Autumn Favorites

The leaves are beginning to change colors and days are getting shorter, but that doesn't mean menu selections should too! Seashore offers a variety of hearty root vegetables and flavorsome squashes your guests will love. It's time for warm apple cider, pumpkin- spiced everything, silky butternut squash soup, crisp apples, and poached pears!

GREENS

1975 MICRO BULL'S BLOOD, 8-oz
5107 MICRO INTENSITY MIX, 8-oz
0283 TUSCAN KALE (LACINATO)
1206 ARCADIAN HARVEST MIX, 4/3#
1215 BABY MIXED LETTUCE HEADS, 2#
1197 BURGUNDY BUTTER LETTUCE, 18-CT*
1211 RED VEINED SORREL, 2#

VEGETABLES

0285 KALETTES, 2.5#*
1641 SUNSHINE BLEND, 2/5#
0151 YELLOW WAX BEANS SNIPPED, 10#

ROOT VEGETABLES

0155 RED BEETS, 25#
0154 GOLD BEETS, 25#
0205 CELERY ROOT (CELERIAC)
0292 LEEKS, 12-CT
0365 SWEET ONIONS, 40#
0376 PARSNIPS, 20#
0615 RUTABEGA
0613 TURNIPS, 25#

AUTUMN SQUASHES

0500 ACORN SQUASH
0503 BUTTERCUP SQUASH*
0506 BUTTERNUT SQUASH
0511 DELICATA SQUASH*
0513 GOLDEN NUGGET SQUASH*
0514 BLUE HUBBARD SQUASH*
0515 GOLD HUBBARD SQUASH*
0516 KUBOCHA SQUASH*
0518 SPAGHETTI SQUASH
0520 SWEET DUMPLING SQUASH*

TUBERS

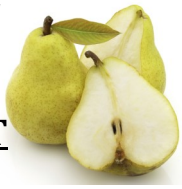
0420 YELLOW FINGERLING POTATOES, 50#
0426 MIXED FINGERLING POTATOES, 50#
0419 MIXED "PEE WEE" POTATOES, 50#
0444 PURPLE "A" POTATOES, 50#
0621 WHITE SWEET POTATOES, 20#
0542 JUMBO YAMS, 40#

SPECIALTIES

1243 PEELED BABY RED BEETS, 5#
1239 PEELED BABY GOLD BEETS, 5#
1248 PEELED BABY CARROTS W/ TOPS, 5#
1260 MIXED PEELED BABY CARROTS W/ TOPS, 5#
0693 SLICED GOURMET MUSHROOM BLEND, 5#
0694 WHOLE GOURMET MUSHROOM BLEND, 5#
1410 EDIBLE NASTURTIUM FLOWERS, 50-CT*
2018 TINY VEGGIES™ CRUDITE MIX, 50-CT*

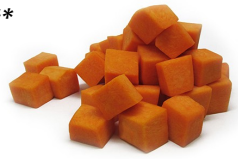
FRUIT

0822 FUJI APPLES, 88-CT
0827 GOLDEN DELICIOUS APPLES, 88-CT
0840 MACINTOSH APPLES, 100-CT
1080 D'ANJOU PEARS, 90-CT
1090 BOSC PEARS, 90-CT



CONVENIENT FRESH-CUT

1418 GOLD DICED BEETS, 2/5#*
1421 RED DICED BEETS, 2/5#*
1592 BUTTERNUT SQUASH DICED 4/5#
1595 BUTTERNUT PEELED HALVES, 4/5#
1450 JUMBO CARROTS PEELED, 4/5#
1535 DICED PARSNIPS, 4/5#*
1800 DICED POTATOES 80% COOKED, 20#
1565 WHOLE PEELED POTATOES, 30#
1575 DICED RUTABEGA, 4/5#*
1608 DICED TURNIPS, 4/5#*
1616 DICED YAMS, 20#*
1611 PEELED YAMS, 20#*



MISCELLANEOUS

1720 APPLE CIDER, 4/1-gal
1644 CANDY APPLES, 24-CT
1649 CARMEL APPLES, 24-CT
1839 DRIED CHERRIES, 1#
1841 DRIED CRANBERRIES, 1#
1885 PINE NUTS, 1#
2869 POMEGRANATE PUREE, 6/30-oz
1899 ROASTED PUMPKIN SEEDS

Items marked with an asterisk (*) may need to be ordered in advance.

SEASHORE FRUIT & PRODUCE CO.

Contact your sales representative to begin planning your autumn menu!

Atlantic City, NJ | Penns Grove, NJ

Ph: 609-345-3229 | www.seashoreeast.com