Playing the Past – Junior Badge

There are so many amazing skills to learn and lots of badges to help inspire you. The Girls Guide to Girl Scouting has a variety of badges that will allow you to start new hobbies and find out incredible things. You can do the activity on your own or with your friends and all the badges will allow you to build a skill that will help you with your Girl Scout Leadership Experience. Badges have five steps. You need to complete all five steps to earn the badge. You don't have to do all the activities perfectly. After all, you're learning something new. Do the best you can, and you’ll soon find that you can do things you never thought you could do! The Girls Guide to Girl Scouting and badges can be purchased at either the Monmouth or Ocean Council Shops or online. If you have further questions about how to earn a Junior badge please contact Penny Shank at (800) 785-2090, ext. 219 or pshank@girlscoutsjs.org.

Dream up a character: a girl or woman who lived in another time period. You can be someone who really existed or a historical woman from your imagination. Give yourself a new name and get ready to live history. Complete one activity from each step to earn the badge.

**Step One:** Decide who you are. Research your time period and do a little research. What did girls do? What did they like? Use one of your choices to come up with the details of your character’s life.

A. Write her diary. Pretend to be your character and write a week’s diary about your daily life

B. Write a speech for your character. If you could if gotten up and spoken her mind, what would she have said and who would she have said it to?

C. Play a game of 20 questions. If your character actually existed, have a partner try to guess who she is or what time period she is from by asking questions

**Step Two:** Create a Costume

A. Do it yourself. Stitch your own outfit or make one from a pattern. Or visit a thrift shop to find clothing to decorate

B. Make 2 or 3 accessories. What kind of decorations did girls wear in your time period? This could be a hat, necklace or fake jewels.

C. Draw it out. Sketch and label a typical outfit as if you were a fashion designer from the era
**Step Three: Experience Daily Life**

A. What are your chores and duties? Take one on you might hand dip candles, churn butter in a jar, embroider a sampler or make a doll.

B. Food and meals- research a recipe and make a typical dish a girl from the time period might have prepared for her family.

C. Home Sweet Home- where would you have lived? Create a model of your characters home.

**Step Four: Have some Old-Fashioned Fun**

A. Make music- find out what sounds were popular in your day and share with a family member or friend.

B. Play a game or two- what kind of parlor or party games existed? What sort of outdoor games were played?

C. Create art- what types of art were popular? Sculpt something from clay, do a painting or drawing or try out a dance.

**Step Five: Become Your Character**

A. Make your own event- set up a medieval feast, pioneer day or big dance for your family typical of the time period and share it with friends and family.

B. Have a living history party.

C. Attend a history oriented event in your town.