradley

Music (Adult and Youth Choirs): Ryan Fitch Music (Guitar Circle): Stewart Bartley

Readers (8:00): Suji Kelly

Readers and Chalice (10:30): Jerry Boykin

Ushers: Bob Callahan Worship: Nancy Dupree Page 4 High Notes

From the Office of Spiritual Formation for Children and Youth

"Beauty is God's handwriting. Welcome it in every fair flower, and thank God for it as a cup of blessing."

— Ralph Waldo Emerson

I hope you are feeling blessed by all the spring green and blossoms that make this time of year so beautiful!

We have an important ministry to the children in this community and are so grateful to the folks who help to nurture them along the way on their faith journeys. Given that, we are already making plans for next year's faith formation programs for our children and youth. We have 4 to 6 openings for teachers in Sunday school and would like to ask you to prayerfully discern becoming a Sunday school teacher. The teachers are awesome and the schedule is very flexible. Plus, no experience is necessary!

Because we have a team of teachers for each class, volunteers generally teach once or twice a month. Parents who have children in Sunday school often make great candidates for this type of ministry and we would especially like to encourage dads to volunteer. But you do not need to have young children to be a Sunday school teacher. If you are feeling drawn to be a Sunday school teacher, please reach out to me and we can chat.

Thank you for considering the possibility of being an official part of faith formation here at Emmanuel. I wish you all God's blessings in this Easter season. May the risen Christ be a source of hope and joy in every moment.

With gratitude, Toni



Coming Up

Family Pizza and Movie Night — Friday, April 8, 6:00 PM to 8:00 PM

We welcome families with children up to age 18 to join us for an evening of fellowship in front of the "big" screen. ("Princess Bride" or "Inside Out" anyone? Feel free to



make a suggestion!) We'll order pizza, make a big salad for the grown-ups (with an alternative of carrots and grapes for kids who may not want salad), and eat ice cream sandwiches for dessert. Children's AND adult beverages will be provided. Donations welcome, but not expected! RSVP by April 4.

First Communion for 2nd and 3rd Graders

In the Episcopal Church, everyone is welcome to receive communion at any time regardless of age. However, if you are interested in having your child have a formal First Communion experience, please let us know. The second and third grade Sunday school class does preparation in the context of the Sunday school curriculum. First Communion is scheduled for Mother's Day, Sunday, May 8. Email <u>Toni</u> with questions and interest.

Confirmation for Rising 9th and 10th Graders

If your current 8th or 9th grader (rising 9th or 10th grader) is interested in being confirmed, we are offering an opportunity for sacramental preparation in the context of community! Beginning this Spring and

(Continued on page 5)

(Continued from page 4)

ending with Confirmation in November, youth who would like to be confirmed are invited to gather together for opportunities for faith formation, which include retreats, education, service and fun! The schedule includes:

- Attending a PYM retreat (in the Spring or Fall depending upon your availability and/or your age)
- Giving 10 hours of service to people in need in the greater DC community
- Attending 3 to 4 sessions of Confirmation Preparation classes — fun and educational!
- Social activities

If your high school student has already been confirmed, but this sounds like fun, s/he would also be welcome to join in the activities. We will work with families to set the schedule and ask that a sincere effort be made to participate fully in the program. We know it will be worthwhile as it nurtures our youth community and strengthens your child on his/her faith journey. Please feel free to reach out to <u>Janie</u> <u>Piemonte</u> or <u>Toni Buranen</u> with any questions.

Heads Up, Youth of Emmanuel!

Here are dates you want to know for Diocesan events you might not want to miss:

- April 15-17: Current 6th & 7th Graders Weekend @ Shrine Mont
- May 13-15: Current 8th Graders Weekend @ Shrine Mont
- July 17-23: Summer Mission Trip to Philadelphia, PA for all current high schoolers

Full details on these events AND summer camps at Shrine Mont are available here (note tabs at top of page).

The IRA Rollover is Back ... This Time for Good!

For those aged 70 ½ or older, it is once again possible to make tax-favored charitable gifts from traditional and Roth IRA accounts. On December 18 Congress passed, and President Obama signed, legislation that retroactively extends the charitable IRA rollover to 2015 and makes this provision permanent for future years. A total of \$100,000 may be transferred directly from traditional or Roth IRAs each year to one or more qualified charities, including Emmanuel Church and Emmanuel Church Foundation, free from federal income taxes. Contributions given in this way count toward the donor's required IRA minimum withdrawal amount for the year of the gift. However, they do not entitle the donor to a charitable income tax deduction.

