# **Heritage District**

# Cub-O-Ree CUB GOLD RUSH 2015

Gosnold's Hope Park Hampton VA April 10-12, 2015



# Leaders & Parents Guide

# **Cub-O-Ree Coordinators:**

Bonnie Bouverette (989) 415-8035 bonniebouverette@gmail.com Mary Chaffee (757) 775-7016 marychaffee81@yanoo.com Krissy Ackerman (412) 759-3033 krissy\_a2003@yahoo.com

# At a Glance—

Heritage District 2015 Cub-O-Ree What:

For: Tiger, Wolf and Bear Cub Scouts, Webelos, their leaders, parents, guardians, and

siblings

Friday, 10 April thru Sunday, 12 April 2015 When:

Arrival

Time: All Campers: Friday, 5:00-10:00 pm for registration & to begin

setting up camp

One-day participants: Saturday 7:00-8:30 am for registration

Departure

Time: Sunday, 12:00 pm

Gosnold's Hope Park Where:

> 901 East Little Back River, Hampton (Adjacent to Langley Elementary School)

(Camp will be in the Horse Shoe before the BMX track)

Early Registration (By March 23, 2015): Cost:

**Cub Scouts** \$12.00 each (cost of patch, insurance & activity supplies)

(cost of insurance & activity supplies) Siblings(age 6-11 yrs) \$8.00 each

\$5.00 each 4 (cost of patch and insurance) Leaders

\$2.00 each (cost of insurance) Adults

(cost of patch and insurance) **Boy Scout** \$4.00 each

Late Registration (After March 23, 2015):

(cost of patch, insurance & activity supplies) **Cub Scouts** \$17.00 each

(cost of insurance & activity supplies) Siblings(age 6-11yrs) \$10.00 each

\$7.00 each 5 (cost of patch and insurance Leaders

Adults \$3.00 each (cost of insurance)

(cost of patch and insurance) **Boy Scout** \$5.00 each

#### Registration:

- ❖ At the Colonial Virginia Council Scout Store
- Open to the first 200 Scouts who register
- \* Registration Forms are required at Check In before units will be allowed to Set-Up.

- Units must have one designated leader to Check-In the entire Unit.
  - ✓ Please ensure this person arrives ahead of, or with the unit.
- ❖ Annual Medical Form (Parts A & B) is required for every participant (have 2 copies for all participants).
- Medical Kit
- Tour Plan (if required).

#### Deadline:

- \* Registration must be received in the Council Scout Office by Tuesday, March 31, 2015
- Units outside Colonial Virginia Council should contact your local council concerning tour plan deadlines.

#### Cancellation:

- This is a rain or shine event. In the event of severe weather, the Cub-O-Ree Coordinator reserves the right to cancel the event.
- ❖ The call to cancel the event will be made by 6:00 pm, Thursday, April 9th.

# Hello Cub Scout Leaders, Parents, and Guardians!

You and your Pack's Tiger, Wolf, Bear Cubs and Webelo Scouts are cordially invited to attend our Heritage District Cub-O-Ree to be held on

# April 10<sup>th</sup> thru 12th 2015 at Gosnold's Hope Park, Hampton

The purpose of the Cub-O-Ree is four-fold:

- First, is to pique the boys' interests in the Scouting environment while enjoying the great outdoors, and to inspire them to continue in Scouting through a positive outdoor experience;
- Second, give boys a chance to develop team skills and to interact with Scouts from other Packs and Districts.
- Third, it is designed to give the boys an opportunity to work on activity pins, belt loops and arrow points.
- Finally, it gives the Den Leaders an opportunity to meet with other Pack leaders, and share ideas and to strengthen their training.

Webelos are more than welcome to attend.

The staff is composed of experienced Scouters who are well known for their professionalism and leadership abilities. Your Cub Scouts will be given the opportunity to increase their Scouting skills and knowledge. They will participate in several activities that will challenge them and encourage them to continue to work on their achievements and electives on the Den level. They will also participate in ceremonies, camp-wide games, and an evening campfire. Patches and awards will be distributed at the closing of the event.

## **Attendees**

- The Cub-O-Ree is open to all registered Scout Leaders and their units regardless of district or council.
- Maximum capacity is 200 Scouts plus their leaders, parents and guardians.
- ❖ Register Early!!
- The Cub-O-Ree offers an opportunity for your Tiger, Wolf, and Bear Scouts to participate in an overnight campout and an opportunity to get to know other Scouts from the Heritage District as well as Scouts from other Districts and/or Councils.
- The event is organized as a three-day, two-night campout with planned instructional activities.

