

# **Earth Day Weekend Community Retreat**

## **FOOD, FELLOWSHIP & FAITH**

April 23-24, 2016

Light Street Presbyterian Church

### **SATURDAY, APRIL 23**

- 3:00pm RETREAT BEGINS
- Experience the Federal Hill Farmers Market
  - Get to know our Vendors
  - Participate in the Community Art Project
  - Tour Baltimore City's 200 square foot, energy-efficient "Tiny House" at the Light Street Branch Library, 1251 Light Street
- 4:00pm Help break down the Farmers Market
- 4:30pm Food Sustainability and Justice: An Introduction
- Read & Discuss "At the Lord's Table: Everyday Thanksgiving"
- 5:30pm Final Preparation for Group Dinner
- 6:00pm DINNER
- 7:00pm Films & Discussion:
- "BFED: Baltimore Food Ecology Documentary" (27 mins.)
  - "Improving Food Access in Baltimore" (6 mins.)
- 9:00pm Adjourn -- Return to our homes

### **SUNDAY, APRIL 24**

- 8:30am BREAKFAST
- 9:30am Food Sustainability & Justice: What can we do in our personal & family lives?
- "Good Food Action Ideas for Individuals & Faith Communities"
- 10:30am Breakfast Cleanup and Preparation for Worship
- 11:00am Worship – Preacher: Rev. Darriel Harris, Baltimore Food & Faith Project
- 12:00pm LUNCH
- 1:00pm Food Sustainability & Justice: What can we do in our congregational life?
- Growing the Federal Hill Farmers Market (Selina Scipio)
  - "Good Food Action Ideas for Individuals & Faith Communities"
  - "Repairing Eden: Sustainable, Healthy Food Opportunities for Religious Institutions"
- 2:30pm Adjourn

## LSPC Retreat Menu

April 23-24, 2016

PLEASE CONTACT COLLEEN at [colleenseremet@gmail.com](mailto:colleenseremet@gmail.com) to let her know what you would like to contribute to one of the meals.

### Saturday Dinner

- Pasta and sausage casserole – Colleen
- Vegetarian casserole – Oscar
- Green salad –
- Bread –
- Pies - Bonnie

### Sunday Breakfast

- Frittata (ham, green pepper, onion and cheese) – Colleen
- Egg casserole – Greg
- Pancakes – Joey
- Assorted yogurts – Carole Norris-Shortle
- Fruit –
- Juices -

### Sunday Lunch

- Ham salad sandwiches – Colleen
- Salad (Potato? Macaroni? Cole slaw?) -
- Raw veggies –
- Chips –
- Dessert -