



Iowa School Age Child Care State Conference October 23-24, 2015

LEADERSHIP DAY - WUCA Kimberlee and Frank Spiller

Friday, October 23, 2015 | 10 a.m. – 2:30 p.m.

Learning Resource Center | 3550 Mills Civic Parkway | West Des Moines, IA 50265

“Who’s Minding the Mind?”

A child who is socially and emotionally healthy is confident, empathetic, secure, engaged, and gets along with others. When early care and education professionals support social/emotional wellness in the context of family, community, and culture, children can be successful in school and in life. This session teaches skills to professionals to support the development of you, as a provider/director, and young children in engaging learning environments.

“The Act of Mindfulness in a Hectic Environment.”

Let’s face it: young children can be hard on anyone’s patience, flexibility and nerves. This workshop shares the latest research on how stress affects the brain, the impact on being stuck in the “fight or flight” mode, and the causes and health effects of stress. The workshop will teach the mindfulness strategies of meditation, journaling, self-talk, and yoga to help participants be more effective, successful, and healthy.



IOWA SCHOOL AGE CHILD CARE STATE CONFERENCE

Saturday, October 24, 2015 | 7:45 a.m. – 3 p.m.

Waukee High School | 555 SE University Avenue | Waukee, IA 50263

The 911 Hotline - Practical Strategies for Success with Disinterested Children

- 5 quick tips to end chatter in your program and increase learning
- Solutions for children who are talkers, tattlers, and sarcastic
- 5 special signals for achieving order in your program
- 6 major mistakes staff make and how to fix them
- Answers to break the “failure cycle” in underachievers
- Solutions to your discipline dilemmas

Expert Help for Children with ADHD, LD, Emotional Disorders & Sensory Issues

- 15 ways to handle children with or without medication
- Help children learn, organize, and prioritize
- Motivate the unmotivated
- 5 teaching tactics that always work
- Must-knows for diverse learners

Effective Strategies to Increase Achievement for Children with Anger Problems

- Must-knows for teaching children self-control
- Important signals to use for calming children
- 10 powerful anger interventions
- Self-talk for controlling anger

Effective Strategies for Bullies and Their Victims

- The “how-to’s” for handling bullies
- The #1 tool for changing bullying behavior
- 3 important rules for bullies
- Must-knows for victims of bullying

Boost Performance and Achievement

- How-to’s for accelerating student learning
- Skill-focused instruction
- Powerful ways to engage children
- Success strategies to improve learning and retention

Registration Information

Please return the attached registration form to Diane Ross, c/o Johnston KTC, PO Box 10, Johnston, IA 50131. Please call Diane with questions at 515-252-8490. Registrations need to be received by Friday, October 9.