For those Scouts and Scout families who cannot attend overnight, you are encouraged to bring your Scouts for the Saturday activities, checking in Saturday morning by 8:30 am.

#### **Siblings**

\* The Cub-O-Ree is a family event.

- Siblings who are between 6 & 11 years old and who have paid the correct registration fee (\$8 for early/\$10 for late) are allowed to participate in all events to include the Range.
- Siblings who are not of the age group above or who did not pay the registration fee may attend but will not be allowed to participate in the activities outside of the Pack camping area.
- ❖ All siblings must be under supervision at all times.

# Parent/Guardian—Scout Ratio

- ❖ One parent/guardian is required per each Cub Scout family who are camping overnight.
- Tiger Scouts are required to have a parent/guardian accompany them throughout the event.
- Wolf/Bear Scouts are required to have one parent/guardian per three scouts during events.
- **Parents and legal guardian's who attend this event** and are not registered with BSA are not covered by BSA insurance.

# Check-in procedures

- ❖ All registered Packs and Troops will check in at the Cub-O-Ree health lodge.
- \* Campsite assignments will be given once a unit has turned in:
  - ✓ A Unit Roster of <u>all</u> participants
  - ✓ A Tour Plan (if required)
  - ✓ <u>All</u> medical Forms for each registered person attending. (This includes Scouts, Leaders, Adults and siblings)
- Check in begins at 5:00 pm.
- Programs begin at 8:30 am on Saturday morning.
- All Scouts, Leaders and Guest will be issued a colored wrist band to identify that they have checked in and are registered to be there. Any one identified without a wrist band will need to come to the Registration / Medical tent to sign in or will be asked to leave the camp area.

# Set-up

- Unless prior arrangements have been made and approved by the Cub-O-Ree Coordinator, Do not arrive early to setup, each campsite has been assigned to a specific Pack or Troop.
  - Vehicles will be allowed in the campsites to unload gear only. Once the vehicles are unloaded they must be immediately removed from the area and parked in the designated parking area.
  - ❖ No child or children will be left alone in vehicles while they are being unloaded or at any other time.

# **Parking**

All vehicles must be parked in the designated parking area – instructions will be given at check-in.

#### Parking is not allowed near the parks RV dump station!

#### Pets

- Pets are not allowed at the Cub-O-Ree. This includes during drop off, set-up, or pick-up.
- This applies to all visitors and staff personnel as well.
- **\*** Exceptions are licensed service animals.

#### Scouts leaving

- Scouts are not allowed to leave the Cub-O-Ree unless accompanied by the Scout's parent or guardian AND...
- \* The Scout's Den leader has been notified AND...
- ❖ The Scout's parent/guardian has checked out with the Cub-O-Ree coordinator.
- Scouts are not allowed to go to the 7-Eleven unless accompanied by their parent/guardian or at least two Scout leaders AND the same procedure is followed.

#### **Buddy System**

- Scouts must use the Buddy System at all times.
- ❖ We will have Buddy Watch Teams that will be patrolling the park grounds. If a Scout is found without a Buddy the following will occur: The first time the Scout will be issued a warning. If found a second time without a buddy, the Scout will be escorted to the BUDDY RESCUE CENTER, which will be located at the Medical Tent and will require a Pack representative to come and tow the buddy- less Scout back to the Pack. If a Pack has a second Scout cited for not having a buddy, that Scout will be escorted to the Buddy Rescue Center and will need to have a Pack representative pick that Scout up also and the Pack will be issued a Ticket and will be disqualified for any camp awards. (See Patches and Awards)

\*Note: Buddy's waiting outside porta- potties will not be cited.

#### **Visitors**

- Parents and friends of Scouts are welcome to visit between the hours of 9:00 am and 9:00 pm during the Cub-O-Ree.
- ❖ All visitors must check-in at the Cub-O-Ree health lodge to receive a Visitor's Pass.
- Visitors must obtain permission in writing from the individual Unit Leaders they are visiting. It is required that unit leaders will inform the Coordinator of expected visitors.
- It will be the Unit's responsibility, to ensure all visitors adhere to BSA Youth Protection Policies and are not disruptive during activities.
- Units will be held financially responsible for any damage that might occur from their visitors.
- Visitors may stay for the Saturday evening campfire program, but must leave following that campfire program.
- Visitors are not allowed to Camp out unless they are registered Scouts and have paid the Cub-O-Ree adult fee.

