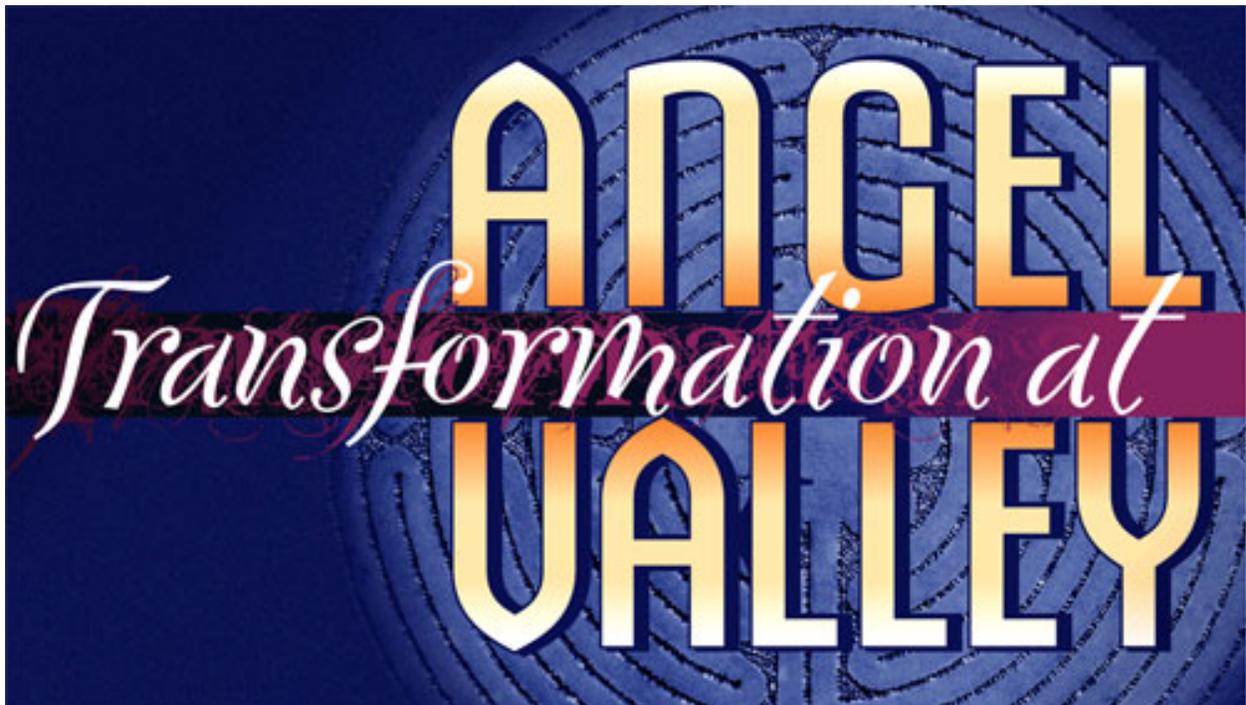


TRANSFORMATION AT ANGEL VALLEY – PART 2

SELF LOVE – SHIFT OF CONSCIOUSNESS

In October 2012, we published a book called ‘Transformation at Angel Valley - A Journey of Integrating the Sedona Sweat Lodge Tragedy’. This book shared the transformation of Amayra, Michael, and Angel Valley as a result of the events of October 8, 2009.

Writing the book assisted us in giving what occurred a place in our lives, and the courage to move forward. There were times during those years that we were tempted to just give up, throw in the towel so to speak. However, we chose to keep on going.



Here we are in October 2015. We find ourselves processing our past three-year journey, or actually the entire 13 years since we founded Angel Valley. So much has happened, we have learnt so much, and there is a lot to share. We are contemplating the creation of another book: ‘Transformation at Angel Valley - Part 2’. This time, however, the transformation is still in full progress with an outcome that is at this moment not yet visible.

