



A NAMI support group for family members, caregivers and friends of individuals living with mental illness.

What is NAMI Family Support Group:

NAMI Family Support Groups are 90-minute weekly support groups run by the family members of persons who live with mental illness. These groups offer a casual and relaxed approach to sharing the challenges and successes of coping with the mental illness of a loved one.

Families join a caring group of individuals helping one another through their learned wisdom. The goal of this group is to provide a place of encouragement, hope and understanding.

It is a place of support and confidentiality.

For more information go to www.namimtsanjacinto.org.

Hemet/Mt San Jacinto
ANKA
102 W. Main St, San Jacinto, CA 92581
Every 2nd Thursday of the Month 6:30
to 8:00 pm
POC - Mark Faber (951-797-0120 or
dmfaber@me.com)

Greater Pass Area - Banning/Beaumont
The Lakes
5801 Sun Lakes Blvd, Banning, CA 92220
Every 3rd Thursday of the Month
6:30 to 8:00 pm
POC - Mark Faber (951-797-0120 or
dmfaber@me.com)

You're not alone.



Please contact: NAMI San Jacinto office 951-765-1850
or Mark Faber 951-797-0120
NAMI San Jacinto www.namimtsanjacinto.org