

EMMANUEL EPISCOPAL CHURCH

HIGH NOTES



Inside this issue:

Why We Chose Emmanuel	2
Vestry and Team Contacts	3
Spiritual Formation for Children and Youth	4
Emmanuel Youth News	5
A Note from Our Senior and Junior Wardens	5
Welcome Jordan Casson	6
Music Ministry	7
Spiritual Formation for Adults	10
Outreach	10
Fellowship	13
Preschool	14
Oktoberfest	15
Calendar	16

High Notes Submissions

Articles for the November *High Notes* must be submitted to [Kelli](#) by Friday, October 23.

A Backpack Full of Appreciation

For the last several years, Barbara Harslem has enthusiastically coordinated the annual collection for backpacks and school supplies for the students served by Community Lodgings, Inc. Her spouse, George Tuttle, has served on the Board since its inception in 1987. Located in the Arlandria neighborhood, only a mile or so north of Emmanuel, CLI's mission is to lift families from homelessness and instability to independence and self-sufficiency through Transitional Housing, Affordable Housing and Youth Education Programs. We are grateful for Barbara and George's faithful leadership over many years, building a solid bond between Emmanuel and our neighbors. Thank you!

Emmanuel Episcopal Church Helps 120 Community Lodgings Students

One hundred and twenty low-income and transitional Arlandria students are starting their school year fully equipped and ready to learn, thanks to the generosity of the Emmanuel Episcopal Church congregation.

Outfitting a child for school can put a dent in any family's budget. According to a recent post on [Today.com](#), the average parent will spend \$100 on school supplies this year for each student in grades kindergarten-12. This is a 12 percent increase from last year, and there is no indication that the costs will decrease.

For the families served by Community Lodgings, the \$300 (minimum) back-to-school supplies expense for a family with three children can be out of reach. While the area median income in Alexandria is \$109,200, according to the latest HUD statistics, the families occupying Community Lodgings' 44 transitional and affordable housing apartments earn an average of \$25,000 annually — only 23% of the median.

"We are thrilled to have this partnership with Emmanuel Episcopal Church," said Lynn Thomas, executive director of Community Lodgings. "Their concern for our students' academic success in school is overwhelming. It's how communities should be. Every year they open their hearts and make sure our kids are one hundred percent ready to start school equipped with all of their school supplies."

Emmanuel Episcopal Church's spirit of service extends beyond backpacks. Their generosity has allowed Community Lodgings to ensure their after-school program is



(Continued on page 2)

Our 10-Year Vision for Emmanuel

Emmanuel Episcopal Church is a thriving, engaged and creative parish working to educate and meet the needs of children, youth and adults; live and demonstrate our Christian values; and create a more humane and just world through community service and outreach.

Diocesan Bishops

The Rt. Rev. Shannon Johnston
The Rt. Rev. Susan Goff
The Rt. Rev. Ted Gulick

Emmanuel Church Staff

Rector

[The Rev. Charles C. McCoart, Jr.](#)

Priest Associate

[The Rev. Joani Peacock](#)

Seminarian

[Gethin Wied](#)
[Jordan Casson](#)

Director of Spiritual Formation for Children and Youth

[Toni Buranen](#)

Organist/Choir Director

[Ryan Fitch](#)

Parish Administrator

[Kelli Corts](#)

Administrative Assistant / Receptionist

[Karen O'Hern](#)

Nursery Caregivers

Lilian Urrea
Rosa Alarcón

Sunday Services

8:00 a.m. and 10:30 a.m.

Church Office Hours

Monday—Thursday
10:00 a.m.—2:00 p.m.

Emmanuel Episcopal Church

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Alexandria, VA 22301
703-683-0798 (phone)
703-683-6158 (fax)
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www.emmanuelonhigh.org

(Continued from page 1)

fully equipped with everything the students, staff and volunteer tutors and mentors need to reinforce what the student learned in school and to keep them stimulated, excited and motivated to learn.

Melanie Ficke, Community Lodgings' director of programs, added, "It was so much fun giving backpacks out for students in the area. Knowing they are on the right path to start the school year successfully is vital for our team and was made possible by the gracious donation from Emmanuel Episcopal. On behalf of the students, families, the Arlandria Community and the Community Lodgings team, thank you!"



Why We Chose Emmanuel

By Chris and Torra Yianilos

We are so thankful every day to have Emmanuel, Father Chuck, and each of you in our life. We joined as members of Emmanuel more than two years ago for one basic reason: it was meant to be. Simply put, there are no coincidences in life.



In 1969, the Yianilos family moved from Buffalo, New York to Springfield, Virginia. Our family (members of the Greek Orthodox Church) moved directly across the street from Charlie and Barbara McCoart and their very large Catholic family with seven kids. Who would have thought then that nearly fifty years later — in a national capital region that has more than 6 million people — that Chuck and I would be living in Alexandria worshipping together at one of our neighborhood Episcopal churches.

While Chuck and his siblings are closer in age to my own siblings, the McCoart family was a strong presence in my life from the outset. Some of those memories include: neighborhood soccer games in the street; watching Chuck's brother Kevin jump out of a top story window in his house into the deep snow in a blizzard in the late '70s; Colonel and Brock McCoart (two of Chuck's previous German Shepherds) always sitting regally in the McCoart front yard; seeing the smile on Charlie McCoart's face during one of the high school parties I had when my Mom was out of town and wondering if I would be told on; and my mother repeatedly telling me and my siblings — why can't you all be more like the McCoart kids?

