



SATURDAY WORKOUTS

This is not a camp to pick up a t-shirt, take a picture with a pro and win an award during a contest— this is a serious camp for serious players. No Frills. Just Skills! Our staff will demand the best from each and every player - there is no try - there is only “DO”. We will strengthen a player’s physical and mental game by focusing on building the new skills they need to gain the confidence necessary to succeed on and off the court. We teach them how to practice with a purpose. Players should be prepared to work hard, watch video, take notes and practice on their own. This program is not for everyone. It’s geared towards the serious player.

Enrollment is limited. This camp is for those players and parents who want serious instruction in the sport of basketball. Players will work directly with the Game 7 Boot Camp Instructors Marc Von Essen, Tamar Adams, Haron Hargrave and others.

There will also be a makeup classes so if you miss a class you may make it up on Sunday. Players will also get a first look at the new equipment that will be introduced at this camp. The focus will be on offensive improvement, and building a personal workout that you can use on your own.

Please MAIL FORM to 29 MARVIN AVE Rockville Centre, NY 11570

DO NOT Mail to the Gym.

BEGINS SATURDAY NOVEMBER 21st

WWW.GAME7SPORTS.COM

Gym Location

87 Pine Street Freeport, NY

Cost : \$155 Returning players \$135 6 sessions Starts Nov. 21st.

Grades 2-5th 3pm-4:15 Grades 6-8th 4:15-5:30pm

- Boot Camps are 75 minutes long.

-Players receive a boot camp T-shirt upon completion.

Email us at info@game7sports.com for additional information

Please detach this enrollment form and mail along with your check to: Game 7 Sports, Inc. 29 Marvin Ave, Rockville Centre, NY 11570

Player’s name: _____ Grade: _____

Phone: _____ Address: _____

Email Address: _____ (please provide your email address for correspondence and confirmation)

School: _____ Emergency contact: _____

I understand that any player who does not abide by the rules and regulations promulgated by Game 7 is subject to dismissal without reimbursement or recourse. GAME 7 will not be responsible for injury or illness if same was not caused through fault of Game 7. I hereby authorize the directors to act accordingly for me according to their best judgment in any emergency if I cannot be contacted.

Date: _____

Parent/Guardian Signature: _____ nov15satHR