

Share, Support & Learn with





Are you

- Caring for a family member or friend?
- Feeling depressed, anxious or stressed?
- Overwhelmed?
- Looking for a place to vent & share ideas with others in a similar situation?

People caring for people need help & support.

Our caregiver support group will provide a safe & nurturing space for caregivers in our community to build relationships, share information & resources, vent frustrations & gain emotional support.

You don't have to do it alone!

Funded in part by:

Caregiver Support Group

Every 2nd Wednesday of the month 6:00pm-8:00pm

Old National Bank Community Room

385 S. Main Zionsville, IN 46077

Caregiver Support group facilitated by:

Elizabeth Oberholtzer
Social Worker Zionsville Meadows

Call BCSSI to register **765-482-5220 or 317-873-8939**

Sponsored by:

Zionsville Meadows

675 S 1000 E Zionsville, IN 46077 317-873-5205

and

Boone County Senior Services, Inc. Lebanon Office

515 Crownpointe Drive Lebanon, IN 46052 765-482-5220

Zionsville Office

1100 W. Oak St. Rm. 110 Zionsville, IN 46077 317-873-8939