

Did you resolve to become more active, meet new people and have fun in 2016?

The best way to achieve your goal is to get involved with *Adventures in Learning*, (AL) a volunteer-led program at Shepherd's Center Central.

Volunteers-members do everything from planning the programs, registering attendees, setting the tables at lunchtime and leading classes.

Each 10 week semester brings new classes, seminars and activities for adults aged 50+ - 40 Fridays a year!

REGISTRATION IS ALWAYS OPEN Start anytime.

Classes meet at Central United Methodist Church, 5144 Oak, KCMO, at 9:00, 10:00 and 11:00 a.m., followed by the Noon Forum. Come for just one class, or stay the whole time.

For more information, contact Shepherd's Center Central, 816-444-1121 (or visit www.sccentral.org). Lunch is served at noon. Reserve a meal (\$5.00) by calling or you may bring a sack lunch. The Forum program begins at noon.



2015 *Adventures in Learning!*

- Attendance increased to an average of 80 members per week.
- 520 classes were offered during the four 10 week sessions.
- *Technology Series* followed by the computer lab at SCC Oak Street office was a big success that continues into 2016. One-on-one mentoring was provided by students from the community.
- Other successful special events were an art show featuring members' work, and a fashion show with AL member "models".
- AL members contributed a total of 2,392 volunteer hours in 2015.

Visit www.sccentral.org

for a complete list of classes and activities scheduled for
Adventures in Learning—Spring Session

or contact Deb at 816-444-1121