## <u>Meals</u>

The Cub-O-Ree will not be providing food or drinks.

- All meals, snacks and drinks are the responsibility of each of the participating Packs.
- ❖ Potable water is available at the field office (hose and nozzle).

  \*\*TIP: Let your Scouts help prepare the meals as much as possible.

### Leadership

- ❖ Just a reminder that all Cub Scout events are a One on One program.
- ❖ Each unit will have as a minimum 2 registered adult leaders camping with them overnight whose Youth Protection training is up to date.
- ❖ Each unit is required to have one (1) registered leader who has had BALOO training. If your Pack does not have a BALOO trained leader, please contact the Coordinator so arrangements can be made for you to camp with a Pack that does.
- ❖ Each unit is required to have (1) registered leader who has completed Weather Hazards Training (Available online at http://myscouting.scouting.org).
- Two (2) adult leaders or adults who are current with BSA Youth Protection Training must be present whenever Scouts are in camp or in route to an event.
- ❖ The Scouts will use the "Buddy system" at all times.
- ❖ Each unit will maintain annual BSA medical forms (Parts A&B) for each participant. These need to be on-hand with an attending, registered Pack leader in case of emergencies.
- ❖ If a tour plan is required for your unit, it must be presented at check-in.

# First Aid

- ❖ Each Pack/Den is required to have on hand a First Aid Medical Kit in camp at all times, located in an easily accessible area. The medical kit should have enough supplies to administer first aid to the majority of units' Scouts attending the Cub-O-Ree.
- All prescription medication will be in the possession of the Scouts' parent/ guardian at all times.
- EXCEPTION: Epi-pens or Bronchial inhalers, which may be carried by the individual Scouts.
- All injuries should immediately be brought to the attention of the Cub-O-Ree Coordinator and the medical personnel.
- **4** 911 should be called in case of emergencies.

# Youth protection guidelines

- Scouts are only allowed to sleep in a tent with their parent or legal guardian or other Scouts.
- \* At no time will a Scout be left alone with an adult other than his parent or legal guardian.

# **Tobacco Policy**

- ❖ This is a tobacco free event. All uses of tobacco products are prohibited in the Campsite Areas and at all activity areas.
- This includes not only arrival, check-in, set-up, all day event activities, and pick-up at any time or day.
- A designated tobacco area will be established (this is off limits and out of sight of all Scouts regardless if they are your child or not.)
- \* This policy applies to all Leaders, Parents, Guardians, Visitors, Staff Personnel, and Scouts. Please ensure that visitors know this policy.

#### **Alcohol Policy**

- \* All alcohol beverages are strictly prohibited during the Cub-O-Ree.
- This includes not only arrival, check-in, set-up, event activities, and pick-up at any time of day.
- Anyone using alcohol will be asked to leave the Cub-O-Ree area. If the person is a registered Scouter, a report will be filed with the Council office.
- This policy applies to all Leaders, Parents, Guardians, Visitors, Staff personnel, and Scouts.
- \* There is not a designated alcohol use area.

# General rules and regulations,

- ✓ No Cub Scout will be allowed to carry any type of knives at this event.
- ✓ No sheath knives, candles, fireworks, firearms, electronic games, radios, mp3 players, televisions, tent heaters, axes, hatchets, chainsaws, hand grenades, skateboards, roller skates, sodas, trading cards, neckerchiefs or Scout Handbooks are allowed at Cub-O-Ree.
- ✓ Scouts are not allowed to stay at or roam around the campsite during scheduled events.
- ✓ Unit leaders are responsible to keep their Scouts occupied at all times.
- ✓ No ground fires are allowed (Leave No Trace Policy). Above ground fires permitted only!
- ✓ A bucket of water or sand and a shovel must be stationed near all fires.
- ✓ Lit campfires are not to be left unattended; you must designate an adult to fire watch whenever a campfire is lit and in use. Ensure embers/coals are cool to the touch prior to discarding them in the woods. **DO NOT PUT ASHES IN THE GARBAGE CANS.**
- ✓ Cutting of live trees are not permitted. Axe yards are not permitted.
- ✓ The buddy system and youth protection guidelines will be enforced at all times.
- ✓ National and Council policies will be adhered to at all times.

