

# Path to Wellness

## FREE HEALTH SCREENING

09/19/15

SATURDAY FROM  
8:00 AM TO 1:30 PM

### INDO AMERICAN CULTURAL CENTER

2804 W. Maryland Ave, Phoenix, AZ 85017

#### FREE SCREENING CRITERIA:

Participants must be 18 years of age or older AND:

have a family member (father, mother, brother, sister) with diabetes, heart disease or kidney disease

OR

participant must have a personal history of diabetes or high blood pressure

#### PATH TO WELLNESS SCREENINGS OFFER:

- Free Health Screening
- Immediate Blood and Urine Results
- Free Doctor Consult
- Free Onsite Health Education
- Free 6-Week Healthy Living Workshops
- Help to Find a Family Doctor

To schedule your **FREE** appointment, we ask that you please contact the National Kidney Foundation of Arizona:

(602) 840-1644 ENGLISH

(602) 845-7905 SPANISH



National  
Kidney  
Foundation™

of  
Arizona



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Arizona Living Well Institute

Advancing Evidence-Based Programs for Arizona