Combined Sections Meeting (CSM)
Sports Physical Therapy Section
Programming Schedule

Section Program Chair: Erik Meira
Vice Chair: Michael Mullaney
Dates, times, and presenters subject to change.

SPTS Pre-Conference Courses

Examination of the Knee and Shoulder
Sponsored by the Knee and Shoulder SIGs
Sunday, February 2, 2014 – Monday, February 3, 2014
8:00am – 5:30pm each day
George Davies, Christine DiLorenzo, Robert Manske, JW Matheson

Concussion: Latest advances in evaluation, prognosis, and management of athletes
Sponsored by the Emergency Response SIG
Monday, February 3, 2014
8:00am – 5:30pm
Anne Mucha, Michael Collins, Susan L. Whitney, Cara Troutman-Enseki, Brian Hagen

Establishing a Running Clinic: More than a Treadmill and a Camera
Sponsored by the Running SIG
Monday, February 3, 2014
8:00am – 5:30pm
Blaise Williams, Bryan Heiderscheit, Scott Miller

Who’s Ready to Play? A Pre-Participation Screen & Return to Play Lab Course
Sponsored by the Youth Athlete, Intercollegiate/Professional Athlete, and Sports Performance/Enhancement SIGs
Monday, February 3, 2014
8:00am – 5:30pm
Douglas Adams, Kurt Gengenbacher, Barbara Hoogenboom, Ari Kaplan, Phil Plisky
SPTS Educational Sessions

Tuesday, February 4, 2014

8:00am – 10:00am
Return to Sports for the Upper Extremity: A Functional Testing Algorithm
Sponsored by the Shoulder SIG
George Davies, Todd Ellenbecker, James Irrgang, Kevin Wilk

Taking the Run out of Running: Cross-training and Fitness for the Runner
Sponsored by the Sports Performance/Enhancement and Running SIGs
Blaise Williams, Kari Brown Budde, Scott Miller

Sports Physical Therapy: What Makes Us Unique?
Sponsored by the Residency SIG
Edward Mulligan, Mark Reinking, Mark Weber, Michael Rosenthal

11:00am – 1:00pm
Running Injuries from Youth to the Collegiate Athlete
Sponsored by the Youth Athlete and Running SIGs
Jeffery Taylor-Haas, Mitchell Rauh, Mark Reinking, Kathryn Hickey

Developmental Considerations Across the Lifespan of the Throwing Athlete
Sponsored by the Youth Athlete and Shoulder SIGs
Chuck Thigpen, Ellen Shanley, Kevin Wilk

Ethics and Sports Medicine
Sponsored by the Residency SIG
Bruce Greenfield, George Davies, Laura Lee Swisher

3:00pm – 5:00pm
Current Concepts and Controversies in Rehabilitation of the Throwing Athlete
Sponsored by the Shoulder SIG
Todd Ellenbecker, George Davies, Kevin Wilk, Marc Safran

Pearls for the Tough Ones: Manual and Exercise Techniques
Sponsored by the Sports Performance/Enhancement SIG
Walter Jenkins, Terry Malone, Tim Tyler, John DeWitt, Daniel Lorenz, Robert Manske

Epidemiology and Prevention of Subsequent Injury: Returning to Sport After Athletic Injury
Sponsored by the Hip, Youth Athlete, and Intercollegiate/Professional Athlete SIGs
Mark Paterno, Mitchell Rauh, Ellen Shanley

Sports Platforms: Rehabilitation Following ACLR
Research Chair: Chuck Thigpen; Vice Chair: Phil Page
Wednesday, February 5, 2014
8:00am – 10:00am
Current Concepts and Controversies in Rehabilitation of the Throwing Athlete (Encore Presentation)
Sponsored by the Shoulder SIG
Todd Ellenbecker, George Davies, Kevin Wilk, Marc Safran

Articular Cartilage Injury to the Knee: Update on Surgical Techniques and Rehab Management
Sponsored by the Youth Athlete and Knee SIGs
Brian Eckenrode, James Carey, Mark Paterno, Laura Schmitt

Run a Mile in my Shoes: Running Shoe Recommendations for Patients
Sponsored by the Running SIG
Blaise Williams, Scott Miller, Bryan Heiderscheit

Rehabilitation Considerations for the Female Athlete
Sponsored by the Hip and Female Athlete SIGs
Marisa Pontillo, Barbara Sanders, Teresa Schuemann, Holly Silvers, Janice Loudon, Barbara Hoogenboom

Sports Platforms: Sports Residency
Research Chair: Chuck Thigpen; Vice Chair: Phil Page

11:00am – 1:00pm
Screening, Differential Diagnosis, and Treatment of Patellar Instability
Sponsored by the Knee SIG
Barton Bishop, Mark Paterno, Robert Manske, John DeWitt