# Garbage and trash

- ❖ All garbage and trash generated by each Pack/Den will be bagged and disposed of in the Park's garbage cans or dumpsters daily.
- ❖ Each unit is responsible for policing their area prior to leaving their campsites for events and after the Cub-O-Ree is over.
- ❖ Dishwater is to be broadcast in the woods away from the campsite area.
- Personal grooming areas are to be staged away from the food prep and dining areas.

# Restroom facilities

- **Youth Protection guidelines require adults and youth members have separate restroom facilities.**
- Youth/Scouts will use the port-a-lets provided in the campsite areas.
- Adults are to use the Park and Rec. RV/ Campers restrooms located on the side of the field office. These facilities are to be used by adults only; it has a keypad lock. The code will be provided to you at check in.
- ❖ NO ACCEPTIONS TO THE YOUTH PROTECTION GUIDELINES WILL BE ALLOWED.

#### **Campfire Program**

- ❖ There will be a Campfire Saturday Night for the whole camp.
- ❖ It will start at approximately 7:00 pm.
- ❖ The Packs/Dens are asked to provide a skit, song, or an act for our program.
- ❖ The Packs/Dens will be given ample time to prepare and practice a skit or song for the Campfire.
- The skits or songs should not be longer than 3 minutes.
- Skits and songs will be turned into the Cub-O-Ree Coordinator by 1:30pm on Saturday for review to ensure they are appropriate, comply with Scout policy, and that we do not have any duplicates.
- Units are strongly encouraged to have more than one skit, song or act available in the event of duplication.

#### Clothing

- ✓ Be prepared for the weekend.
- ✓ Check the forecast.
- ✓ The weather in Hampton Roads has been known to change several times in a day, let alone a weekend.
- ✓ Ensure your Scouts have enough gear to handle any situation...BE PREPARED!
- ✓ Try to keep them dry.
- ✓ Temperatures can and will drop rapidly, so keep an eye on your Scouts.

## Ground fires are not allowed!

- All fires must be off the ground.
- Charcoal cooking must be off the ground as well.
  - TIP: Warm drinks and soups are recommended, hot chocolate is always a hit! and don't forget the coffee!

# **Attitudes**

- ✓ Remember to have at least two back-up plans just in case. For first-time campers, this will be either the greatest time they have ever had or the worst. How you are prepared and your attitudes can directly affect that.
- ✓ Leaders and Parents get plenty of rest prior to the campout; add a few more feet to your fuse. Breathe all the fresh air you want and relax...
- ✓ Remember, counting to ten can make *ALL* the difference.
- ✓ The camp staff is here for you... lean on us for help and guidance any time!

# Manners

- \* Any Scout who inflicts <u>intentional</u> personal harm to another Scout(s), youth(s) or adult(s) will be sent home immediately.
- ❖ Youth staff shall be offered the same respect as adult staff. Adult staff members stand behind and support the youth staff at all times.
- Disruptive/destructive behavior will not be tolerated. Any Scout(s) who does will be removed from the activity and turned over to their adult leadership.
- Any Scout who intentionally damages equipment or facilities belonging to another Pack/Den or the Parks & Rec. Dept., including the port-a-lets will be sent home immediately. The Scout's unit and/or parents will be held financially responsible for the Scout's actions.

## Patches and awards

In addition to your Cub-O-Ree Patches we will award Packs the following:

- Spirit Award Ribbon: Awarded to the unit who shows the best Scout Spirit while in camp and at events. At events, they arrive on time, they are not disruptive. They carry their unit flag proudly wherever they go and really let us hear their unit yells or songs!
- Best Prepared: Awarded to the unit with the most points earned throughout the competition.
- Buddy System Ribbon: Awarded to the unit that follows the Buddy system best. The unit and its leaders follow youth protection guidelines and policies and the Scouts follow the buddy system guidelines.
- Best Campers Ribbon: Awarded to the unit that is the most helpful in camp and at events. The Scouts in the Den help with set-up and clean-up, keep their campsite neat and clean, keep their gear stowed away, and help other Scouts who are not in their unit.
- Most Gold Ribbon: Awarded to the Pack with the most gold at their claim.