But beyond fun neighborhood memories, Chuck has seemingly been a source for compassion and spiritual growth in my life from a young age. It probably all started for me after my Dad died when I was 10 years old. Chuck started to

(Continued on page 3)

(Continued from page 2)

regularly check in on my mother, who was understandably devastated. Chuck would help around the house and yard but most importantly, he would sit down with her and patiently listen to her. To this day, my mother has not forgotten the time that Chuck spent with her, and even today he remains a special person to her.

My own deeper connection with Chuck started to develop in college, as I also started to seek deeper spiritual meaning in my life. After I learned that Chuck was in the area, we connected and regularly started to have meals together. Again, he would listen, not judge, and show compassion and understanding. It quickly became obvious to me that Chuck was unlike any other priest I had ever been around.

After Torra and I met in 2001, I introduced her to Chuck. Like me, she was drawn to his sincerity, his aura, his loving manner, compassion and his really relevant sermons to everyday life. Torra and Chuck found an instant bond. His message is one of inclusion and love, which is how we see God. Meanwhile, Torra and I started to look for churches to call our own. For one reason or another, we just never seemed to find a connection. So, we would sometimes make the trek down to Mount Vernon to see Chuck at Good Shepherd, but joining the Catholic Church did not feel like the right fit for us. So, we continued to search.

Over the next several years, Torra and I got married. Chuck was there to help marry us. We had children (Anthony and Ellie), and Chuck was there. Like all families, we have experienced good times and tough challenges. Chuck has been there with us every step of the way with love and spiritual guidance.

After Chuck told us he was leaving the Catholic Church and joining the Episcopal Church, we prayed that he would find a church home close to us in the neighborhood. Of course, he ultimately landed at Emmanuel. Interestingly, a few years before we had tried to become part of the Emmanuel preschool family but were not lucky enough to have won the preschool lottery. Nevertheless, when Chuck told us he was coming to Emmanuel, we felt like we had won the spiritual lottery.

So why are we at Emmanuel? Because it seems like God has cleared a path for us to walk on and has given us everything we ever wanted in this parish community. We have an amazing pastor. We feel like we are part of a growing spiritual community where inclusion, compassion and young children are welcome and appreciated. It is important for us to have a community where there is a strong component of children's spiritual education as well as a recognition that children in church can, well... act like children sometimes. I also love the fact that Joani is so vocal in support of people with mental illness. What important work that so few people are really talking about. And, finally, we love that there are so many families with young children and a sense of vibrancy in our parish community.

Torra, the kids and I look forward to continuing to grow in this community with each of you. We are so blessed for this amazing opportunity and are so interested in seeing why God has brought us all together.

There are no coincidences in life.

2015 Vestry

[Bob Carragher](#) (Senior Warden)
[Michelle Vaughan](#) (Junior Warden)
[Patrick Adams](#) · [Lola Beggs](#)
[Leo Cruz](#) · [Katie Kelly](#)
[Bryan Moore](#) · [Adam Schildge](#)
[Joe Scott](#) · [Meredith Wade](#)
[Doug Wheeler](#)
[Gene Lange](#) (Treasurer)
[Vonda Delawie](#) (Clerk)

Contacts for Ministry Teams

Fellowship : [Lola Beggs](#), [Leo Cruz](#), [Bryan Moore](#)

Coffee Hour Baristas: [Adam Schildge](#)
 Craft & Sewing Group: [Gudrun Callahan](#)
 Inreach: [Nancy Dupree](#)
 Newcomers Welcome: [Lola Beggs](#)
 PrimeTimers: [Jim Bradley](#)
 Shrine Mont Parish Retreat: [Joe Scott](#)
 Twenties & Thirties: [Leo Cruz](#), [Jennifer Jones](#)

Service: [Katie Kelly](#), [Joe Scott](#)

ALIVE!: [Laura Macone](#); [Sarah Orndorff](#)
 Bag Lunch Program: [Karen Coda](#)
 Carpenter's Shelter: [Marco Dkane](#)
 Community Lodgings: [Barbara Harslem](#)
 Free School Physical Program: [Bonnie Lilley](#)
 Giving Tree: [Kerry Adams](#); [Rachel Kliever](#)
 Haiti: [John Maass](#)
 Haiti Coffee Sales: [Mary Beth Edgar](#)
 Meals on Wheels: [Fred De Luca](#)
 Tutoring Consortium: [Kelly Dresen](#)
 United Thank Offering: [Bonnie Fairbank](#)
 Yard Sale: [Tom and Taylor Craig](#)

Stewardship: [Patrick Adams](#), [Bob Carragher](#), [Doug Wheeler](#)

Annual Giving Campaign: [Bob Carragher](#)
 Building and Grounds: [Dwayne Piepenburg](#)
 Foundation: [Jane Kolson](#)

Teaching: [Adam Schildge](#), [Michelle Vaughan](#)

Adult Spiritual Formation: [Beth Boland](#)
 Preschool Liaison: [Adam Schildge](#)
 Sunday School: [Toni Buranen](#)
 Youth: [Toni Buranen](#)

Worship: [Chuck McCoart](#), [Meredith Wade](#)

