

Efficient and Effective: SCC MOW Program Takes Growth in Stride

The Meals on Wheels (MOW) program at Shepherd's Center Central (SCC) saw more than a few changes in 2015.

In July 2015, SCC transitioned to one caterer for great efficiency and quality. All the food is now delivered by the caterer to the kitchen at the Campbell Campus, where the meals are packaged and staged for delivery.

Clients report the portions are better and the food is hot and tastes good! SCC MOW is now delivering an average of 181 meals a day, Monday-Friday. The clients receive cold items and a sectioned tray with a hot entrée, including vegies or other side dishes.

There are 13 routes ran each and every day - a minimum of eight volunteers assist with meal packaging, and as many as fourteen volunteers deliver meals.

SCC now has four employees who are trained and certified Food Managers by the KC Health Department. In addition to their responsibilities with other programs, a SCC food manager is always be available to help out if needed.

In 2016, the MOW program is expected to grow incrementally, until SCC is providing 200 meals a day. The expanded delivery area will extend into the area east of Highway 71, where the need is so great.

2015 MOW by the Numbers!

- Every week meals were received by an average of 181 homebound adults, Monday - Friday.
- 110 volunteers contributed a total of 4,143 volunteers hours.
- 35,769 meals were served in 2015.