\*\* Note: Any Pack that has been issued a Buddy Violation Ticket will not be eligible for ribbons. See Buddy System on page # 5. \*\*

# Recommended equipment

# **ESSENTIAL:**

- ✓ Clothing—coat, sweatshirt, pants, socks, briefs, T-shirt, shirt Scout uniform (shirt and hat—no neckerchief and slide) and activity shirt. (*TIP*: Put clothes in plastic zip bags)
- ✓ Pack / Den flag
- ✓ First aid kit (Mandatory)
- ✓ Flashlights and extra batteries
- ✓ Insect Repellent
- ✓ Meals
- ✓ Medication
- ✓ Mess kit w/utensils

- ✓ Personal Hygiene products (toothbrush, toothbaste, etc)
- ✓ Rain Gear
- ✓ Shoes (bring an extra pair)
- ✓ Sleeping bag (rated for +30 degrees)
- ✓ Stoves and lanterns (No liquid fuels)
- ✓ Tent, ground cloths, and stakes
- ✓ Trash bags
- ✓ Water bottle
- ✓ Water containers for drinking and washing. (Water is available at the field office

# **NICE TO HAVE:**

- ✓ Aluminum foil
- ✓ Blankets
- ✓ Board games (in case of rain)
- ✓ Bucket
- ✓ Camp chair
- ✓ Charcoal
- ✓ Chuck box (cooking utensils, pots, pans, plates, cups, plastic ware.)
- ✓ Dining tarp or fly
- ✓ Dishwashing basins (3) w/dish soap, dishrags, and towels
- ✓ Dry goods box or locker

- ✓ Fire making supplies. (Wood, leather gloves, matches, lighters, tinder)
- ✓ Fire Pit (above ground)
- ✓ Folding tables
- ✓ Glo-stick (night light)
- ✓ Hand Sanitizer liquid or wipes
- ✓ Ice coolers
- ✓ Paper products
- ✓ Playing Cards
- ✓ Rope, (Various lengths, and sizes)
- ✓ Shovel
- ✓ Toilet Paper, Paper Towels, napkins

# CUB-O-REE WEEKEND SCHEDULE (Tentative schedule subject to change without notice)

FRIDAY 5:00 pm - 8:00 pm - 10:00 pm-	April 10	Camper's Registration and Camp Set-Up Leader's Cracker-barrel Lights out
SATURDAY	April 11	2.8
7:00 am-	8:30 am	Breakfast (Pack/Dens provide)
8:30 am -	8:45 am	Opening Ceremony and Announcements
8:50 am -	9:50 am	Activity 1
9:55 am-	10:55 am	Activity 2
11:00 am -	12:00 am	Activity 3
12:00 pm -	1:30 am	Lunch (Pack/Dens provide) Turn in Skits/Songs to
		Cub-O-Ree Coordinator.
1:30 pm -	2:30 pm	Activity 4
2:35 pm -	3:35 pm	Activity 5
3:45 pm -	4:00 pm	Pre Competition set up
4:00 pm -	5:00 pm	Covered Wagon Race
5:00 pm -	7:00 pm	Dinner (Pack/Dens provide) and Clean-Up
7:00 pm -	9:00 pm	Campfire Program
9:30 pm -	10:00 pm	Quiet Time all Scouts remain at campsite.
10:00 pm		Lights out
SUNDAY	April 12	
7:00 am -	8:00 am	Breakfast (Pack/Dens provide)
8:15 am –	8:45 am	Scouts Own Worship Service
8:50 am -	9:05 am	Morning Flag Ceremony
9:05 am -	9:30 am	Awards and Closing with Flag Ceremony
9:30 am -	12:00 pm	Awards and Closing with Flag Ceremony
12:00 pm		Campsite Inspections (sooner if camp is cleaned early)