To make such a gift, it is important that you have the donated assets distributed <u>directly</u> from your IRA to Emmanuel. For those with check-writing privileges on their accounts, this may be the most efficient way to make a gift directly from your IRA to Emmanuel.

If you are interested in making a gift of IRA assets to Emmanuel Church or the Emmanuel Church Foundation, please contact your IRA administrator for instructions on making a charitable transfer or, as noted above, simply write a check to Emmanuel from your IRA account.

Should you have any questions about this giving opportunity, feel free to contact <u>Jane Kolson</u> at 202-994-9523.

Please consider including Emmanuel Church or Foundation in your will or living trust. For more information, contact Jane Kolson. Page 6 High Notes

Any Revolution is About Change

Last month, parishioner Jennifer Jones was a key presenter at the 10th Annual UMBC Arts Integration Conference. The theme of the conference was building community through the arts — something near and dear to Jennifer's heart. She presented a workshop titled Remembering the March on Washington: How to Turn Oral Histories into Digital Storytelling for the Modern Classroom. For the workshop Jennifer created a digital story inspired by a first person account of the 1963 March on Washington by a 17-year-old girl named Fatima. Not only is the story inspiring but it shows students how they can create their own stories in their own voice. What Jennifer learned most through this creative process was that the most important thing you can say to any young person is "I see you. I hear you. You matter." Check out <u>Jennifer's digital story</u>. Thanks, Jennifer, for teaching us all.

Words that Move

Saturday, April 16 | 7:00 PM Ballet Nova in Arlington

Joani Peacock will be making a guest artsy appearance in *Words that Move*, the Choreographers Collaboration Project spring concert. NO, she will not be dancing! She'll be performing Story District style, sharing a story called "Chatty Cathy", a true and humorous tale about not getting a word in edgewise. The concert includes modern dance, poetry, and music. A great concert for all ages! Tickets available at the door.



Zealot

Do you like political intrigue, revolutionary plotting, and assassinations? Then you might be interested in reading the book *Zealot* by Reza Aslan. This fall, several of us are planning to discuss this book which describes the political climate surrounding Jesus' life and death. If you are interested in joining us, please contact <u>Beth Boland</u> by April 20. Details to follow.

TnT Brunch

Sunday, April 10 | 12:00 Noon

Following the 10:30 a.m. service on Sunday, April 10, please join your fellow TnTers and their families for a group brunch at Los Tios in Del Ray (2615 Mt. Vernon Avenue). Look for



Jennifer or Leo after the 10:30 a.m. service or just meet us there at noon. Contact <u>Jennifer</u> (917-971-7817) with any questions.

Dining Out at Goodwin House

Wednesday, April 27 | 5:45 PM

The next dinner with members and friends of Emmanuel who live at Goodwin House Alexandria is set for Wednesday, April 27. The evening begins with a social hour at 5:45 p.m., followed by dinner. Guests who don't live at Goodwin House are asked to pay a modest amount (under \$20) for their dinner. The event is open to anyone who would like to come to enjoy the festive atmosphere and wonderful company. Jim Bradley coordinates the event and is happy to answer any questions. Contact Karen (703-683-0798) in the church office to make your reservation.

Introducing You to Our Next Field Education Seminarian

It is with heartfelt joy and a spirit of great thanksgiving that I greet all of the brothers and sisters in Christ at EEC! Like Gethin Wied and Jordan Casson who presently serve as your seminarians, I am currently in the formation process for ordination into the Episcopal Priesthood at Virginia Theological Seminary. When Jordan finishes his Field Education ministry at the end of this academic year, I will formally begin serving as your seminarian. I am eager to get to know each of you, and I am extremely excited about the future movements of the Holy Spirit that will undoubtedly direct our journey together! I am a Postulant for Holy Orders from the Diocese of Southeast Florida, where I previously served at St. Mark's Episcopal Church and School in Fort Lauderdale as the Director of Contemporary Music & Youth Ministries, and as a Religion Instructor. I moved to Alexandria to attend VTS last summer with my wife Katrina and our two

little boys Ricky and Christian, and I am currently in the home stretch of my Junior (first) year of the M.Div program.

