

BIA WEEK

Tuesday, January 19, 2016
and Friday, January 22, 2016

What is BIA? Bioimpedance Analysis.

Curious about your biological health?

Are your cells happy?

Are your cells being fed and hydrated properly?

We all need to be motivated and this kind of information is motivational.

If you missed our last BIA event be sure to join us
for an overall assessment of your biological health.

Find out your true body composition; fat mass, lean body mass, basal metabolic
rate and other important cellular activity.

The BIA is a diagnostic tool used to obtain objective data regarding your health status. The test produces accurate data with little time and effort and is approved by the FDA and scientifically validated. The test uses sensor pad electrodes which are placed on the right foot and right wrist. The data provides a clinical assessment of body composition which includes fat mass, lean body mass, body cell mass, extracellular mass, total body water, intracellular water and basal metabolic rate. Some specific areas where body composition information can be applied include nutritional assessment, anti-aging therapy, physical performance assessment, and weight management.

For questions about this event, email Patty at
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