

NEKCA Child Care Support Services

FALL 2015 PROFESSIONAL DEVELOPMENT

Welcome to Fall 2015

Happy fall and hello, as we move into our new professional development season.

Autumn leaves and the children returning to school always mark the start of our training year.

Before I left on vacation several weeks ago, I sent out multiple emails with news of what we have ahead this season.

Well, the response has been amazing. We have almost filled many classes, but there is still space in

many.

A generous funding gift from VT Birth to 5 means that we will be having Scott Noyes present Brain Development, Part 3 at the start of 2016. More on that later this fall.

We will be holding Fundamentals for Early Childhood Professionals again also, and have a full class.

Other exciting trainings with new presenters and others with those who are back by popular

demand will also join us.

I look forward to seeing all of you when the air is crisp and the leaves are golden,

My best,

Ines



What are my training requirements?...until new regulation changes are in place

If I am a registered home child care professional:

In addition to CPR training, the Registrant shall attend annually at least six (6) hours of interactive developmental activities in areas such as child development, discipline/behavior management, health and safety, age appropriate activities, first aid, child abuse prevention and detection, working with parents, children with special needs, the child care environment, community early childhood resources or other topics approved by the Division.

If I am a staff person at a licensed child care center::

Minimum of 12 (clock) hours of Professional Development Activities.

CHECK THE REGULATIONS FOR ADDITIONAL REQUIREMENTS FOR DIRECTORS, MASTER TEACHERS, TEACHERS, TEACHING ASSISTANTS AND TEACHING ASSOCIATES.

ALL REGULATIONS MAY BE FOUND AT:

http://dcf.vermont.gov/cdd/child_care_licensing

VT Child Care Rules Revisions Update

Proposed child care regulations are out for public comment. Comments will be collected from August 3, 2015 through September 28, 2015. Follow this link:

http://dcf.vermont.gov/cdd/child_care_licensing/regulation_revisions

Don't forget, <http://www.brightfutures.dcf.state.vt.us/> has training information for the whole state.....and much more!

Core Competencies

Vermont Core Knowledge Areas & Competencies Core Knowledge Areas and Competencies for Early Childhood Professionals is a broad title to describe a tiered system.

Core Knowledge Areas are the "big chunks" – the knowledge needed by professionals to effectively work with young children and their families. There are five early childhood core knowledge areas that encompass VT's core competencies for early childhood professionals. Afterschool Core Competencies share the same 5 basic knowledge areas.

- 1. Child Development**
- 2. Families and Communities**
- 3. Teaching and Learning**
- 4. Healthy and Safe Environments**
- 5. Professionalism and Program Organization**

Core competencies are the smallest pieces. They describe the core knowledge specifically. They are also called "standards of practice". Core competencies are concrete and achievable. They detail the observable skills and attitudes needed by professionals in order to provide high quality services.

CDA, STARS and LEVEL Certificates

Are you looking for support with obtaining your CDA? How about your STARS or Northern Lights Level Certificates paperwork or perhaps you want accreditation? Come to this workgroup to receive support on filling out all of these forms to obtain what step you are looking for in your professional development journey.

Knowledge areas: Professionalism, Program Management

September 22, 2015

6-8pm

North Country Career Center

Room 380

There is NO CHARGE for this training.

Led by Ines Abdelnour and VB5 Mentor, Chris Nelson

Never Too Early Parts 1 and 2

This year's focus is humor and laughter in early literacy

Never Too Early

This two-part training offered by the Vermont Humanities Council provides an introduction to reading and sharing books and conversation with children. "Humor and laughter in early literacy" will be one topic included in the discussion. In this lively and interactive program, learn the importance and joy of sharing picture books and stories with infants, toddlers, and preschoolers. Through hands-on exploration of children's literature, learn about early literacy and related developmental issues, and ways to create a literacy-rich environment. Discover ways to make books come alive through animated reading, rhymes, and extension activities that encourage language development. Take home practical ideas you can put to use in your program, along with a set of gift books.

Knowledge Areas: Curriculum and Learning

September 24th and
September 30th

You must attend both sessions for credit.

6-8pm

COMMUNITY NATIONAL
BANK TRAINING FACILITY
CRAWFORD ROAD

**ATTENDANCE FEE FOR THE
TWO TRAININGS IS \$5 TOTAL.**

Instructor: Morgan Irons

VT Humanities Council

Medication Administration

The State of Vermont offers a two- part **Medication Administration Training** for personnel working in regulated child care. *Participants must completed both part A and B to get credit for completion of training.*

The first **part (A)** is taken on-line, and includes 3 parts. **See the links to the 5 online modules, here:**
<http://northernlightscdc.org/training/state-wide-curricula/medication-administration-module/>.