I hold a Bachelor's Degree in Legal Studies and a Master's Degree in Religious Studies, and worked for five years as an adjunct instructor in the Department of Religious Studies at Florida International University from 2000-2004. I left academics to embark on a career in music that took me all over the world and led to the release of five CDs. For nearly a decade, I earned a living as a professional singer/songwriter/guitarist and I produced and released original songs that catalogued my spiritual journey as the recording artist *Mr. the Invisible*.

Five years ago, while standing on the banks of the Jordan River; I turned to my wife and shared with her that I felt like something was stirring in my spirit and that I was being called to ordained ministry. With a thriving career in music, I wasn't sure what that

feeling really even meant in concrete terms. But, when our first son Ricky was born in March of the following year, the incomprehensible gift of grace that he represented to me, brought me into a sacred understanding of what my life's mission was truly about. Through a long and active period of listening to the whispers of the Holy Spirit, I discerned a call with the loving guidance of our Church, and a path was illuminated that brought our family here. I heartfully and humbly aspire to play a role in helping to manifest the loving goodness of God's Kingdom in the people and places that I am blessed to serve. It is in this Spirit that I come to you...prayerfully offering up my talents and openly embracing your fellowship and your friendship. Prior to beginning Field Education at Emmanuel, please plan to see me and my wife and our sons in the pews and during coffee hour, where we would love to get to know you. As a family, we're genuinely looking

forward to building a relationship and ministry alongside all of you.

Yours In Christ, Rick Bauer



Spring Work Day

April 23 | 8:00 AM to 11:00 AM

Spring has arrived and it is now time for our Spring Work Day scheduled for April 23. Last year we had an excellent turnout with many projects accomplished at both the Spring and Fall Work Days.

For everyone who is interested, here is a general list of projects currently identified for this years Spring Work Day: some door handles stick and need repair, areas of inside walls need cleaning and painting, some bushes need replacement, and outside areas of the church, including the retaining wall along Russell road, need pressure washing and in some cases painting.



The final list of projects will be displayed on a poster in the Parish Hall starting the first Sunday in April. Please note that all materials and equipment needed to complete the projects will be provided for the Work Day.

I look forward to working with each of you this year.

Sincerely, <u>Dwayne Piepenburg</u>

A Plea for Support

In the summer of 2000, my husband Mike was diagnosed with brain cancer. The prognosis was grim: average life expectancy for his type of tumor — a glioblastoma — was 50 weeks. But he made it through surgery and radiation, and we got back to "normal" as best we could. Mike was a runner, and early on he found a local event, the Race for Hope, dedicated to raising funds for brain cancer research.

In February of 2004, Mike's tumor returned and, that time, was inoperable. Mike's coworkers

formed a Race for Hope team in his honor, calling it Mike Coda's Little Tigers, after the Princeton High School teams Mike had played on growing up. And every year since then the team has gathered for the race in memory of Mike and to support the search for a cure.

Mike died in October 2004. Two months later, Chris Makris was diagnosed with the same disease. Miraculously, Chris survived and thrived! She has been an inspiration to me. But now, 11 years after her diagnosis, Chris's tumor has returned and, this time, is inoperable. Chris, too, has a team in the Race for Hope: Chris's Cronies.

The 2016 Race for Hope is Sunday, May 1. That's Shrine Mont Weekend. But if you'll be in town, please consider joining <u>Chris's Cronies</u>, or the <u>Little Tigers</u>. Whether you're in town or not, both teams would greatly appreciate your support.

Karen Coda

curebraintumors.org

Singing Rooster Coffee

As part of our outreach support for our friend Rev. Sonley Joseph, the Haitian priest known to many at Emmanuel, we are selling coffee at \$12 per 12 ounce bag. The money we raise from this fundraiser will go to Sonley's St. Croix parish school to support the children's meal plan and future scholarships. As well, 66% (over \$3.50) of every bag sold



will go directly back to the Haitian coffee farmers, and each bag sold plants a tree on a deforested mountainside — it's a WIN-WIN for all. We will be selling the coffee (Vienna, French, and decaf) **every first and last Sunday** of each month after both services. We appreciate your support for our church family in St. Croix, Haiti. Mesi

ALIVE!

In addition to the furniture distribution and food bank, ALIVE! also runs a Child Development Center (CDC). The CDC is a full-day preschool serving children of low-income working parents. In addition to a comprehensive scholastic curriculum, the CDC provides its students with the following: a daily nutritious breakfast, lunch, and afternoon snack; two periods of large motor activity daily; and yearly vision, health, and dental screenings. The CDC is one of the 8% of preschool programs nationwide to be accredited by the National Association for Education of Young Children (NAEYC) — the mark of quality for early childhood education programs. The CDC is the only NAEYC-accredited, full-day, yearround preschool in Alexandria that offers a sliding scale fee for tuition. For more information on the CDC, click here.

