



# THE STATE OF OUR FAMILIES

**PRESENTATION WILL FOCUS ON THE CURRENT CHALLENGES TO OUR FAMILIES.**

We will discuss how challenges from the youth culture, achievement pressures, parent perspectives, community factors affect the health of our family. Positive productive strategies will be discussed.

## **WHO:**

The concerned community who work with teens, including therapists, parents, community members, school & youth workers.

## **WHEN:**

Wednesday, May 11th  
Time: 5:30-6:30pm Community Networking  
6:30pm-8:00pm Presentation & Discussion

## **WHERE:**

Manhattan Beach Library  
1320 Highland Ave.  
Manhattan Beach, CA 90266

## **WORKSHOP OBJECTIVES:**

Learn current stressors affecting families  
Identify priorities that can increase healthy families. Learn how to guide teens and parents toward healthier choices

## **PRESENTERS:**

Dr. Greg Allen, LMFT, Licensed Therapist  
and Freedom4U Director  
with relevant participation from  
Community Members

*Resources:*



**RSVP required to: [admin@freedomcommunity.com](mailto:admin@freedomcommunity.com) Phone: 800-501-9801**

*This is a FREE one (1) CEU event for interested professionals.*

*This is not a library sponsored program.*

*Sponsored by Freedom 4U, Northbound Treatment Services and Dr. Greg Allen.*

*Dr. Gregory Allen, LMFT is approved by the California Board of Behavioral Sciences as a Continuing Education Provider.  
(1 CEU for LMFT, LCSW & LPCC PCE#5285).*