






Notre Dame High School – 26 Acts of Kindness Calendar



~ December 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 	4	5
6 	7 Say "Good Morning" <i>To everyone you pass this morning.</i>	8 <i>No School Today</i>	9 Hold the Door Open For Someone Today	10 <u>Collection</u> Donate Blankets and Sleeping Bags for the homeless	11 Thank a First Responder <i>Write a thank you note to a first responder (police, fire, EMT). ND will mail them.</i>	12 
13	14 Share a Compliment with Someone Today	15 Be a Friend Who Listens Today	16 "Be Kind to Yourself" Day <i>(exercise, eat healthy, reduce stress). Being kind to others starts with yourself.</i>	17 <u>Collection</u> Donate a can of cat or dog food for CT Humane Society 	18 	19
20	21 Christmas Break	22 Christmas Break	23 Christmas Break	24 Christmas Break	25 Christmas Break	26
27	28 Christmas Break	29 Christmas Break	30 Christmas Break	31 Christmas Break		




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~ January 2016 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
	Read a Book Day <i>Be good to your brain! It needs exercise too.</i>	Be Positive Day! No complaints today!	 Collection Donate a gently used book for a local teen center/library	Let Someone Go In Front of You in Line Today	Thank the ND Support Staff <i>Thank a secretary, cafe worker, coach, custodian</i>	
10	11	12	13	14	15	16
	 Be Kind to the Environment <i>(recycle, use less paper, think before hitting print, purchase a reusable water bottle, etc.)</i>	Collection Donate a canned food for a local shelter 	Tutor/Study with a Classmate Day <i>Share the gift of education and help someone prepare for mid-terms</i>	Mid-Term Exams	Mid-Term Exams	
17	18	19	20	21	22	23
	No School – MLK, Jr. Day	Mid-Term Exams	Mid-Term Exams	Mid-Term Exams		
24	25	26	27	28	29	30
	“Please and Thank You” Day	Collection Donate a toiletry item for a local homeless shelter	Thank a Soldier <i>Write a thank you letter to a US soldier. ND will mail these letters.</i> 	Embrace Your Mistakes Day <i>Learn from your mistakes and move forward.</i>	Collection Donate Used Coats/Sweatshirts for the homeless	

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~ February 2016 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 "Encourage Someone Today <i>A little support can make a huge difference</i>	2 Thank a Teacher <i>Write a letter to a teacher who has made a difference in your life (ND will mail any letters to a former teacher for you.)</i>	3 Thank Your Parents/Guardian Grandparents Day <i>For all that they do for you</i>	4 Put a Smile On Someone's Face Today: Make Them Laugh	5 ND Community Service Day	6
7	8	9 	10	11 	12	13
14	15	16	17	18	19	20 
21	22	23	24	25	26	27