### OUR PURPOSE

- To inspire and develop self-esteem in our Grade 5 students.
- 2) To begin the process of transition from Grade Five neighborhood schools to joining the Sanborn Regional Middle School community.
- 3) To guide parents in the awesome task of helping their child make healthy, responsible choices in an everchanging world in which they live.



Directions to SRHS Main Street to Route 111 West. Take a right on Route 111W. Sanborn Regional High School is approximately 1/8 mile on the right.



#### TO CAMP LINCOLN

Take a right onto Route 111 West out of the High School parking lot. Take a right on Danville Road. Take immediate right onto Ball Road. Travel a little more than a mile until you see the green camp sign. Turn right onto the camp road and follow to the end.

## **STAND BY ME**



## Wednesday May 18, 2016

A collaborative effort between the Sanborn Regional School District, Drugs Are Dangerous, Southern District YMCA, and the SoRock Coalition.

For Grade 5 students from D.J. Bakie & Memorial Elementary Schools

#### AGENDA

- 8:30 10:30 <u>Parents</u> meet at SRHS Auditorium
  - Introduction
  - TIPS for Parents to Protect Against Risk Factors by Roclyn Porter, LMFT, MS and Executive Director, Family Mediation & Juvenile Services, Atkinson, NH. www.fmjs.org
- 9:15 Students arrive to Camp Lincoln
  - Rules & safety procedures reviewed

#### 9:30 - 10:30 Session #1

Groups A, B, C, D - Games Groups E & F - Boating Groups G & H - Challenge Course

#### 10:30 - 11:30 Session #2

Groups A, B, C, D - Games Groups E & F - Challenge Course Groups G & H - Boating

#### 10:45 Parents arrive & join in

#### 11:30 - 12:15 LUNCH @ PAVILION

#### 12:15 - 1:15 Session #3

Groups A & B - Boating Groups C & D - Challenge Course Groups E, F, G, H - Games

#### 1:15 - 2:15 Session #4

Groups A & B - Challenge Course Groups C & D - Boating Groups E, F, G, H - Games

#### 2:15 - 2:30 Closing & Departure

### About the D.A.D. Program

The mission of **Drugs Are Dangerous Inc**. (also known as **D.A.D. Inc**.) is to serve and promote community involvement and education in the prevention of drugs and alcohol abuse.

*Natural High* events are held throughout the year in support of children, youth and families such as:

- Bakie, Memorial and Middle School Family Roller Skating Parties at Skateland in Haverhill, MA
- Dad's Day at YMCA Camp Lincoln, always held in June on Father's Day. This has been our major free event for the past 25 years, bringing the Sanborn Community of Kingston and Newton together for an afternoon of age appropriate activities and a family picnic.



About the SoRock Coalition

#### www.sorocknh.org

The **So**uthern **Rock**ingham Coalition for Healthy Youth is helping to promote, support, and sustain healthy choices for children, youth, and families in our communities by actively working to reduce and prevent alcohol, marijuana, prescription and other drug misuse. *Project Stand By Me* has been offered to the SRSD for the past fifteen years. This has been a day that parents set aside to join their fifth grade children for interactive activities including educational workshops and/or literature review dealing with contemporary issues.

Throughout the past 20 years, **D.A.D**. has offered numerous parenting classes, public forums, and other educational programs/events for students and adults on substance abuse prevention. All in an effort to help children, youth and families become the best they can be. Together, with continued financial support from district voters and committed volunteers, *WE CAN MAKE A DIFFERENCE!* 

# Together WE CAN Make a DIFFERENCE