National Multiple Sclerosis Society – Virginia-West Virginia Chapter 760 Lynnhaven Parkway, Suite 201, Virginia Beach, VA 23452 Tel 757-490-9627 michael.drotar@nmss.org www.msvirginia.org



**FEBRUARY 9, 2016** 

To First Colony District Boy Scouts,

My name is Michael Drotar and I am contacting you from the National Multiple Sclerosis Society in Virginia Beach. I am writing to you because we are looking for volunteers. We are holding a Bike MS fundraising event called Bike MS: Colonial Crossroads. This year our annual Bike MS ride will take place on June  $4^{th}$  (Saturday) and June  $5^{th}$  (Sunday), 2016. You can volunteer for one or both days in a number of different roles. Before I tell you more about the volunteer opportunities, let me tell you about the event itself.

Bike MS: Colonial Crossroads 2016, is a 2-day fundraising cycling event taking cyclists from either Smithfield or Richmond to Colonial Williamsburg. There are multiple route options, all of which are well supported with fully-stocked rest stops every 10-12 miles with a great lunch stop each day as well. Safety is provided by medical personnel, HAM radio operators, law enforcement and motorcycle escorts. The ride begins Saturday morning at 7 a.m. Cyclists will enjoy the beautiful roads winding through the heart of Virginia as they pass historic sites and rustic farmlands. Day 1 concludes in Colonial Williamsburg, VA with the Smithfield and Richmond routes coming together at the finish line to enjoy a scrumptious feast, massages, musical entertainment and an evening program. Day 2 begins with a hearty breakfast before cyclists head back to Smithfield/Richmond and their respective finish line.

With cyclist numbers expected to reach around 1,000, volunteers to help support the ride are vitally important to ensure its success. For example, typically, we are always in the need for rest-stop volunteers. Rest-stop volunteers serve water/Gatorade, snacks, and good cheer to all cyclists. Everything needed for a rest-stop is supplied ahead of time, but will need to be set-up by the volunteers when they arrive at their assigned rest stop. There are 6-7 rest stops each day so opportunities to help out are abound. If you choose the Finish Line on one or both days, you will be there to hand out cold towels to the cyclists, as well as cheer every one of them as they arrive.

There are also other opportunities to volunteer in some capacity—any help is greatly appreciated! We accept individual volunteers, church groups, work groups, scout troops (both boy and girl), or any other group that would like to participate.

I hope the information provided helps you make an informed decision about participating in this very worthwhile cause. If you are interested in volunteering, please contact me so I can e-mail you the Volunteer Registration Form that each individual volunteer will need to have filled out. Please do not hesitate to contact me with any questions or concerns you may have.

Warm regards,

Michael Drotar michael.drotar@nmss.org VOLUNTEER COORDINATOR