There is a quiz to complete at the end of each part, **YOU WILL NEED TO PRINT THE SCORE FOR YOUR QUIZ** for each module, in order to bring that to the face to face session – part B.

The second **part (B)** is completed in a face to face, group training. Individuals must bring the completed quizzes from part A, to attend the second face to face part B.
*Training hours can only be verified when the participant successfully completes **both parts A and B.***

Knowledge areas: Program Management; Health and Safety

Additional detailed instructions will be given to those who register for this course.

Face-to-Face
component is
being held on

October 22, 2015

6-8:30 pm

NC Career Center

Room #380

PLEASE SEE
NOTES AT LEFT
DESCRIBING THE
ON-LINE
COMPONENT

There is a \$10
attendance fee for
the entire
workshop.

Instructor:

Brenda

Machado, RN

Basic Specialized Care

This 6-hour training will cover: The impact of child abuse on the normal growth and development of children; Factors that influence the occurrence of child abuse and neglect and how to work effectively with parents; Information on the role of providers, parents and the role of DCF in protective service and child care; mandated reporting guidelines; community resources and paperwork. Knowledge areas: Child Growth and Development

***This is a requirement for caring for children who are in Specialized
Child Care***

October 24, 2015

9am – 3pm

\$10 fee for those not enrolled in Fundamentals

Please bring a bag lunch or pick up a quick lunch in town.

Emergency Preparedness & Shelter-in-Place

What would happen if the parents of the children in your care were unable to pick up the children from your home or center during an emergency? If the children have to spend several days and nights with you, are you ready? Do you know how to protect them and yourself from environmental hazards? The new proposed regulation changes contain specific regulations regarding this topic. Be ready by joining us for this training. You will see actual materials for shelter-in-place and leave with a plan for making this work for you.

You will be offered the opportunity to bring in the portable kit for completeness checks along with discussion and further learning. It can't be stressed enough how important this training is to you and the children in your care. Knowledge areas:
Professionalism; Program Management

October 27 and November 24, 2015

North Country Career Center Room # 402

Instructor: Chris Nelson

Creditable hours are 6, if you bring in a kit for review....you will learn how to prepare this kit in part one.

If you do not bring in a kit to Part 2, the hours earned will be 4.

There is a \$10 fee for attending.

Trauma....trust, training and topsy-turvy

Have you ever had a kid or two in your care that somehow knew how to push every button and wreak havoc in their daily environment? It seems everyone around them is somehow walking on eggshells trying to avoid a meltdown or explosion, and those are the **Good** days! And you try everything you've been taught to do: setting clear limits, explaining & enforcing consequences, putting them in 'Time-Out...' maybe in good moments just bribing or rewarding them to *Please* make better choices and Just Behave Already! Who can't relate to that?

We'll spend some time together sharing our experiences, identifying our goals for these children in our care; exploring how their past traumas & current daily experiences may have shaped them, and learning what drives their behavior...

And then we'll look at some brain- and attachment- science that shows why everything may be 'Topsy-Turvy'... what we've always assumed and been taught might not actually work with these kids! Why not?! We'll begin (it's really a long conversation, so we'll only just begin it!) to look at different ways of understanding behavior, needs, and control in relationships and in our environment, and we'll develop some 'new tools' to add to our care-giving Tool Belts. Knowledge areas: Social/Emotional; Families and Communities; Advanced Specialized Care

November 16, 2015 6-8pm

North Country Career Center Room # 402

Instructor: Michelle Maitri-Mudita, M.Ed. CIS Regional Coordinator

Fee: \$5

Children Affected by the Criminal Justice System: An Invisible Population

This presentation is geared toward school-based and child care professionals, and courts, and will increase awareness of the emotional, physical and behavioral impact caused by the stress of parental incarceration.

Participants will gain an understanding of issues related to 'at time of arrest', 'trial/sentencing phases', and the impact of 'long-term or re-occurring incarceration'.

Parental substance abuse, family violence, and mental health disorders will be discussed in regard to their impact on the family system, as well as contributing factors for incarceration. Knowledge areas: Families and Communities; Advanced Specialized Care

November 19, 2015

6pm-8pm

NC Career Center

Room #380

Presenter:

Heidi Wener; Kids-A-Part Community Case Manager

Lund Family Center, Burlington

Fee - \$5

Fundamentals for Early Childhood Professionals

This 45 hour course is based on the early childhood core competencies – Level I.

It builds a foundation of knowledge and best practice skills that are needed when working with groups of children.

The course introduces professionals to the following core knowledge areas: child development, teaching and learning, families and communities, healthy and safe learning environments, and professionalism and program organization.

Successful completion of the entire series satisfies the VT child care licensing requirement for training for staff of licensed centers who have not had professional development in early childhood care and education.

