

It's a Win-Win for Cupcake War Participant

Arlene Cardenas, owner of Marjolaine Pastry Shop, will once again be participating in Cupcake War at BHcare's Shoreline Benefit on May 19 at Pine Orchard Yacht & Country Club in Branford. The bakery received the Best Presentation Award for the past two years.

Participating in BHcare's Cupcake War is a win-win situation for me. The bakery receives great exposure and that I am helping a cause that is near and dear to my heart.

I am so happy to be part of an event supports domestic violence victims. Years ago, my mother, stepsister and I escaped from my abusive stepfather with the help of The Umbrella Center for Domestic Violence Services. We spent several months in the safe house. Not only did The Umbrella take care of our safety and physical needs like food, shelter and clothing, it taught me a very important life lesson; I learned how to be responsible for myself.

The bakery, which was once an escape for me, is now my own business. I want to do what I can to help others who are in abusive relationships and help them live safe, independent lives.

Click [here](#) to view more of Arlene's Story.



A Shoreline Benefit for
BHcare

Hope • Health • Recovery

Providing behavioral health
& domestic violence services



Thursday, May 19, 2016

5:30 pm - 8:30 pm

Pine Orchard Yacht & Country Club

2 Club Parkway

Branford, CT

Get your tickets today at

www.bhcare.org.