



To: Persons Eligible to Enroll in a D-SNP (Special Needs Plan for Medicare and Medicaid Eligible)

The New Jersey Division of Medical Assistance and Health Services (DMAHS) recently announced the offer for Medicare and Medicaid-eligible beneficiaries (Dual-Eligibles) to sign up for Special Needs Plans (D-SNPs).

The Mental Health Association in New Jersey has been evaluating the feasibility of these D-SNPs for persons with a mental health diagnosis. Before registering, we believe that you should thoroughly research whether these plans will serve your needs.

You may be contacted by someone from the managed care plan who will explain that you do not have a copay for your psychiatric drugs if you sign up for the Special Needs Plan (SNP). While this is true, there may be other changes in your coverage with these SNPs.

We strongly recommend that before joining a D-SNP you:

- ✓ Contact the D-SNP Managed Care Plan you are considering and confirm that your mental health provider is a part of their network. Please see the next page for contact information. A provider must join the network for his/her services to be covered under the plan. If they do not participate, you will need to select a different provider in the plan or elect to stay with your current coverage and not enroll in a D-SNP
- ✓ Contact the D-SNP Managed Care Plan and confirm that your current medications are covered under the D-SNP Plan's formulary. Each Managed Care plan has a phone number to call to ask about your medications (listed below). We recommend that you request a written confirmation (email or letter) of the answer you receive from the plan.

If you require help in getting this information, the New Jersey MentalHealthCares Helpline will assist you. Their contact information is:

1-866-202- HELP (4357) or www.njmentalhealthcares.org

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**Mental Health
Association
in New Jersey, Inc.**

Mental Health Association in New Jersey
88 Pompton Avenue
Verona, NJ 07044
800-367-8850

Contact numbers for D-SNP Managed Care Plans in NJ		
Amerigroup New Jersey, Inc. / Amerivantage Specialty+Rx	Serving: Bergen, Essex, Hudson, Middlesex, Monmouth, Ocean, Union	1-877-470-4131
Healthfirst Health Plan of NJ/Healthfirst NJ Maximum Plan	Serving: Bergen, Essex, Hudson, Middlesex, Passaic, Somerset, Union	1-877-737-0233
Horizon NJ Health/ Horizon Medicare Blue TotalCare	Serving: All 21 NJ Counties	1-866-836-0042
United Healthcare Community Plan/ United Healthcare Dual Complete	Serving: Atlantic, Bergen, Essex, Hudson, Mercer, Middlesex, Monmouth, Ocean, Passaic, Union	1-877-459-4458

If you are already signed up for a D-SNP, we ask you to give us feedback regarding your experiences with getting the services you require by calling the New Jersey MentalHealthCares Helpline at 1-866-202-HELP (4357).



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