Acolytes: [Dave Buckman](#)
 Altar Guild: [Christina Bartley](#)
 Counters: [Jim Bradley](#)
 Music (Adult and Youth Choirs): [Ryan Fitch](#)
 Music (Guitar Circle): [Stewart Bartley](#)
 Readers (8:00): [Suji Kelly](#)
 Readers and Chalice (10:30): [Jerry Boykin](#)
 Ushers: [Bob Callahan](#)
 Worship: [Nancy Dupree](#)

From the Office of Spiritual Formation for Children and Youth

"What we would like to do is change the world — make it a little simpler for people to feed, clothe, and shelter themselves as God intended for them to do. And, by fighting for better conditions, by crying out unceasingly for the rights of the workers, of the poor, of the destitute...we can, to a certain extent, change the world; we can work for the oasis, the little cell of joy and peace in a harried world. We can throw our pebble in the pond and be confident that its ever-widening circle will reach around the world. We repeat, there is nothing that we can do but love, and, dear God, please enlarge our hearts to love each other, to love our neighbor, to love our enemy as well as our friend." — Dorothy Day

Greetings all,

I hope this finds you enjoying beautiful, beautiful autumn! It is the best season in my humble opinion (even better than winter!) and somehow it always calls me to become more and more introspective even as it may be the busiest of seasons for our family.

My recent meditations stem from the privilege I had last week of being at the live telecast on the West Lawn of the Capitol and watching and hearing Pope Francis' address to Congress. And as he spoke truth with such love, my heart swelled upon hearing his reference to Dorothy Day, who has always been a personal spiritual hero of mine. My daughter's middle name is in fact, Day, after this woman who worked so hard to change the world. I pulled up this favorite

quote by her that has always grounded me and helped me to remember what is most important; that there is nothing we can do but love. And this is how we change the world! In the entire crazy, harried world, it is that simple.

In this time of autumn introspection, I pray for each of you, that you can make love of God, self, each other, neighbor, enemy, and friend, the most important thing you do each day. It isn't always easy, but it is simple. Let's build the reign of God with our children together!

*With peace and gratitude,
Toni*

Read on for more information!

On Sunday, October 4, Youth Sundays begin again at the 10:30 a.m. service! There are 6 Youth Sundays (formerly called Family Sundays) throughout the year. Young people are invited to participate in a variety of ways. For any of these Youth Sundays, if you would like to have your family bring up the gifts, OR if your child (grades 3 and older) would like to be a cross or banner bearer, OR if your older child (6th grade and older) would like to be a reader, please reach out to [Toni](#).

On that same note, the children and youth participate in the music in unique ways for this service. Please arrive at 10:00 a.m. on Youth Sunday mornings so that your child may rehearse with their peer group and thereby feel more comfortable singing in front of the congregation.

It is my sincere hope that there will be the opportunity for the children to participate in a **mini-service project on Columbus Day weekend, Sunday, October 11, onsite at Emmanuel after the 10:30 a.m.**

(Continued on page 5)



(Continued from page 4)

service. Stay tuned for more information. If you would like to help run one of the three projects tentatively scheduled throughout the year, please be in touch with [Toni](#). These are a great way to widen our circle of love and they can only happen with your help!

A quick reminder to all of our Sunday school families that Sunday school begins at 10:00 a.m.

The teachers work hard to plan and really hope to start right on time. We encourage you to arrive five minutes early so that there can be some transition time for the children. Thank you so much for all you are and do and know that it is a joy to partner with you in the spiritual formation of your children.

God & Donuts is growing! Please be sure to check out the [calendar](#) for more information about God & Donuts.

Family Night is coming! Friday, November 6. Families with children ages 0 - 18 will gather for a simple meal and some board games. Please mark your calendars and stay tuned for the invitation. All members of the Emmanuel community are welcome!



Emmanuel Youth Make News

Gareth Markel, son of Wade and Sarah Markel, is one of three T. C. Williams High School seniors named as a semifinalist in the 61st annual National Merit Scholarship Program. **Fred Delawie**, son of Vonda and Greg Delawie, is one of eight T. C. seniors who have also been recognized by the Program for outstanding achievement. The Program awards students' ability to balance academic success with participation in extra-curricular activities. Congratulations from your Emmanuel friends!



A Note from Our Senior and Junior Wardens

Greetings Everyone!

In the coming month, there are a number of key dates/ events approaching on the EEC calendar that merit your special attention:

- **Saturday, October 3, Punch List Party** from 8:00 to 11:00 a.m. (See page 10 for details.)
- **Sunday, October 4, Blessing of the Animals** after the 10:30 a.m. service. (See page 6 for details.)
- **Friday, October 16, World Food Day Dinner** at 6:30 p.m. (see page 11 for details.)

A couple more dates that we would ask you to mark on your calendars are Sunday, October 25, and Saturday, December 19.

Sunday, October 25, after the 8:00 and 10:30 a.m. services, is when we plan to share with you the **Results of the Congregational Survey** over 150 of us completed last April. We think you'll find the results quite interesting and we'll be presenting them to the congregation after the 8:00 and 10:30 a.m. services that day. That day will also serve as the kick-off of our **2016 Annual Giving Campaign**, where members of the congregation will be asked to 'pledge' their level of giving for the 2016 calendar year that is critical as we begin developing an operational budget for Emmanuel. More about that will follow, but this year's campaign ties in nicely with sharing the results of our congregational survey.

Saturday, December 19 — Hold the date for our **2nd Annual Holiday Gala**. More about this event will be shared with the congregation in the coming weeks, but if you had a chance to attend last year's inaugural event — you know it's a lot of fun and for a great cause — Outreach.

