



All are welcome ages 18-35

Find Yourself in God

Saturday, November 8, Noon - 4:00 pm

Keahua State Park at the top of Kuamo`o Rd., Wailua

Bring a Friend * Bring a Camera

Too busy with classes? Too pressured at work? Too tired from life? Get away from it all in God's creation. Be renewed in spirit and body.

We'll begin with a relaxing lunch provided by ReSource for Christian Spirituality. After lunch there will be guided opportunities to just BE with God, quiet unhurried time in the beauty of creation. You may choose to walk the start of the Kuilau Ridge Trail (an easy 3 mile hike), or rest beside the cool waters of Keahua Stream. It will be a time to find yourself in God and discover your belovedness.

Then we'll come together in small groups to hear one another's experiences and stories. How did you experience God's invitation to find yourself in him?

Hosted by ReSource for Christian Spirituality

An Ecumenical Ministry of St. Michael and All Angels Episcopal Church

Meet at Keahua Arboretum at noon

or to carpool, meet at St. Michael's parking lot at 11:00 am.

Corner of Hardy and Umi Sts., Lihue. Rev. Phyllis Meighen

Please respond to Rev. Phyllis Meighen, spirituality@stmichaels-kauai.org

or 647-4346, so we have lunch prepared for you.



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