

# Spread the word



**Posh Nosh**  
Tan Hsueh Yun  
Food Editor

There's a lot of love in the air when it comes to spreads. From the classic butter and jam to the more adventurous, spreads are a staple of many households. They are a versatile and delicious way to add flavour and texture to your bread, toast, or crackers. Whether you're looking for a quick breakfast or a snack, spreads are always a good choice.

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## Goopy goodness



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## Butter me up

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## Crispy cream

The way I see it, you are either a Milo kid, Ovaltine kid or Horlicks kid.

Some people I know still turn to these drinks at night, maybe because they gave endless comfort then and still do today.

When I chance upon the familiar colours and logo for Ovaltine at Huber's Butchery, I just have to get a jar of its Ovomaltine spread.

It turns out to be better than the drink I remember.

After breaking the crackly top, it is just dark chocolaty goodness inside. And that crunch. I cannot figure out where it comes from, looking at the ingredients. It may be the hazelnuts or some sort of crispy feuilletine. Eating it brings back a lot of memories. Now, if only Horlicks would make a spread too.

Yes, I was a Horlicks kid.

**Ovomaltine spread, \$8.75 for a 400g jar, from Huber's Butchery, 18A Dempsey Road, tel: 6737-1588, open: 9.30am to 8pm (weekdays), 9.30am to 7pm (weekends)**



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