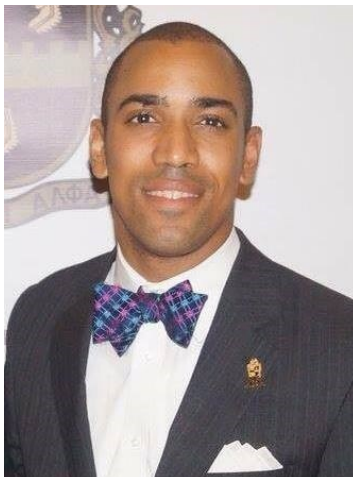
As you can see, there's a lot going on this fall at Emmanuel and we hope you'll be able to join us for one or more of these events. Thanks again for your support and we'll see you at church!

*Bob Carragher and Michelle Vaughan
Senior and Junior Wardens*

Welcome Anglican Studies Student and Diocese of Virginia Seminarian Jordan Casson

In Jordan's words: I was born on Good Friday, April 17, 1987. Raised a Roman Catholic, I used my understanding of Catholic social teaching to become an advocate for civil and human rights, a vocation that led me to Morehouse College in 2005. While at Morehouse, I taught tournament-level chess to elementary, middle, and high school boys and sang in the Morehouse College Glee Club. I also led several campaigns to free a Chatham County, Georgia inmate, Troy Davis. In addition to my civic activities at Morehouse, I joined the Martin Luther King Jr. Chapel Assistant Program — an organization designed to expose Morehouse students to theological principles for the purposes of parish ministry and seminary education after college. Consequently, I felt called to religious life and attended the Candler School of Theology at Emory University in Atlanta in 2010.

At Candler, my path led toward the Episcopal Church. Due to my upbringing, I initially pursued Roman Catholic priesthood. However, after meeting Bishop Robert Wright (then the rector of St. Paul's Episcopal Church in Atlanta), discovering the scope of social work in the Episcopal Church and realizing that I wanted a family in the future, I decided to continue my discernment in the Episcopal Church and was received in 2012. While earning my master's degree in Divinity, I worked at Holy Comforter Church, where about 60% of the congregation suffers from mental illness. Also while a student at Candler, I studied under a civil rights legend, the Rev. Dr. Barnard Lafayette Jr., and the Howard Thurman Scholar, Dr. Luther Smith.



In May of 2013, I received my master of divinity degree while interning at St. Paul's Episcopal Church of Atlanta. While there, I led youth confirmation, revitalized the youth group, and helped with the food pantry. And in August of 2013, I received the call to serve as the youth minister to St. Paul's Ivy Episcopal Church of Charlottesville, the first full-time youth minister that congregation has ever had. In December of 2014, I was made a postulant for Holy Orders by the Episcopal Diocese of Virginia and am currently undergoing formation. And at the

recommendation of the Virginia's Committee on Priesthood and encouragement of our bishops, I have started a year of Anglican Studies at Virginia Theological Seminary. The Post-Graduate Diploma in Anglican Studies program is designed to prepare individuals over a year's time who have earned their first theological degree at a non-Episcopal seminary, and/or who have been ordained in other denominations, for ordained ministry in the Episcopal Church. God willing, I hope to graduate VTS in May of 2016, be ordained into the Diaconate in June of 2016 and made a full priest in December of 2016.

I was inducted into the Martin Luther King Jr. Board of Preachers and Scholars in 2014. I am a proud member of Alpha Phi Alpha Incorporated and have served as an NAACP president for both the states of New York and Georgia Youth Divisions. In my spare time, I play the violin and cello and am extremely devoted to my family, friends, and mentors. I look forward to getting to know the people of Emmanuel. I've heard such good things about you.

Annual Pet Blessing

In honor of St. Francis, please bring your lovable pet with you to Emmanuel Episcopal Church at 11:45 a.m. on Sunday, October 4 for a special blessing. We'll have yummy treats for your pet, too!



Music Ministry

October Adult Choir Schedule

Thursday, October 1 — 7:00 p.m. — Choir Practice
Sunday, October 4 — Youth Sunday (No Adult Choir)
Sunday, October 11 — 9:20 a.m. — Choir Practice
Thursday, October 15 — 7:00 p.m. — Choir Practice
Sunday, October 18 — 9:20 a.m. — Choir Practice
Sunday, October 25 — 9:20 a.m. — Choir Practice

"The cold wind in the winter, the pleasant summer sun, the ripe fruits in the garden, he made them ev'ry one." Friends, what a great time of year this is! I've always appreciated the time of year when the seasons change — it's no longer sunny summer, but the cold winds of winter haven't come. We begin to gather in the



harvest, which I can absolutely appreciate because harvest in Iowa is one of the best times.

Cooler temperatures, wearing funny Halloween costumes, homecoming celebrations, football games (really for the marching band), autumn holidays, back to school night, pumpkin picking, and the traditions that we celebrate as individuals, families, school communities, and as a church are all part of the fall that many of us love. I'm really excited this year, as our church kicks off the children's music program and we celebrate our first Youth Sunday! The Worship Ministry Team has really come together and tried to explore ways to give children and youth the real skills and tools



necessary to be true worship leaders. I'm looking forward to hearing the musical offerings that our youth and children's groups will be presenting on the first Sunday of October and I know you will help me encourage them and their leaders. As our team discussed that service and the worship components that we wanted to include, we really thought about making the music accessible to young people, but also interesting to everyone. There are many great "children's hymns" available to use — both new and old. One of my favorites, *All Things Bright and Beautiful*, was included at the beginning of this message and is a great choice for the first Sunday of October as we celebrate the blessing of the animals as well as our first Youth Sunday of the year. I hope that each of us can appreciate the music this first Sunday in October and sing strongly, because after all... age is just a number and we can all be young at heart!

