

MEALS ON WHEELS PLACEMAT

If you're looking for an easy project for a quick hostess gift at Thanksgiving, this is it! It's so quick that you'll want to make a few extra to donate to your local Meals on Wheels too!

MATERIALS

Finished Size - 12" x 18"

Finished Block - 6" x 9"

Difficulty Level - Easy

.3m light coloured fabric

.5m coordinating dark -

coloured fabric for strips
and binding

14" x 20" piece each batting
and backing fabric

glue stick

All seams = 1/4"



PAPER PIECING

This pattern provides basic foundation paper piecing instructions. Please check the Internet for more detailed instructions if you are new to the technique.

1. Print 2 copies of each foundation template.
2. Starting with template A, cut a piece of dark coloured fabric that is at least 1/4" larger on all sides than Section A1 of the template. Place a dab of glue on the wrong side of the fabric. Position the fabric over Section A1, on the back of the paper template, with the wrong side of the fabric facing the paper. Ensure the fabric covers all of the corner section and the seam allowance with at least a 1/4" overage.
3. Cut out a piece of light coloured fabric slightly larger than Section A2. Place this fabric, right sides together, on top of the first fabric, aligning the edges of the fabric on the side where the seam will be made. Pin together.
4. Flip the template over and, using a smaller than normal stitch length (2.0), stitch along the seam line, extending the seam by one or two stitches on either end. Trim seam allowance to 1/4".

5. Press fabric open. Place a dab of glue on the wrong side of fabric A2 to hold it in place on the template.
6. Sew the remaining two fabric pieces in the same manner to complete the block.
7. Trim excess fabric away from outer edges of block, making sure you have a 1/4" seam allowance on all sides.
8. Gently tear away paper template.

FINISHING

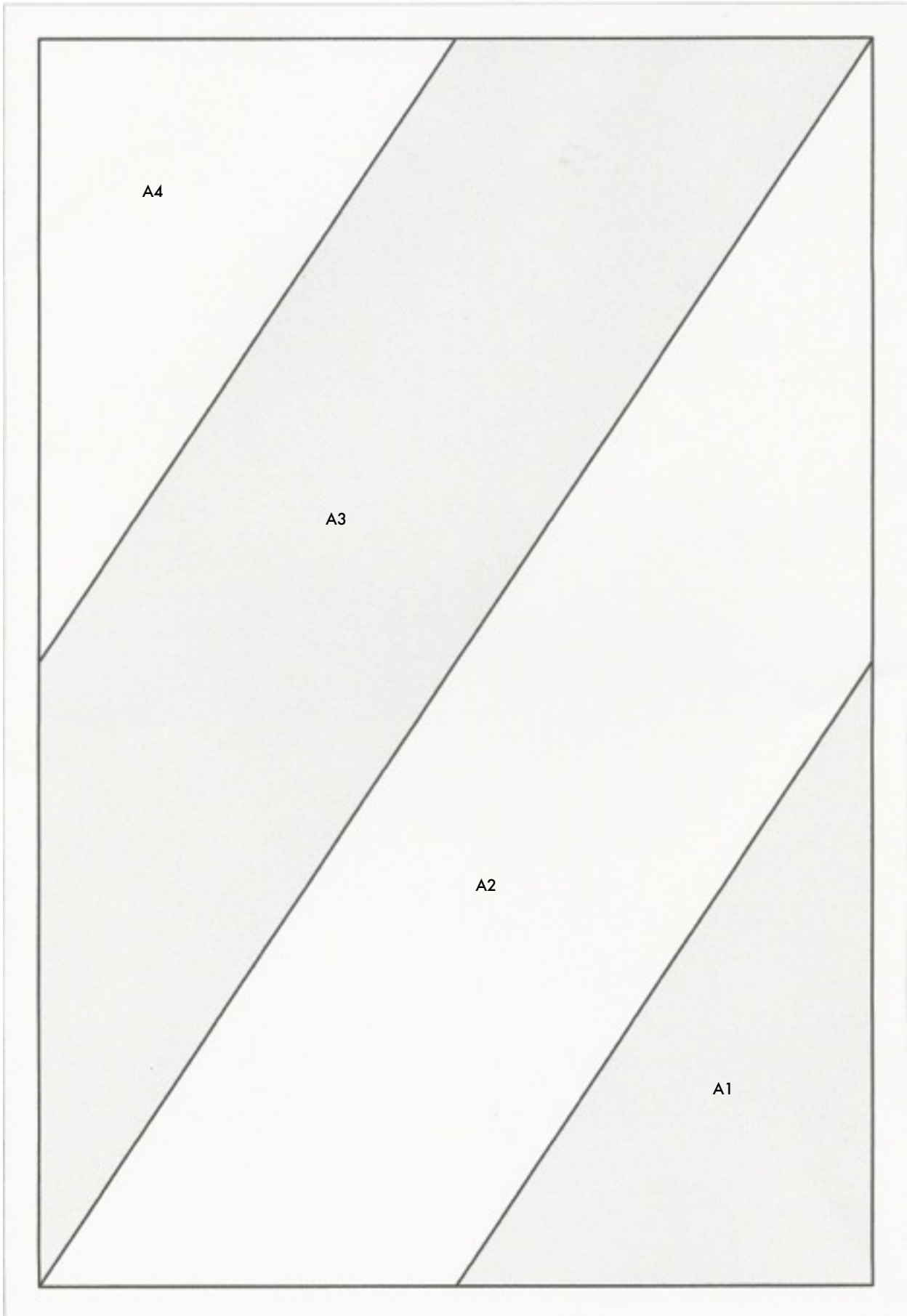
1. Make 2 blocks with Template A and 2 blocks with Template B; sew blocks together using the example as a guide for positioning.
2. Layer with batting and backing and quilt as desired. Trim away excess batting and backing.
3. Add binding using your favourite method.



Get an Autumn scrappy look with Fall colours and 4 fabrics instead of 2!

Meals on Wheels Placemat template A

Shown actual size - Print 2



Meals on Wheels Placemat template B

Shown actual size - Print 2