You can contribute to this terrific organization developing the next generation of Alexandrians by supporting the CDC's upcoming Walk-A-Thon on Sunday, May 1. The walk begins and ends at First Christian Church, 2723 King Street, Alexandria, and includes either a 5k or 5-mile stroll through Old Town Alexandria, a tee shirt, a post-walk picnic, and live entertainment. On-site registration and tee shirt distribution start at 1:15 PM, and the walk starts at 2:00 PM. (Even if you are going to Shrine Mont this weekend, it is possible to return in time for the Walk-A-Thon if you leave after church.) For more information on the Walk-A-Thon, please click here.

Here are three ways you can support the CDC's Walk-A-Thon on Sunday, May 1:

- Walk! Register for the walk-a-thon <u>here</u>.

 Registration is \$25 for ages 19-70 and \$10 for ages 12-18.
- Virtually walk! If you don't want to miss Shrine Mont's famous fried chicken lunch on Sunday or are otherwise unable to join in person, consider being a virtual walker. Just sign up using the same registration link as above and indicate that you are a virtual walker (unable to participate in person) in the comment section of the registration form.
- Sponsor! Individuals and companies can sponsor the Walk-A-Thon at five different levels, starting at \$250. Copies of the sponsorship form are available in the back of the church or by emailing <u>Sarah Orndorff</u>. Please return your sponsorship form to ALIVE! by April 15 and let everyone know you and your business support the CDC!

Reduced government funding for tuition at the CDC has made providing reduced tuition to students in need even more difficult. This fundraiser is essential to meeting the budgetary needs of the CDC and keeping its classrooms open. Please consider contributing as you are able.





Father Sonley Joseph, who's work in Haiti, is sponsored by Emmanuel. Visit <u>Facebook</u> to see more photos.

Page 10 High Notes

A User-Friendly Episcopal Dictionary

This month, a particular event informed my choice of words. Recently, Chuck was appointed by Bishop Johnston to the position of Dean of Region 4. Read on to learn the meaning of 'Region' and 'Dean.'

The Diocese is divided into Regions comprised of any number of parishes, usually in a given geographic area. Ours, Region 4, is comprised of all the Episcopal churches in the City of Alexandria (Grace, Meade Memorial, Immanuel-on-the-Hill, Church of the Resurrection, Church of St. Clement, St. Paul's, Christ Church, and Emmanuel). The rectors of those parishes comprise what is known as a 'clericus' and it meets periodically.

Here's what Amy Williams, assistant to Bishop Shannon Johnston shared with Chuck about this new role:

You do get a fancy new title: The Very Rev. Chuck McCoart. Use it liberally. Or not at all. We'll refer to you that way in correspondence and others may as well.

Deans serve for one year terms and are automatically renewed for up to 4 terms, so this is a 4-year gig.

However, you may ask the bishop at any time to appoint a new Dean for your region; this appointment is meant to be mutually beneficial. Many stay on for 4 years, but a few others think 3 is enough. If you accept a call outside of your region, you would automatically step down as Dean.

Each region is different, but the role of the Dean is primarily to support the Bishop in the region by attending Dean's meetings to offer counsel and assisting the bishop with official functions in the region as needed (for instance you can deconsecrate a building on the bishop's behalf, or represent the diocese at some other function). The Dean also serves as a communication conduit between the clergy of the region and the bishop, so many regions have an active clericus, meeting regularly, for their own support in ministry but also as a vehicle to transmit important information to and fro.

We already know that Chuck is 'very' a lot of things: thoughtful, considerate, funny, conscientious, spiritual, musical, open, loving, helpful. So his new role and its title fits him perfectly, doesn't it?

Meredith Wade Clerk of the Vestry



Maundy Thursday





Easter Sunday

























Page 12 High Notes



Emmanuel Preschool Staff

Director Ressa Jones

Office Administrator

<u>Dawn Doucette</u>

Financial Administrator Kelli Corts

Teachers

Michelle Brayman Mary Beth Conry Amy Ernst Christy Finn Mary Carol Gavin Mollee Hansen Sarah Higgins Anne Hubbard Alyce McLean Dana Mutscheller Nancy Palmer Deborah Rumph Kate Schneider Cappie Stiers Susan Stockton Sara Tiedemann Mary Anne Troxell

School Hours

Monday—Friday 9:00 a.m.—12:30 p.m.

