

Higher Ground

Triad Health Project



March 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"All my big mistakes are when I try to second-guess or please an audience." -David Bowie	morning silence 9:00—9:15 10:30 Monday Group <i>with Sarah & Co!</i> 12:00 Movie Time 	morning silence 9:00—9:15 11:30 Tuesday Topics 12:15 Lunch <i>Westover Church</i> Kanuga Check-In 1:15 Visual Journaling 1	morning silence 9:00—9:15 12:15 Lunch <i>Chik-Fil-A friends!</i> 1:15 Outside the Lines <i>with Barb</i> 2:00 Women's Group <i>@rcid</i> 2	morning silence 9:00—9:15 11:00 Money Matters <i>with Chad</i> 12:15 Lunch <i>Holy Trinity</i> 1:30 Living with a Plus Sign (men's group) 3	morning silence 9:00—9:15 12:15 REACH 4	5
6	morning silence 9:00—9:15 10:30 Monday Group <i>with Mo-Linda!</i> 12:00 Movie Time 7	morning silence 9:00—9:15 11:30 Tuesday Topics 12:15 Lunch <i>Genesis Baptist</i> 1:15 Broken Crayons <i>with Julie</i> 8	morning silence 9:00—9:15 12:15 Lunch <i>Phil's Eats</i> 1:15 Robin's Nest 2:00 Women's Group <i>@ higher ground</i> 9	morning silence 9:00—9:15 12:15 Lunch <i>GSO Christian</i> 1:30 Living with a Plus Sign (men's group) 10	morning silence 9:00—9:15 12:15 REACH 11	12
13	morning silence 9:00—9:15 10:30 Monday Group <i>with Westover!</i> 12:00 Movie Time 14	morning silence 9:00—9:15 11:30 Tuesday Topics 12:15 Lunch <i>Guilford Baptist</i> 1:15 Visual Journaling <i>with Lisa</i> 15	morning silence 9:00—9:15 12:15 Lunch <i>All Saints Episcopal</i> 1:15 Outside the Lines <i>with Barb</i> 2:00 Women's Group <i>@higher ground</i> 16	morning silence 9:00—9:15 11:00 Money Matters 12:15 Lunch <i>Starmount Presbyterian</i> 1:30 Living with a Plus Sign (men's group) 17	morning silence 9:00—9:15 12:15 REACH 18	19
20	morning silence 9:00—9:15 10:30 Monday Group <i>with Lee!</i> 12:00 Movie Time 21	morning silence 9:00—9:15 11:30 Tuesday Topics 12:15 Lunch <i>Congregational UCC</i> 1:15 Dan's Discussions <i>Men's Forum</i> 22	morning silence 9:00—9:15 12:15 Lunch <i>with Magz!!</i> 1:30 Spring Fling! <i>Women's Boutique!</i> 2:00 Women's Group <i>@hg</i> 6:30 GROUNDED after hours 23	morning silence 9:00—9:15 Lunch & Learn Join our special guests from <i>Wake Forest Law</i> for a forum on the healthcare rights of the LGBT community! 24	Higher Ground & THP are closed for the holiday. 25	26
easter 27	morning silence 9:00—9:15 10:30 Monday Group <i>tba</i> 12:00 Movie Time 28	morning silence 9:00—9:15 11:30 Tuesday Topics 12:15 Lunch <i>Christ United Methodist</i> 1:15 Visual Journaling <i>with Lisa!</i> 29	morning silence 9:00—9:15 12:15 Lunch <i>Holy Spirit (Winston)</i> 1:15 Outside the Lines <i>with Barb</i> 2:00 Women's Group <i>@higher ground</i> 30	morning silence 9:00—9:15 12:15 Lunch <i>New Garden Friends!!!</i> 1:30 Living with a Plus Sign (men's group) 31		

For more information, please call Mark at 274-5637.