Happy Autumn!

[Ryan W. Fitch, MM](#)

Director of Music | Countertenor | Organist



We Need Acolytes!

One of the most visible and rewarding ways to serve at Emmanuel is by being an acolyte. Simply put, an acolyte assists the celebrant or pastor. Acolytes can serve in many ways, including crucifer (carries the cross), torch bearer (lights and extinguishes the candles), and gospel bearer (carries the Gospel). Acolytes will also assist with preparation and serving of communion as well as the offering. None of these positions are difficult, and should not be intimidating — every week, we have young people serve the Lord very successfully as acolytes. There is no specific age requirement, but we would love to have acolytes from late grade school (10-12 years old) through adult. We currently have about five acolytes, which makes it very challenging to ensure we have someone who can serve each week — it would be great to increase our numbers. If you or someone in your family is interested in serving as an acolyte, please contact [Dave Buckman](#) (719-359-2950). Once we have some new volunteers, we will schedule acolyte training to ensure everyone is very comfortable with serving.

The Hitchhikers Guide to the Book of Common Prayer: An Anglican Roadmap to the Cosmos

Douglas Adams' highly entertaining *"The Hitchhiker's Guide to the Galaxy"* came out in 1983. It's a book about a book.

"It's the story of a book — not an earth book, never published on Earth ... never seen or even heard by any Earthman."

A remarkable book and also a highly successful one — more popular than "The Celestial Home Care Omnibus", better selling than "Fifty three More Things to Do in Zero Gravity, and more controversial than Oolon's philosophical blockbuster: "Who is this God Person Anyway?"

In many of the more relaxed parts of the Galaxy, the "Hitchhiker's Guide" has already supplanted the great Encyclopedia Galactica as the standard repository of all knowledge and wisdom!"

Adams' science fiction phone book remains a best seller — a hilarious, self help star chart to help you find your place in the cosmos.

Now we Episcopalians are the People of the Book: Two remarkable books actually — the Bible and the Book of Common Prayer. In worship every Sunday we use both

— just printed on different paper.

While scripture is always primary, it is with the Book of Common Prayer that we both proclaim our faith and stake out our place in God's universe.

So on four remaining Sunday mornings this fall at 9:15 a.m. in the Memorial Room, you are invited to stick out your thumb and join me for ***"The Hitchhiker's Guide to the Book of Common Prayer: An Anglican Roadmap to the Cosmos."*** Together we'll explore the traditions, prayers, sacraments, history, spirituality, and ethics



found between the BCP's pages.

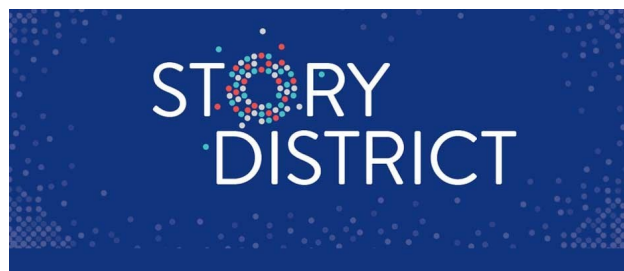
- October 4 — *Unite us to your Son in this Sacrifice: Holy Eucharist*
- October 18 — *Rites of Passage: The Pastoral Offices*
- October 25 — *The Communion of Saints: Holy Women and Holy Men*
- November 1 — *Everyday is a Holy Day: The Liturgical Year*

Each session will be both interactive and hands on. Each participant will get their very own copy of the BCP!

Explorers of all kinds are welcome — cradle Episcopalians, as well as newcomers to the faith. **The class**

culminates with the Bishop's Visitation on Sunday, November 15. Participants who choose may go forward for confirmation, reception, or reaffirmation.

Interested? Questions? Want to sign up? [Contact Joani.](#)



Story District (formerly SpeakeasyDC)

Storytelling Boot Camp

One Day Crash Course

Saturday, December 12

9:30 a.m. - 4:30 p.m.

Emmanuel Parish Hall

Exploring Christian Meditation: A Spiritual Workshop

Saturday, October 24. 5:00 — 8:00 PM | Led by Dr. Kathleen Staudt

Do Christians meditate? And if so, what does that look like?

Many people think that meditation originates with Eastern religions and certainly we learn a great deal from interfaith prayer and practice. But a number of meditative practices have actually been a part of the Christian tradition from its earliest beginnings. These include meditation with a “holy word,” meditation that begins from Scripture or “holy reading” and practices that engage the senses and the imagination to deepen our connection to the holy. Please join us on October 24 from 5:00 to 8:00 p.m. for an evening time of “retreat” as we explore the history and context of some of these practices, and experience them for ourselves.