# **Registration Form for Heritage District Cub-O-Ree 2015**

When: April 10-12, 2015 Registration & Fees: # of Cub Scouts		Where: Gosnold's Hope Park, Hampton Early / Late Registration x \$12.00 / \$17.00 each =					
# of Leaders		x \$ <del>5.0</del>	x \$ <del>5.00</del> / \$ <del>7.00</del> each =				
# of	Adults	x \$2.0	x \$2.00 / \$3.00 each			§	
# of	Boy Scout	x \$4.00 / \$5.00			=		
# of Siblings (age 6-11 yrs)		x \$8.00 / \$10.00			=		
# of	Additional Patches	x \$2.0	x \$2.00 each =				
(Ad	ditional patches may b	e purchased at the evo	ent or \$3	. <b>00</b> ) 1	Total Du	ie	
Pac		egister at the Colonic  Early registration s or on registration p  District	is by M	Iarch 2	23, 201	5	
	Cub/Boy Scout's/Siblings Name	Leader's/Adult's Name	Tiger	Wolf	Bear	Web/Boy Scout/Sibling	Medi- cation?
1	Johnny Smith	Mark Smith		Х			No
2							
3							
4		н 0					
5							
6							
7							1000
8							
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	nt of Contact for Pa ail Address:	ick		P	hone		

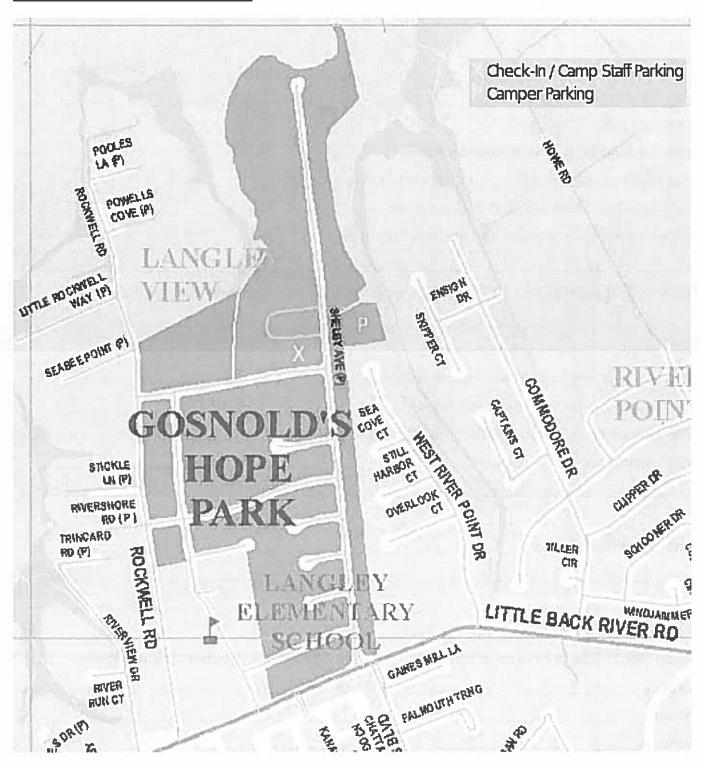
# 2014 Heritage District Cub-O-Ree Critique Sheet

To ensure a quality Cub Scout program, Please give us your feedback on how we did. Complete this form and give it to the Daycamp Coordinator.

Rankings 5- Excellent, 4- Good, 3- Average, 2- Fair, 1- Poor, 0- Terrible

	Adults	Scouts
Was the event interesting?	{ }	{ }
Was the event organized?	{ }	{ }
Was the staff helpful and knowledgeable?	{ }	{ }
Was there enough publicity about/prior to thi	is event? { }	{ }
Staff member's attitude and appearance?	{ }	{=: }
Did you your Scouts enjoy the activities/game	es? { }	{ }
Did you and your Scouts have enough time to	enjoy the activities a	nd games?
What activity did you enjoy most?		9 15
What activity did your Scouts enjoy most?	W. Carlotte	The second second
Which activity did you enjoy the least?		
Which Activity did your Scouts enjoy the least	t?	
What would you do to improve this Event?		
8 2 3		
Additional Comments:		
		8
Would you support this event next year? { } }	Yes { } No	
If you would like to help with this event next y	year please let the coo	rdinators know.
Name Pa	ack	
Phone E-mail		
Address		

# Map of Gosnold's Hope Park



# Registration Form for Heritage District Cub-O-Ree 2015 (continued)

Please register at the Colonial Virginia Council Scout Store.

Early registration is by March 23, 2015

For questions or on registration please call the Scout office 595-3356.

	Cub/Boy Scout's/Siblings Name	Leader's/Adult's Name	Tiger	Wolf	Bear	Web/Boy Scout/Sibling	Medi- cation?
1	Y						
2							
3	Tip.						
4							
5							
6							
7		9					
8							
9							
10							
	11						
Point of Contact for Pack				P	hone		
Em	ail Address:						

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