Our focus for that book will be on:

Self-Love – Loving ourselves more than anything or anyone else, which, in reality, means recognizing the Divine being that we are, and loving God more than anything or anyone else. This then allows everything and everyone else to receive more love from us than they ever received before.

Let my will be Thy Will – Divine Providence; listening to our God-Self; the difference between what we learnt as a kid and our present perspective on what ‘God’ stands for and the meaning in our life.

Shifting Consciousness – Embracing and then transmuting what no longer serves us; raising our frequency; changing our beliefs; transforming our fears.

Freedom – To follow our heart’s excitement, joy and passion, and to be our unique, true self; releasing the need for debt and all other forms of slavery and servitude; choosing for self-love over being in debt; how the concept of debt was part of the founding of our nation; consumerism; values; how debt impacts our lives on many levels.

Our Founding Fathers – A historical fight for freedom; what was the original intent; what is the true meaning of a ‘republic’ and a ‘democracy’; what does freedom mean in the 21st century; how can our Founding Fathers inspire us today.

Stewardship and Co-Stewardship – Ownership versus stewardship; native peoples’ connection with the earth; possessiveness; legalities; equality; like-hearted and like-minded people sharing responsibility.

Creating Vibrant Health – How to become healthy and obtain one’s natural weight through a shift in consciousness and belief systems; health in body, mind and spirit; longevity; Michael’s 2015 experience of releasing the need for 55 pounds of extra weight.

Coming Alive Again – What to do after experiencing death, loss or other trauma; what is grieving; a deeper understanding of death and therefore of life; a summary of Amayra’s new book in progress.



Since we started Angel Valley in 2002, thousands of people have experienced heart-felt, integrated personal growth, while being at Angel Valley. People's lives have been touched and transformed profoundly, which was then taken home to be seeded out further. The Angels, who are always present and available, have been seen, felt, and experienced by numerous people. Many messages in different formats have been given to those who were open to receive. Healing has taken place. We have seen it, felt it, heard it as people shared, or as we observed in individual sessions. We received confirmation of what happened to people in messages from the higher realms.

We were told that in the past 5 years, over 25 craft of our star brothers and sisters have landed in our labyrinth, in different dimensions, some visible, some felt, most unseen and unperceived from our current level of consciousness.

All this could happen, because we, Michael and Amayra, held on to the dream and vision of our hearts: that people would be changed at their core as a result of connecting with the sacred grounds of Angel Valley. We feel eternally grateful to have been able to assist so many and to know that so many lives have been impacted. We feel it has been fulfilling our soul purpose, what we came here to do, and why synchronicity brought the two of us on each other's path 20 years ago.



During the past 13 years we have been in a process of refining and evolving the answer to the question we receive most often: What is Angel Valley?

Angel Valley has been called a retreat center, a temple, a sanctuary, a church, a magical place in nature, a powerful vortex, home to the angels, home to our star family. All these words describe aspects of Angel Valley, attempts to capture in words what is hard to capture in words at all. But most of all, Angel Valley is for the individual to describe it as they experience it.

We'd like to share what Angel Valley has become for us as a result of all its transformation, evolution and growth:

*Angel Valley is a Sacred Oasis
for Experiential Realizations of Love, Health, Abundance, and Freedom
through Self-Exploration, Self-Remembering, Self-Love, Self-Empowerment, and Self-
Expression
by Following Our Heart's Highest Excitement, Joy and Passion
in Being Our Unique, True Natural Selves!*



The current practical/financial circumstances and future of Angel Valley takes us into the great Unknown. With all the ideas we have about things we would like to accomplish at Angel Valley in times to come, we have had to come to terms with the uncertainty by having no attachments. We have wondered what to do with the vision that Michael received in 2008 about creating a 5th dimensional community. We have struggled with the question: why would the Universe have taken us this far, and then not allow us to bring Angel Valley to completion? We have meditated on the topic: is our task here complete?