For registered providers ...and licensed staff... it integrates opportunities to meet requirements for the Level I certificate on the Northern Lights career ladder, elements of the Child Development Associate (CDA) credential requirements for providing Basic Specialized Child Care, and more.

It is a requirement that each participant have regular experience with young children during the time s/he is taking the Fundamentals course.

Successful completion of the Fundamentals course plus a year of experience and a current [IPDP \(Individual Professional Development Plan\)](#) can make you eligible for Level I in the early childhood Career Ladder. **[The dates and meeting times are listed separately and may be found at the end of this document.](#)**

Head Instructor: Ines Abdelnour

Peer Mentor & Instructor: Chris Nelson

Fee for the entire course is \$35

ADDITIONAL ITEMS

- As most of our classes have waiting lists as we approach the time of the training, I ask that you PLEASE let us know as soon as possible if you will not be attending so that your space may be made available to someone else.
- If you are a no-show and have not called to cancel, you will be charged a fee. In extreme cases, this MAY be waived.
- In the event of inclement weather, you will be notified by phone as early as possible. If you are not available to answer your phone, a message will be left on your answering machine. An email will also be sent out. It will be your responsibility to make yourself available to receive a message in any of the ways listed above. We will call once, leave a message if you do not answer, and an email will be sent out to the child care list serve.
- At this time most of the trainings for this semester are free. Payment for those which have an associated fee is expected AT the training. If this fee presents a significant financial hardship, just give me a call and we will arrange to make it work for you to attend. Please note that while trainings are free to you, they are NOT free for my office or co-sponsors, so when we are preparing our budget, we are counting on your attendance fee. Non-cancellation for an event that has a payment requirement will result in you receiving an invoice with payment expected. You will receive a receipt for tax purposes.
- Please note: the locations and rooms are varied, so check to see that you are heading to the correct location.
- Please note that there may be a time when a class ends earlier than scheduled. If you are being dropped off and picked up at the training, please be aware that

when class ends, it may be necessary for you to wait in the classroom for your ride. You may wait in the safe and warm classroom.

- You may contact me with questions.
- Please make sure that you have your BFIS “number” so that the credit for attending can be properly added to your account. If you do not have one, you may contact Sylvia Kennedy-Godin at

Sylvia.Kennedy-Godin@ccv.edu

I am looking forward to seeing you at trainings.

Please, read on for schedules, locations, times and other related information.

Please remember: there are scholarships available for all classes if payment poses a significant hardship. We WANT you to attend training. Any information that you share with me regarding your financial need stays ONLY with me. Thanks

Where and When – includes Fundamentals

September 10 th Fundamentals #1	6pm – 9:30pm	NC Career Center Room # 380	
September 17 th Fundamentals #2	6pm – 9:30pm	NC Career Center Room #402	
September 22 nd CDA, STARS and Levels	6pm – 8:00pm	NC Career Center Room #380	No fee
September 24 th Never Too Early #1	6pm – 8:00pm	Community Nat'l Bank	\$5 total for two-part series
September 30 th Never Too Early #2	6pm – 8:00pm	Community Nat'l Bank	
September 26 th Fundamentals # 3	1pm – 5:00 pm	Community Nat'l Bank	
October 1 st Fundamentals #4	6pm – 9:30pm	NC Career Center Room #380	
October 8 th Fundamentals #5	6pm – 9:30pm	Location to be determined	
October 14 th Fundamentals #6	6pm – 9:30pm	NC Career Center Room #402	
October 19 th Fundamentals #7	6pm – 9:30pm	NC Career Center Room #380	
October 22 nd Medication Administration	6pm – 8:30pm	NC Career Center Room #380	Consult inside for on-line components Fee: \$10
October 24 th Basic Specialized Care; And Fundamentals #8	9am – 3pm	NC Career Center Room # 380	THIS IS OPEN TO ALL PROVIDERS Fee for those NOT a part of Fundamentals course: \$10
October 27 th Emergency	6pm – 8:00pm	NC Career Center Room #402	Fee: \$10 for two-part series

Preparedness Part 1			
October 29 th Fundamentals #9	6pm – 9:30pm	Location to be determined	
November 12 th Fundamentals #10	6pm – 9:30pm	NC Career Center Room #380	
November 16 th Trauma and Topsy Turvy	6pm – 8:00pm	NC Career Center Room #402	Fee: \$5
November 19 th Children Affected by the Criminal Justice System	6pm – 8:00pm	NC Career Center Room #380	Fee: \$5
November 21 st Fundamentals #11	9am – 3:00pm	Community Nat'l Bank	
November 24 th Emergency Preparedness Part 2	6pm – 8:00pm	NC Career Center Room #380	
December 3 rd Fundamentals #12	6pm – 9:30pm	NC Career Center Room #380	