



## HEALTH & SAFETY AT CAMP

### Prep Email 1 of 6

Dear Parents,

We are getting closer and closer to the start of camp, and there is so much excitement in the air. This is our first in a series of six "CYJ Prep" emails. As the summer approaches, these weekly emails will give you tips that will help make the CYJ experience the best ever for your child and you!

Keeping campers healthy and safe is our main priority. CYJ has a reputation when it comes to health and safety; We have a long-standing partnership with the medical and dental professionals in the area, and our on-site medical staff includes experienced nurses and physicians. We devote a significant amount of time to health and safety during our staff training so that every staff member knows exactly what to do in an emergency. We also inform our counselors about their camper's medical information, so that they are knowledgeable of the history and know how to handle any situation.

We do everything we can to ensure the health of our campers, but none of that would matter if we did not engage you, the parents of our campers, as our partners in keeping CYJ healthy and safe.

Here are a few things you can do to make sure your child is healthy at camp:

-- **If your child takes medication every day** (prescription, vitamins, etc), please make sure to register through Camper's Pharmacy by May 20th. Our camp id is 954981. ([Click here](#) to register/ [Click Here](#) to login).

-- **Make sure your child comes with a hat and a good water bottle.** Hydration is the single most important factor in keeping kids healthy. The hat should be something your child won't mind wearing all the time and should be labeled. Campers should have these items with them all the time.

-- If you are concerned about how we might accommodate a health-related issue, please be in touch. We read all the forms very carefully. If something you shared is not clear or otherwise unusual, we will get in touch with you, but don't wait for our call - **contact us about anything to be sure we know about your child.**

-- While you may be sending your child with enough mosquito repellent and sunblock,

these things are occasionally lost, misplaced or spilled. We want to ensure you that every child will have the basic needs for health and hygiene (including toiletries). **If your child runs out, s/he should tell a counselor or unit head right away** - we have our own supply for campers who lose or run out of these items. We will be in touch if we need you to send an item. Please get in touch with us if your child writes that s/he has run out of an item, so that we can tell you we replaced it.

-- Communication is something we also take very seriously. **It is important to us that the Campers are communicating to the staff** about their experience at CYJ and what they need. It is also important that you know we are always available to talk with you about your child. If there is anything you need to tell us do not hesitate to contact us.

**Please talk to your child about the ways to stay safe at camp.** If you have any questions or concerns, contact us at any time (By email: [Robin@cyjmid.org](mailto:Robin@cyjmid.org) or [Lee@cyjmid.org](mailto:Lee@cyjmid.org), or by phone 224-235-4665). The more we know, the better we will be at keeping our campers healthy.

Robin, Lee and the CYJ Team

### **Useful Links**

[Camper/Parent Manual](#)

[Packing List](#)

[Label Daddy](#)

[Campers Pharmacy](#)

[Log In To Your Account](#)