Plyometric Training Programs for the Shoulder Complex
Sponsored by the Sports Performance/Enhancement and Shoulder SIG
George Davies, Todd Ellenbecker, Bryan Riemann

Tuning-up the Triathlete: Biomechanical Basics of Swimming, Cycling, and Running
Sponsored by the Hip and Running SIGs
Shefali Christopher, Janice Loudon, Robert Butler

Sports Platforms: Rehabilitation of the Athletic Shoulder and Elbow
Research Chair: Chuck Thigpen; Vice Chair: Phil Page

3:00pm – 5:00pm
ACL Injury Prevention: Past, Present, and Future
Sponsored by the Youth Athlete, Knee, and Female Athlete SIGs
Carol Ferkovic, Susan Sigward, Holly Silvers, Mark Paterno

Science and Clinical Application: Manual Therapy for the Shoulder Complex
Sponsored by the Shoulder SIG
George Davies, Christine DiLorenzo, Robert Manske, JW Matheson
Return to Play: Overview of Clearance Criteria for Specific Populations
Sponsored by the Intercollegiate/Professional Athlete, Knee, and Shoulder SIGs
David Logerstedt, Richard Willy, Michael Reinhold, Joseph Zeni

Sports Platforms: Excellence in Research Award
Research Chair: Chuck Thigpen; Vice Chair: Phil Page

Thursday, February 6, 2014
8:00am – 10:00am
The Unstable Shoulder Spectrum: Spanning the Acromioclavicular Joint, Labrum, and Chondral Lesions
Sponsored by the Shoulder SIG
Drew Jenk, Peter Millet, Dirk Kokmeyer, Kevin Wilk, Todd Ellenbecker

Re-training Movement Behavior for ACL Injury Prevention and Rehabilitation: Strength or Motor Control?
Sponsored by the Hip, Knee, and Sports Performance/Enhancement SIG
Christopher Powers, Beth Fisher

Complicated Patient - Sports Edition
Jason Hugentobler, Anthony Perrone, Christian Appel, Kari Brown Budde, Christine M. Panagos, Christy Zwolski, Paul Kline, Kathryn Hickey, Kyle Sela, Jonathan Sylvian, Travis Obermire

Sports Platforms: Return to Sports after ACLR
Research Chair: Chuck Thigpen; Vice Chair: Phil Page

11:00am – 1:00pm
A Guide to Exercise Prescription for Common Lower Extremity Pathologies: A Biomechanical Evidence Basis
Sponsored by the Sports Performance/Enhancement and Hip SIGs
Michael Reiman, Robert Manske, Lori Bolgla, Daniel Lorenz

Physical Therapy for Golfers Through the Lifespan
Sponsored by the Golf and Golf Performance SIG
Jon Rhodes, Ross Brakeville, Lindsay Becker

Minimizing Injuries and Enhancing Performance in Youth Baseball Players
Sponsored by the Shoulder and Youth Athlete SIGs
Rafael Escamilla, Kevin Wilk, Kyle Yamashiro

Sports Platforms: Functional Sport Testing
Research Chair: Chuck Thigpen; Vice Chair: Phil Page
3:00pm – 5:00pm
The ACL Reconstruction: Rehab Update and Return to Activity
Sponsored by the Knee and Sports Performance/Enhancement SIGs
Barton Bishop, Terry Grindstaff, Kevin Wilk, Daniel Lorenz

Ulnar Collateral Ligament Reconstruction: From Injury to Opening Day
Sponsored by the Shoulder and Intercollegiate/Professional Athlete SIGs
Andrew Naylor, Timothy Kremchek, Mitch Salsbery, Drew Jenk

Sponsored by the Hip and Running SIGs
Gregory Holtzman, Judy Gelber, Ryan DeGreeter

Sports Platforms: Advances in Running Science
Research Chair: Chuck Thigpen; Vice Chair: Phil Page
SPTS Events and Meetings

Tuesday, February 4, 2014
6:30pm – 8:00pm
SPTS TeamMates Happy Hour

Wednesday, February 5, 2014
7:00am – 7:45am
Shoulder, Hip, and Knee SIG Business Meetings

Running SIG Business Meeting

Residency SIG Business Meeting

6:30pm – 7:30pm
SPTS Business Meeting

7:30pm – 7:45pm
SPTS Foundation Auction

7:45pm – 9:30pm
SPTS Awards Ceremony

Thursday, February 6, 2014
7:00am – 7:45am
Intercollegiate/Professional Athlete, Sports Performance/Enhancement, and Emergency Response SIG Business Meetings

Female Athlete, Youth Athlete, and Physically Challenged Athlete SIG Business Meetings

Golf and Golf Performance SIG Business Meeting