

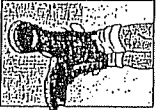
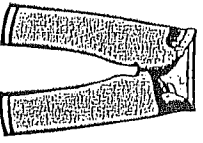
Protecting yourself:

- Use a mosquito repellent containing "DEET"

(N,N-diethyl-mete-toluamide) on exposed skin.

For more information on "DEET," ask your pharmacist or log on to our website.

- Dress protectively by wearing long-sleeved shirts, long pants, socks, and shoes, especially during the early morning hours after daybreak and late afternoon before dark, when day biting mosquitoes are most active.



- Keep unscreened windows and doors closed.

- Remember, while mosquito bites may not hurt, they can make you very sick.

For questions, call your health care provider or the Hawai'i State Department of Health.

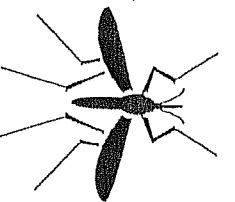
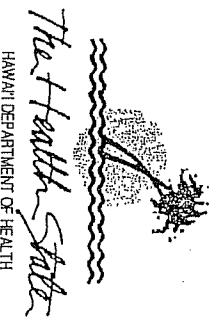
- Oahu: 808.586.4586
- Big Island: Hilo/East Hawaii: 808.933.6001
- Big Island: Kona/West Hawaii: 808.322.4880
- Maui: 808.984.8213
- Molokai and Lanai: 1-800-468-4644 ext. 64586
- Kauai: 808.241.3563

www.hawaii.gov/doh/denque

Equal Rights

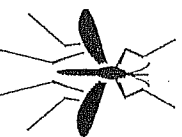
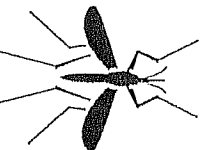
We provide access to our activities without regard to race, color, national origin (including language), age, sex, religion, or disability. Write or call the programs on the brochure or our departmental Affirmative Action Officer at Box 3537B, Honolulu, HI 96801-337B, or at 586-4616 (v/tty) within 180 days of a problem

David Y. Ige, Governor
Virginia Pressler, M.D., Director of Health



DENQUE

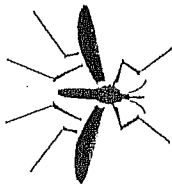
FEVER



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What is it?

Dengue (pronounced den'gee) is a viral disease transmitted to humans by the bite of an infected Aedes mosquito.



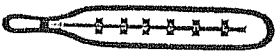
Dengue cannot be spread directly from person to person.

Symptoms include:

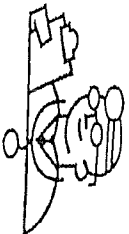
- high fever
- severe headaches
- body and joint pains



- vomiting
- eye pain
- rash



Consult your physician if you develop these symptoms.

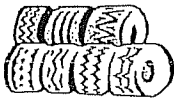


Protect yourself and your family from Dengue Fever.

You can only prevent it by controlling the mosquitoes and protecting yourself.

Controlling the mosquitoes:

- Remove, repair, or empty anything that collects rainwater such as: cans, bottles, buckets, used tires, flower pots, bromeliad plants, pineapple lilies, clogged roof gutters, hollow bamboo or tree stumps, uncapped hollow tile walls, uncapped fence pipes, abandoned cars, and boats.



- Check all screen doors and windows and repair as necessary.

- Empty and clean pet and stock watering containers at least once a week.

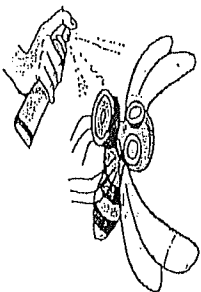


- Empty and clean flower vases at least once a week.



- Spray the surface of breeding areas (such as unused swimming pools or other areas of standing water) with 4 – 6 oz. of liquid dish detergent in a gallon of water. Repeat every 2 – 3 days. Not for catchment tanks or drinking water.

- Make sure your water catchment tank is mosquito-proof.



- Eliminate adult mosquitoes indoors with aerosol insecticides labeled for flying insects.