

Healthy Living Jump Start Challenge 2016



When: Thursday January 7th

3 Times/3 Events: 10am / 12 Wellness Workshop
7pm Salad in a Jar Party (Bring 5 mason jars, and
bowl of favorite salad ingredients)

Free Resources for attendees

HLR Cookbooks

Ambassador Challenge

Lunchbox Planning Guide

Snack Cheat Sheet

Whole food Solutions with Juice Plus+

Drawing: Detox Foot Bath

Where: 102 Cabin Gate Peachtree City GA

RSVP: 404-664-5497

Seating Limited

NEW YEAR
NEW YOU