Dr. Kathleen Henderson Staudt (Kathy) works as a teacher, poet and spiritual director at a number of



institutions in the Washington, DC area, including Virginia Theological Seminary and Wesley Theological Seminary. Her classes focus on writing, literature, spirituality and explorations of vocation. Kathy has offered retreats and workshops at many area churches and retreat centers, including the annual Evelyn Underhill Day of Quiet offered at the Washington National Cathedral each year in June, as well as conferences on poetry as spiritual practice. She is the author of two books of poems: *Annunciations: Poems out of Scripture*, and *Waving Back: Poems of Mothering Life*, as well as a scholarly study of the artist and poet

David Jones. [Dr. Staudt's blog can be found here.](#)

All are welcome. Bring a friend. Contact Joani at celticjlp@yahoo.com if you would like to attend.

Appearance of Life

Saturday, November 7, 7:00 PM
Parish Hall

A riveting thriller set in Buenos Aires, Argentina, *Appearance of Life* follows the story of an Argentine woman who becomes radicalized when her daughter is “disappeared” by the military dictatorship. Based on years of research and dozens of first hand interviews conducted by Emmanuel’s own Jennifer Jones, *Appearance of Life* is a story of brutality and loss — but also a story of survival, new life, and triumph.

Coffee and dessert to follow with post-show Q & A.



Appearance of Life - Jennifer S. Jones
Photo by David Flores

Ministry Fair and Newcomers' Lunch

On September 20, a special coffee hour after the 8:00 a.m. service and a festive lunch after the 10:30 a.m. service provided newcomers and veteran parishioners alike an educational social time for fellowship and to learn about the many ministry opportunities available at Emmanuel. Several Outreach activities will benefit from those who signed up to participate, as did the Altar Guild, the Coffee Hour Baristas, and Buildings & Grounds. Over 30 people signed up for the various activities. While visiting the many tables promoting church activities, everyone was able to fill plates of healthy choices from the luncheon tables. Thanks to all who represented ministry activities, to those who brought the delicious food, and especially to those members of the parish family who sought new ways to help their neighbors, both within Emmanuel and in Alexandria and the world.

Thanks!



2016 Summer Adult Service Team Update

Last month we printed an invitation in the September newsletter inviting people who might be interested in a summer 2016 Service project to please let Chuck know. Six individuals have shown interest. In our brief conversation we think we would like to serve somewhere in rural Virginia, perhaps Appalachia, one week (which would include travel time) and not during the month of August! We're still in the discussion stages but a general plan seems to be emerging. If you are interested in joining in the service trip or have any questions, please let [Chuck](#) know.



Logo Team Update

Last month we printed an invitation in the September newsletter inviting anyone who might have an interest in helping to work on a new logo for Emmanuel Episcopal Church. To date two individuals have shown interest (other than Chuck) and we welcome others who might be interested in design, history, branding, etc. Any takers? If yes, please contact [Chuck](#).

"Punch List" Party

Emmanuel Church's Buildings and Grounds Ministry Team is having a "Punch List" party on Saturday, October 3 between the hours of 8:00 and 11:00 a.m. for you to enjoy morning coffee and a muffin and spend an hour or two of your time to help us accomplish a few up-keep projects. Older children and teens are welcome to come too. We have compiled a "punch list" that we'd like to finish in a day. All materials needed to complete the projects will be provided. A number of church members have signed up so we look forward to a good day with lots of projects completed.

If you have any questions or suggestions contact [Dwayne Piepenburg](#).

Please consider including Emmanuel Church or Foundation in your will or living trust. For more information, contact [Jane Kolson](#).



"I Was Hungry and You Gave Me Food": World Food Day Supper

Friday, October 16, 6:30 PM

Each day, each week, each month Emmanuel embodies Matthew 25:33-35: *"I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me."* Last year our **ALIVE Food Pantry** Ministry collected and delivered nearly 3000 food items! Emmanuel's **Bag Lunch** volunteers made nearly 3300 sandwiches for the homeless. Our **Meals on Wheels** drivers delivered hundreds of both hot and cold meals to the elderly. For the past year EEC has prepared and served 12 monthly meals for 75 residents at **Carpenter's Shelter**. Emmanuel is passionate about feeding our neighbors in need. Many, many generous hearts and helping hands make this important ministry possible. This is cause for celebration! So once again the Adult Spiritual Formation and Outreach Ministry Teams are proud to sponsor this special parish-wide event.

Come **celebrate** the work of all of Emmanuel's dedicated volunteers on World Food Day, October 16 at 6:30 p.m. We'll share fellowship and a simple meal, the very same meal we serve at Carpenter's Shelter. We'll raise our awareness with a little education and food for thought provided by Karen Banks from **Share Our Strength**.

The price of admission is **at least one food item** for the ALIVE Food Pantry! A **\$25 donation** can buy a **kitchen starter kit** for the ALIVE Housewares Ministry **or** go to support the mission of the **SOS No Kid Hungry Campaign**.

The Outreach Team will be organizing the meal. If you would like to help, volunteer to cook, set up and clean up, you are most welcome. Please contact [Joan Peacock](#) or [Vonda Delawie](#).

Everyone is invited — ages 0 to 99! [RSVP here](#).

When We Become More Like Jesus

Recently a friend of mine shared with me this little piece written by Diane Stark. My friend said, "It's pretty humbling ... 1 Corinthians 13:4-6 makes us all stop and think about how we treat ourselves and others." She continued, "For instance, put your name in the blank spaces and ask yourself how you're doing in these areas:

- _____ is patient and kind.
- _____ does not envy or boast.
- _____ is not arrogant or rude.
- _____ does not insist on his own way.
- _____ is not irritable or resentful.
- _____ does not rejoice at wrong doing, but rejoices with the truth.