In the past week we received higher realm messages from three different sources, all telling us similar things:

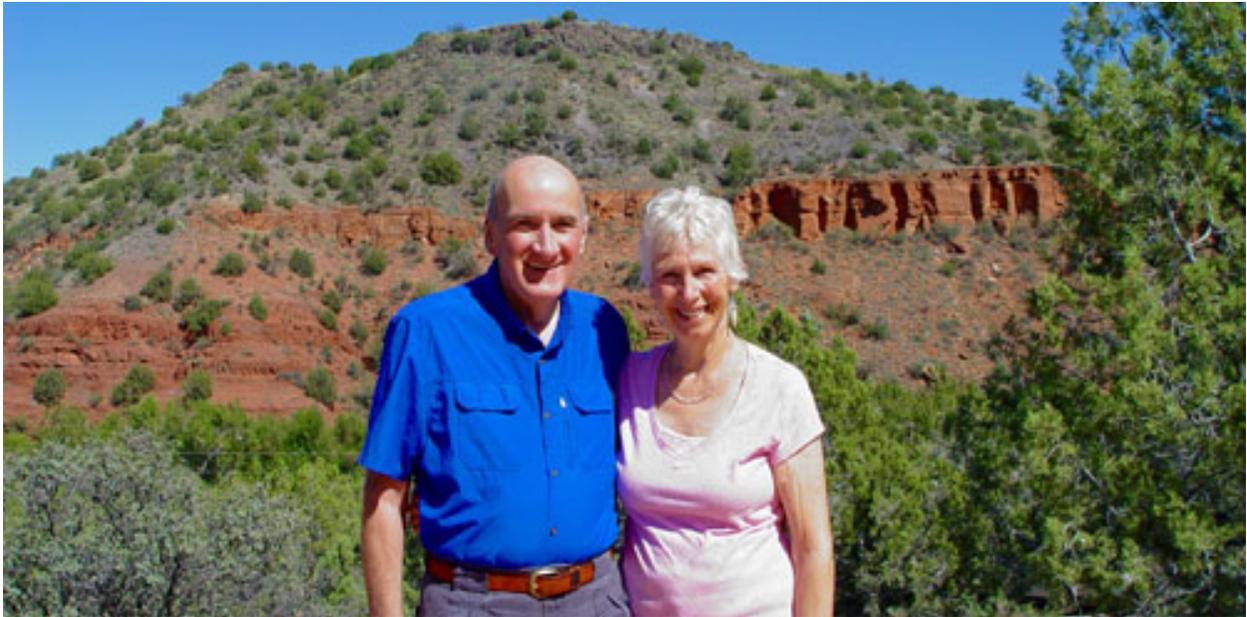
- The journey of Amayra and Michael being the sole stewards of Angel Valley is complete.
- Angel Valley must become free of debt, as soon as possible.
- We are to give up any attachment to continuing our journey of living at and working with Angel Valley.
- Even though there are still numerous projects that we see to bring to completion or to beautify Angel Valley, the reason why Angel Valley was founded has been successful and fulfilled, both from the perspective of all the lives that have been touched, and from the perspective of the personal growth we have experienced for ourselves.
- It is of utmost importance that we are crystal clear on what we want to do in the next phase of our lives, with or without Angel Valley.
- If we choose to continue into the next phase of Angel Valley, it is going to be different from what it was.

These messages were enlightening. We set down to do more homework to move from clarity to crystal clarity on what we want. Plus, we have taken the advice to take action towards alternatives, in spite of the undiminished trust we carry, that our planned funding will manifest and Angel Valley will survive under our stewardship.

Today, we are at a place of acceptance and surrender, with non-attachment to what happens. Preference? Yes! We know that our God Self through Divine Providence is showing us the path, the door or the window that will serve us best.

What a journey!!!

If you have any interest to be involved in one way or another, contact us by email: michael@anglvalley.org, or give us a call at (928) 634-1320.



With love,

Michael and Amayra