

KRISTIN BEIERLE

B.S. BIOLOGY '06

Kristin Beierle has created a one-stop-shop for health and wellness in the Conejo Valley.

In June 2015, Beierle was able to achieve her ultimate goal and open her own chiropractic wellness center in Newbury Park – BodyRestoration. Beierle is responsible for overseeing the daily business operations as well as providing chiropractic care to her patients. "The human body is fascinating and I get to spend each session with a patient unlocking the mysteries of their health and teaching healthy lifestyle alternatives," Beierle says. She has put together a skilled crew at the wellness center, including an acupuncturist, massage therapists, and a registered dietician. "We get to help people from start to finish on their journey to better health for life."

Beierle received her bachelor's degree in biology from CI in 2006. "CI prepared me with the education I needed to succeed in my curriculum," she says. She then went on the get her doctorate of chiropractic from Palmer Chiropractic College, West. "The advice I received from my caring instructors also helped guide me to a graduate program and eased my anxiety over making such big life decisions."

"I feel rewarded each time a patient tells me they were able to engage in a new activity, or do something they used to love and do it pain-free, or that they went a whole week without headaches after being adjusted," Beierle says. "I feel very accomplished in a result-driven profession."

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