Emmanuel Episcopal Preschool

1608 Russell Road
Alexandria, VA 22301
703-683-0303 (phone)
703-683-6158 (fax)
preschooladministrator@epsonhigh.org
www.emmanuelonhigh.org

Preschool News

On April 15 at 6:30 p.m. the Preschool will host its Spring Gala Auction and Fundraiser. The Auction Committee has been working hard to bring the theme *An Evening in Paris* to life with many wonderful auction items, including a raffle for two tickets to Paris (or anywhere else you'd like to go). Food and drink will be served. We look forward to the opportunity for parents, grandparents, and other guests to talk and mingle and build our wonderful EPS community. The Auction Committee and Preschool are always grateful for donations, so please consider if you have an item or service to donate. Maybe you own a vacation home or have tickets to a sporting event? Maybe you'd love to put together a "bid-ready" basket with a fun theme? If you are interested in making a donation, please contact our donation chairs, Michelle Williamson and Jennifer Desiderio. I am looking forward to this fun night and appreciate all the support of our wonderful preschool!

Ressa Jones Preschool Director

Orange Three's Class

Walk by the Orange 3's classroom and hear the sounds of happy children, see the glow of fresh paint and smell the sweet aroma of Spring soil.

Spring is upon us and the children will be playing (or working) hard. In April the Orange 3"s will talk about what plants need to grow. Each student will be planting seeds and charting their growth. We



will be building with blocks and ramps and discussing what we want to create and how best to reach that goal. Trial and error will undoubtedly come into play and what fun it is to see what our friends come up with!

We Orange 3'swill be showing off our inner Monet's by color mixing and painting our individual watercolors to help decorate for the Emmanuel Preschool fundraiser on April 15. After our masterpieces are finished, we will start work for the May Art Show.

Anne Hubbard and Mary Anne Troxell

Shrine Mont Retreat 2016

Shrine Mont is a place where friends, fellowship, prayer & reflection, rest & recreation are more important than meetings and schedules. It's a place where people may appreciate and enjoy creation — from the beauty of the streams, flowers and wildlife, which are at home here, to the people who come to this place to celebrate being part of God's family.

		# attending	
Adults	\$195		Price Includes: lodging, breakfast, lunch, dinner, Shine Mont
Teens (13-18)	\$100		activities
Children (4-12)	\$35		
Children (o-3)	\$0		
Total			

^{**} Respond and Pay by APRIL 10 to lock in your reservation** Joseph Scott

Names of Adults:								
	Names & A	& Ages of Teens & Children:						
Phone #				Email				
	Shrine Mont Activity you would like to volunteer to help out with:							
Paid (Y/N)		Amount:	Please m	ake checks payable to Emmanuel Episcopal Church				





Page 14 High Notes



- 1-3 Shrine Mont Work Weekend
- 4 Meals on Wheels Deliveries
- 6 <u>Carpenter's Shelter Dinner</u>
- 8 Family Night (6:00 PM)
- 10 TnT Brunch (12:00 PM)
- 13 Vestry Meeting (7:30 PM)
- 15 Preschool Spring Fundraiser
- 15-17 Diocesan 6th & 7th Grade Weekend @ Shrine
 - Mont
- SpeakEasy Event (5:00 PM)
- 23 Spring Work Day (8:00 AM)
- 27 Goodwin House Dinner (5:45 PM)
- 29-1 Parish Retreat @ Shrine Mont



For a look at our continuallyupdated church calendar, click on the calendar to the left.



- 1 ALIVE! Walk-A-Thon (1:15 PM)
- 2 Meals on Wheels Deliveries
- 2-6 Bag Lunch Week
- 4 <u>Carpenter's Shelter Dinner</u>
- 11 Vestry Meeting (7:30 PM)
- 13-15 Diocesan 8th Grade Weekend @ Shrine Mont
- 21 Story District
- 22 Music Ministry Picnic
- 30 Memorial Day Church Office Closed



- 1 Carpenter's Shelter Dinner
- 6 Meals on Wheels Deliveries
- 8 Vestry Meeting (7:30 PM)
- 19 Father's Day
- 20-24 Bag Lunch Week
- Adult Spiritual Formation Social "Blackish" (6:00 PM)



PrimeTimers enjoying St. Patrick's Day.