"Yikes!" she continued, and then said, "When we become more like Jesus, we become the right type of person someone else might like." Here's the article she sent:

Crushes

When my daughter had a crush on a boy, I asked her to place his name in 1 Corinthians 13:4-6.

She did. "Sean is patient and kind; Sean does not envy or boast; Sean is not arrogant or rude. Sean does not insist on his own way; Sean is not irritable or resentful; Sean does not rejoice at wrongdoing, but rejoices with the truth."

She frowned. "I saw him pick on another boy in the hallway. I guess he wasn't very kind." She began to rethink her interest in him.

This verse has not only given my daughter greater discernment about others, but it also has helped her reflect on her own behavior. I asked my daughter to substitute her own name into that passage. Then I explained that when we become more like Jesus, we become the right type of person for someone else to like.

—Diane Stark

ALIVE!

This month we'd like to highlight ALIVE's Family Emergency Program (FEP). The FEP is an integral part of our City's efforts to support needy households. It provides funding allocations to the three Lazarus Ministry Sites operating in affiliated congregations and St. Rita's. The Lazarus Ministry provides volunteer counselors each Wednesday and Thursday morning to assess the immediate needs of the individuals seeking assistance, including those in crisis situations, the homeless, the working poor, the disabled, and the chronically unemployed.

FEP also serves clients referred by the City's Office of Community Services more than any other referrer. It has begun to track all referrals, regardless of whether funding can be provided, to get a more accurate picture of community need. There are upwards of 90 referrers (social workers, case managers, school social workers and counselors, congregations, etc.) who call upon the FEP to help. The FEP moved to the renovated warehouse space provided by the City this month and expected to be operational there by September 23.

Upcoming ALIVE! events:

- **October 1:** Granite City Food & Brewery, a new restaurant in National Harbor, is hosting a "Dine 2 Donate" event for ALIVE! on Thursday, October 1. Tell the server you are there for ALIVE! and 20% of your total tab will be donated to ALIVE! House.
- **October 6:** Please join us for the 46th annual ALIVE! Recommitment and Volunteer Recognition Potluck Dinner at 6:30 p.m. at Fairlington United Methodist. Please do not bring dishes with pork, shellfish, or peanuts. [RSVP here](#).
- **October 16:** The ribbon-cutting ceremony for the new warehouse will be at 801 South Payne at 9:00 a.m.
- **November 14:** ALIVE!'s Empty Bowls fundraiser will be held at the Durant Center on November 14. This event will increase awareness of hunger and raise money for programs that help fill the need. Dinner consists of a bowl of soup given by local restaurants, bread and dessert, also supplied by local eateries. Entertainment will be provided.

Students of Northern Virginia Community College Arts Department will provide ALIVE! with handmade pottery bowls for attendees to receive at the event — as a reminder of the need. Tickets are \$35 per person or whatever more is donated. ALIVE! is seeking sponsors now, starting at \$500 and higher. Call Jennifer Greiner (703-615-0187) to sponsor.



ALIVE! requests:

- Two new families just moved into ALIVE! House, and another family is moving out soon. ALIVE! House needs pillows, baby towels and washcloths, baby wipes, Metro fare cards, laundry detergent, bleach, bathroom and kitchen cleaners, toilet paper, paper towels, trash bags, XL twin sheets, and plastic storage bins with tops.

Sarah Orndorff and Laura McCone



Last Call to Submit your Pictorial Directory Photo

If you have not yet submitted your photo for the 2016 directory, please do so as soon as possible. If you do not have one to share, e-mail [Karen](#) in the church office and we will schedule one of our Emmanuel photographers to take your picture.

Requirements for the submitted photo can be found on our [website](#). Along with the requirements is a parishioner information sheet for you to complete to ensure we have your correct contact information.

Questions?

Contact a member of the directory team: [Kelli Corts](#), [Beth Boland](#), [Nancy Dupree](#), and [Emily McNaughton](#)





Christmas Gala

Save the Date

Saturday, December 19

6:00 PM to 10:00 PM

Outreach is the heart of Emmanuel and of who we are as Christians. This year, to continue our tradition of community support and living Christ's teachings, we are excited to invite you to the Christmas Gala, featuring entertainment, holiday buffet and bar, and silent and live auctions.

No babysitter? No problem! Downstairs, we will have childcare and holiday fun and movies for the kids. **All proceeds will benefit Emmanuel's Outreach Program.** It will be a fun evening of fellowship and charity. Suggested donation for tickets: \$25 per adult. Babysitting suggested donation \$15 per child. More details to come. We hope to see you there!



Twenties & Thirties (TnT)

Apple Picking — Saturday, October 10

Just in time to get your pumpkins on your front door step, join us at Butler Orchards for an afternoon of apple picking, hayrides and corn mazes. There's a playground, corn hole, and a cute general store. The perfect way to spend a Saturday in autumn!



2200 Davis Mill Road, Germantown, MD

Meet at Emmanuel at 11:00 a.m. to carpool or meet at the orchard around noon. Contact [Jennifer Jones](#) with any questions.

Day of the Dead Party — Sunday, November 1 — 4:00 PM to 7:00 PM



Cobwebs, trick-or-treating, carving pumpkins — we can't get enough of this season! Join us for an evening of fun and frights. We'll have chili for the adults, hot dogs for the kids, and plenty of sweets for everyone! *The Book of Life* will be screening for the little ones so bring the whole family — costumed or not!

