

Camp Food Prep Email 4 of 6

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Dear Parents,

The chadar ochel (dining room), is a place we take as seriously as any other aspect of your child's experience at camp. The chadar ochel is the heart of camp; it pumps energy and nutrients through every member of the CYJ family, giving us strength for busy and active days. Rest assured, we're thrilled to provide some great culinary offerings, in large part to our returning head chef, Sandy! Our kitchen is also under the observation of the Kosher Supervisors of Wisconsin.

We are doing our best to make sure that our campers start their day off on the right foot (or left foot for our campers who are lefties). Every breakfast will include cereal, milk and hot oatmeal/cream of wheat to go with our breakfast buffet options of hard boiled eggs and fruit. Along with those delicious daily options, breakfast will always have a hot food entrée, including pancakes, scrambled eggs, waffles, and more.

As for lunch and dinner, the meals continue to get better. In addition to our salad bar, there's something for everyone with meals such as Sandy's homemade pizza, BBQ with hot dogs and hamburgers, grilled cheese & tomato soup, build your own nachos, chicken nuggets and more. Campers love our desserts, which are offered after every dinner!

Does your child get hungry during the day? No worries - we also have two snacks a day to help during our very active days. Snacks include Chobani yogurt tubes, homemade oatmeal bread, pita & hummus among other delicious items. There is ALWAYS a chilled fruit bowl in our chadar ochel for campers who just need a little pick me up on their way to their next activity.

Does your child have special dietary needs? We work with many situations from gluten-free diets, lactose intolerance to vegetarians, vegans, and more. We have

yet to meet a dietary restriction that we are not able to greet with tasty, nutritious options. Please make sure to mark your child's needs on their forms.

As we do every summer, we'll continue serving our scrumptious Saturday morning coffee cake, all prepared by Chef Sandy.

As always, if you have questions, contact us at 224-235-4665 or at info@cyjmid.org.

Robin, Lee and the CYJ Team

Useful Links

Camper/Parent Manual
Packing List
Label Daddy
Campers Pharmacy
Log In To Your Account