Breast Cancer Heart Pillow

Supplies & Tools:
- Poly-Fil® premium polyester fiberfill (approx. 7oz per pillow)
- ½ yd. of fabric
- Thread to match
- Large piece of paper for template (folded in half)

Project Directions:
1. Enlarge the attached template 200% and cut around edges.
3. Trace heart template onto your fabric and cut out.
4. With right sides together, line up your fabric hearts.
5. Using ¼” seam allowance, sew around the edges of the heart, leaving a 2” section open for turning.
6. Turn right side out and stuff with Poly-Fil®.
7. Stitch the opening closed.