Home of [Jennifer & James](#), 5922 King James Drive, Alexandria.



FUN Team

Two people (other than Chuck) have shown interest in starting a team of folks

to plan some fun events for us as a parish to partake in. We're thinking hikes, museums, movies, game night, etc. If anyone is interested in joining us please let [Chuck](#) know.





Emmanuel Preschool Staff

Director
[Ressa Jones](#)

Office Administrator
[Dawn Doucette](#)

Financial Administrator
[Kelli Corts](#)

Teachers
Michelle Brayman
Mary Beth Conry
Amy Ernst
Christy Finn
Mary Carol Gavin
Mollee Hansen
Sarah Higgins
Anne Hubbard
Alyce McLean
Dana Mutscheller
Nancy Palmer
Deborah Rumph
Kate Schneider
Cappie Stiers
Susan Stockton
Sara Tiedemann
Mary Anne Troxell

School Hours
Monday—Friday
9:00 a.m.—12:30 p.m.

Emmanuel Episcopal Preschool
1608 Russell Road
Alexandria, VA 22301
703-683-0303 (phone)
703-683-6158 (fax)
preschooladministrator@epsonhigh.org
www.emmanuelonhigh.org

Preschool News

It has been a busy two weeks at EPS. We are so happy to have children back in our classrooms! The school year has gotten off to a great start, and our preschoolers are already busy learning, exploring and growing. Each month a different class will share news and highlights from their classroom. We hope this gives you a window into EPS and helps you get to know our curriculum and approach to early childhood education.

Ressa Jones

The Sky Blue Threes Say Hello to 2015-2016 at EPS

The Sky Blue Threes are greeting the new school year with excitement and enthusiasm.

During our first six weeks of school we are learning our classroom rules and routines. We are practicing our daily jobs such as line leader, snack helper, weather reporter, and light monitor. And our teachers are modeling the use of classroom tools and materials.

We are acquainting ourselves with all of our wonderful choice rooms — art, blocks, dramatic play, and games.

And we are beginning an art experience with collage.

We are sharing the wonder of learning through play as we explore play dough, puzzles, blocks and other building materials, paper, glue, scissors, markers, paint, the sensory table, singing, reading, the playground, and so much more.

We invite you to take a look at the documentation of our explorations in the hallway outside our classroom.

Thank you Emmanuel Episcopal Church for this great place to play, learn, and grow!

Mary Carol Gavin and Susan Stockton



A couple of our new friends on the first day of school.

Oktoberfest

The Twenties and Thirties group hosted a wonderful Oktoberfest celebration on September 26. The kids enjoyed the games, the adults enjoyed the food and drink, and all enjoyed the guitar circle. We were able to raise nearly \$1,500 for church outreach. Thanks to all who helped host and those who contributed to our fun and fellowship.





- 1 ALIVE! Dine 2 Donate Event
- 1 [Hand-in-Hand Listening Session](#)
- 3 Fall Punch List Party (8:00 AM)
- 4 St. Francis Day / Youth Sunday (10:30 AM)
- 4 Blessing of the Animals (11:45 AM)
- 6 46th Annual ALIVE! Recommitment and Volunteer Recognition Potluck Dinner
- 7 [Carpenter's Shelter Dinner](#)
- 12 Columbus Day—Office Closed
- 14 Vestry Meeting (7:30 PM)
- 16 World Food Day Dinner (6:30 PM)
- 16 Ribbon Cutting Ceremony for the New ALIVE! Warehouse
- 24 Meditation and the Christian Tradition of Prayer (5:00 PM)
- 25 Congregational Survey Results Presentation
- 25 Annual Giving Campaign Kick-Off
- 31 Last Saturday ALIVE! Food Distribution



- 1 All Saints Day / Youth Sunday (10:30 AM)
- 4 [Carpenter's Shelter Dinner](#)
- 6 Family Night
- 6-8 PYM Senior High Weekend
- 7 Night of Theater (7:00 PM)
- 11 Vestry Meeting (7:30 PM)
- 14 ALIVE!'s Empty Bowls Fundraiser
- 15 Service with Bishop Jones (2:00 PM)
NOTE: This is the only service this day
- 21 Bake Sale at TC Williams Craft Fair (10:00 AM)
- 22 Warm Clothing Drive Begins
- 26 Thanksgiving Day—Office Closed
- 27 Day after Thanksgiving—Office Closed
- 29 Advent 1



- 2 [Carpenter's Shelter Dinner](#)
- 6 Advent 2 / Youth Sunday (10:30 AM)
- 6 Breakfast with St. Nick
- 9 Vestry Meeting (7:30 PM)
- 12 Storytelling Bootcamp (9:30 AM)
- 13 Advent 3 / Creche Sunday
- 16 Preschool Christmas Program (12:00 PM)
- 17 Preschool In-House Applications Due
- 19 Gala (6:00 PM)
- 20 Advent 4 / Card Making
- 20 Comfort and Healing Service (5:00 PM)
- 23 Church Decorating (6:30 PM)
- 24 Christmas Pageant
- 25 Christmas Day (Church Office Closed)
- 28—Christmas Holiday (Church Office Closed)
- Jan 1



For a look at our continually-updated church calendar, click on the calendar to the left.